



Healthy Kids Colorado Survey



2005-2006 Results

Moffat County High School

prepared by:



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Section I

Introduction to the Healthy Kids Colorado Survey

This report summarizes findings from the 2005-2006 Healthy Kids Colorado Survey (HKCS), which was administered in your school(s) during the 2005-2006 school year.

Background

The Healthy Kids Colorado Survey (HKCS) was developed:

- To facilitate recruitment of a representative sample for the purposes of monitoring statewide trends in school youth
- To meet the data collection and reporting needs of schools and programs receiving funding from multiple federal and state agencies

Specifically, the HCKS collects data that are commonly required by grants and programs offered through the following:

- U.S. Centers for Disease Control
- U.S. Substance Abuse and Mental Health Service Administration and Center for Substance Abuse Prevention
- U.S. Office of Juvenile Justice and Delinquency Prevention programs, including Drug-Free Communities
- Colorado Department of Education programs, including Safe and Drug Free Schools and Communities
- Programs of the Colorado Departments of Human Services (Alcohol and Drug Abuse Division), Education, Public Health and Environment, Public Safety (Division of Criminal Justice and Office of Juvenile Justice) and Transportation

Survey Measures

The HKCS integrates items from: the Centers for Disease Control's *Youth Risk Behavior Survey (YRBS)*; the *Colorado Youth Survey (CYS)*, developed by the Social Development Research Group and coordinated by OMNI Institute; and additional items selected by Colorado state agencies. The HKCS contains a total of 142 items on the high school version and 127 items on the middle school version. As with previous surveys, the HKCS provides information on a wide range of youth attitudes and behaviors regarding substance use, violence and delinquency, mental health, and academic performance. The following are sample measures in the HKCS:

Substance Use

- Lifetime use of cigarettes
- Use of alcohol in the last 30 days

Delinquency

- Carrying a weapon on school property in the last 30 days
- Age of first suspension

Personal Safety/Violence

- Riding in a car with someone who has been drinking in the last 30 days
- Victim of verbal slurs

Family/School

- School staff support
- Parental support

Mental Health

- Felt depressed or sad on most days over the last year
- Attempted suicide during the past year

Physical Health

- Hours of watching television on average school day
- Number of days with 20 minutes of exercise in the last 7 days

Sexual Behavior (This section only appears in the High School survey)

- Lifetime sexual activity
- Use of drugs or alcohol before sexual intercourse

Risk and Protective Factors

Select measures of 'risk and protective factors' based on Hawkins and Catalano's risk and protective factor framework are also included. Risk and protective factors are characteristics demonstrated by research to increase or decrease, respectively, likelihood of substance use, delinquency, and

other problem behaviors. Risk and protective factors measured in the HKCS are displayed below. Risk and protective factors are reported using statistically validated ‘cut-off points’ that identify the percentage of youth in your community who exhibit significant levels of a risk factor, or who exhibit significant levels of a protective factor. Thus, when examining the results for risk and protective factors, keep in mind that higher numbers for risk factors represent elevated risk whereas higher numbers for protective factors represent greater protection. School and community programs that reduce risk factors and enhance protective factors have been shown to positively impact the future health behavior outcomes of youth. The following are the risk and protective factors in the HKCS:

Risk Factors (Domain: Scale)

- Peer-Individual: Peer Use of ATOD
- Peer-Individual: Low Perceived Risk of Drug Use
- Peer-Individual: Attitudes Favorable to Drug Use
- Peer-Individual: Early Initiation of Antisocial Behavior
- Family: Parental Attitudes Favorable To Drug Use
- Family: Parental Attitudes Favorable To Antisocial Behavior
- School: Low Commitment

Protective Factors (Domain: Scale)

- School: Opportunities for Pro-Social Involvement
- School: Rewards for Pro-Social Involvement

School Administration and Resources

The survey is administered by participating schools during the regular school year and generally requires 45 minutes for students to complete. In order to promote a smooth administration and good data quality, schools work closely with OMNI Institute to plan their school survey administration. OMNI Institute is the agency that coordinates statewide administration of the HKCS.

To support Colorado’s school survey effort, OMNI Institute provides the following services:

- Monitoring common state and federal data reporting requirements of schools and programs
- Assisting school officials in planning school survey administrations
- Supplying school survey materials
- Scanning and analyzing school survey data
- Developing user friendly reports of HKCS data
- Assisting school officials and local coalition representatives in interpreting HKCS data for funders and stakeholders
- Assisting school officials and local coalition representatives in utilizing data for local program and service planning.

To plan next year’s school administration or for more information regarding available technical support, please contact: Leanne Candura, Project Coordinator, OMNI Institute, 303/839-9422, extension 12, lcandura@omni.org.

Report Organization

Your school survey report is organized into several major health behavior topics. In each topic area, a few select survey items have been charted to illustrate overall health behavior and attitudes in the participating sample and differences between grade levels. Then, on the last page(s) of every section, complete survey results related to the health topic have been presented in table format.

Risk and protective factors are reported in a separate section at the end of the report. This organization reflects the idea that risk and protective factors work *collectively* to induce or inhibit problem behaviors in the areas of substance use, delinquency and other problem behaviors. Consider where school youth measured highest in terms of the risk factors measured and lowest in terms of the protective factors measured. These may be important leverage points for improving overall health behaviors in youth.

NOTE: Confidentiality

When fewer than five students report a behavior or attitude, these responses are reported as “Conf.” for “confidential” in the data tables and as zero in bar charts. This standard policy protects the confidentiality of students taking the survey, so that no responses can be associated with an individual youth. There are times, however, when student responses are reported as “Conf.” or zero at the grade level but are totaled in “All” grades. This will occur when the number across grades totals a number equal to or greater than five, and confidentiality does not need to be protected. As you review your report, if you notice any small discrepancies between the numbers reported for individual grades and the “All” grades totals, look in the data table and you should find “Conf.” reported at one or more grade levels. This means that the numbers were too few to count at the grade level, but could be counted as part of the larger “All” number.

NOTE: Honesty and Data Validity

Sometimes students do not pay adequate attention or do not respond honestly to survey questions. Certain techniques are used to determine when survey responses are inconsistent or dishonest. For example, a student who indicates on one question that he or she has never used tobacco, but on another question reports having smoked 10 cigarettes in the last 30 days is considered to be inconsistent for that ‘domain’ of substance use. Students whose responses were inconsistent within each ‘domain’ of substance use (e.g., tobacco use, alcohol use) were considered ‘missing’ and not included in calculations of use for that specific substance. This procedure allowed us to take into account students who inadvertently responded incorrectly to questions, but were not deliberately dishonest throughout the survey. Students whose responses were inconsistent across 3 or more domains were considered ‘dishonest’ and were removed entirely from the sample. These multiple steps were undertaken to ensure that the information presented in your report is as accurate a reflection of self-reported youth behavior as possible. (Note: This is not the only source of missing data. Data also may be coded as missing if students does not provide either their age or grade.)

NOTE: Use of ATOD and Drug Use

Please note that ATOD and drug use are often used interchangeably throughout this report. ATOD refers to the use of alcohol, tobacco and other drugs. When “drug use” is used, this may also encompass the use of alcohol and other drugs, as may be the case when we are utilizing a name of a risk factor.

Section II

How to Use This Report

This report is intended to provide schools and communities with the information and resources needed to (a) develop an understanding of youth attitudes and behaviors in your community; (b) identify any key problem areas among youth in your community; and (c) select appropriate programs and prevention activities for your community.

We recommend examining your data in multiple ways:

(1) **Compare the results within your report:** As you go through the report, pay attention to the relative percentages of youth reporting various attitudes and behaviors. Although many of these outcomes are not directly comparable and may differ in importance, noting any general patterns across these outcomes can help you identify and focus on what appear to be key problem areas or areas of strength.

With specific regard to the section on risk and protective factors, take note of the risk factors that are most elevated and/or the protective factors that are most depressed. Many prevention programs work to decrease substance use, delinquency, and other problem behaviors specifically by reducing certain risk factors or enhancing certain protective factors. However, programs may also be selected to capitalize on existing community strengths by targeting risk and/or protective factors that are currently at more desirable levels.

(2) **Compare your results with state data:** By the middle of 2006, we hope to have obtained a state-wide representative sample, enabling us to provide an accurate picture of youth in the state of Colorado. These state-level data may provide another valuable comparison point for your community's data and enable better understanding of the relative needs, strengths, and challenges for youth in your community.

(3) **Compare your results to previous years' data from your community:** As noted previously, the HKCS has a number of measures in common with previous school surveys administered across Colorado. If your community participated in the CYS, Integrated Survey, and/or YRBS in previous years, certain measures may be comparable across these surveys, enabling you to determine changes over time such as rates of youth substance use and delinquency in your community. Such data can also be used to: (a) evaluate effectiveness of previous prevention programming and identify areas of improvement; and (b) identify emerging problem areas. If you are interested in finding out more about cross-year comparisons of data, please contact Leanne Candura, 303/839-9422, ext. 12, lcandura@omni.org.

(4) **Use this report to guide selection of appropriate prevention programs and initiatives** for reducing problem areas in your community. The prevention resources listed in Appendix A provide a useful starting point.

Section III

Demographics and Data Quality

Demographics and Data Quality

Demographic	Number (N)	N / Total Sample	N / Enrollment	Enrollment*
All	488	100.0%	63.4%	770
Female	249	51.0%	63.7%	391
Male	239	49.0%	63.1%	379
9th Grade	135	27.7%	63.1%	214
10th Grade	139	28.5%	73.5%	189
11th Grade	124	25.4%	70.5%	176
12th Grade	90	18.4%	47.1%	191
American Indian or Alaska Native	9	1.8%	100.0%	9
Asian	7	1.4%	70.0%	10
Black or African American	5	1.0%	500.0%	1
Hispanic or Latino	51	10.5%	63.8%	80
Native Hawaiian or Other Pacific Islander	3	0.6%		
White	393	80.5%	58.7%	670
Multi-Ethnic	15	3.1%		

*Enrollment numbers from the Colorado Department of Education (CDE), October 2004 Pupil Membership. CDE includes Hawaiian/Pacific Islander into the Asian category, and does not track Multi-Ethnic.

This table illustrates two important concepts:

1) The Demographic composition of the students from your school(s) who took the survey.

Example: If the number (N) of female respondents is 200 and there are 400 respondents in the total sample, then 50% of the total sample is female.

2) How each Demographic group that took the survey compares to the number of students in that group that are enrolled in your school(s).

Example: If the number (N) of female respondents is 200 and there are 800 females enrolled in the school, then 25% of enrolled females took the survey.

This second concept can be used to judge the quality of your data (e.g., how well it represents the school population). For example, if your school attempted to conduct a full census, you would want N/Enrollment for each demographic group to be close to 100% in order to accurately reflect that demographic group. Further, for your data to be representative of the school(s) as a whole, N/Enrollment percentages should all be approximately equal, regardless of sampling strategy (census or random sample); otherwise certain demographic groups are over- or under-represented in the sample.

Note: This page reflects all the students from your school(s) who took the survey, including those in grades not intended to be surveyed. The remainder of the report only shows intended grades, but the "All" category always reflects all students who took the survey, regardless of grade.

Additional Demographics

Were you born in the United States?

Response	All	6th	7th	8th	9th	10th	11th	12th
Yes	94%				94%	93%	95%	94%
No	6%				6%	7%	5%	6%

What is the language you use most often at home?

Response	All	6th	7th	8th	9th	10th	11th	12th
English	93%				94%	91%	95%	91%
Spanish	6%				6%	9%	4%	7%
Another Language	Conf.						Conf.	Conf.

"Conf." indicates at least one (1) but fewer than five (5) cases in that response category.

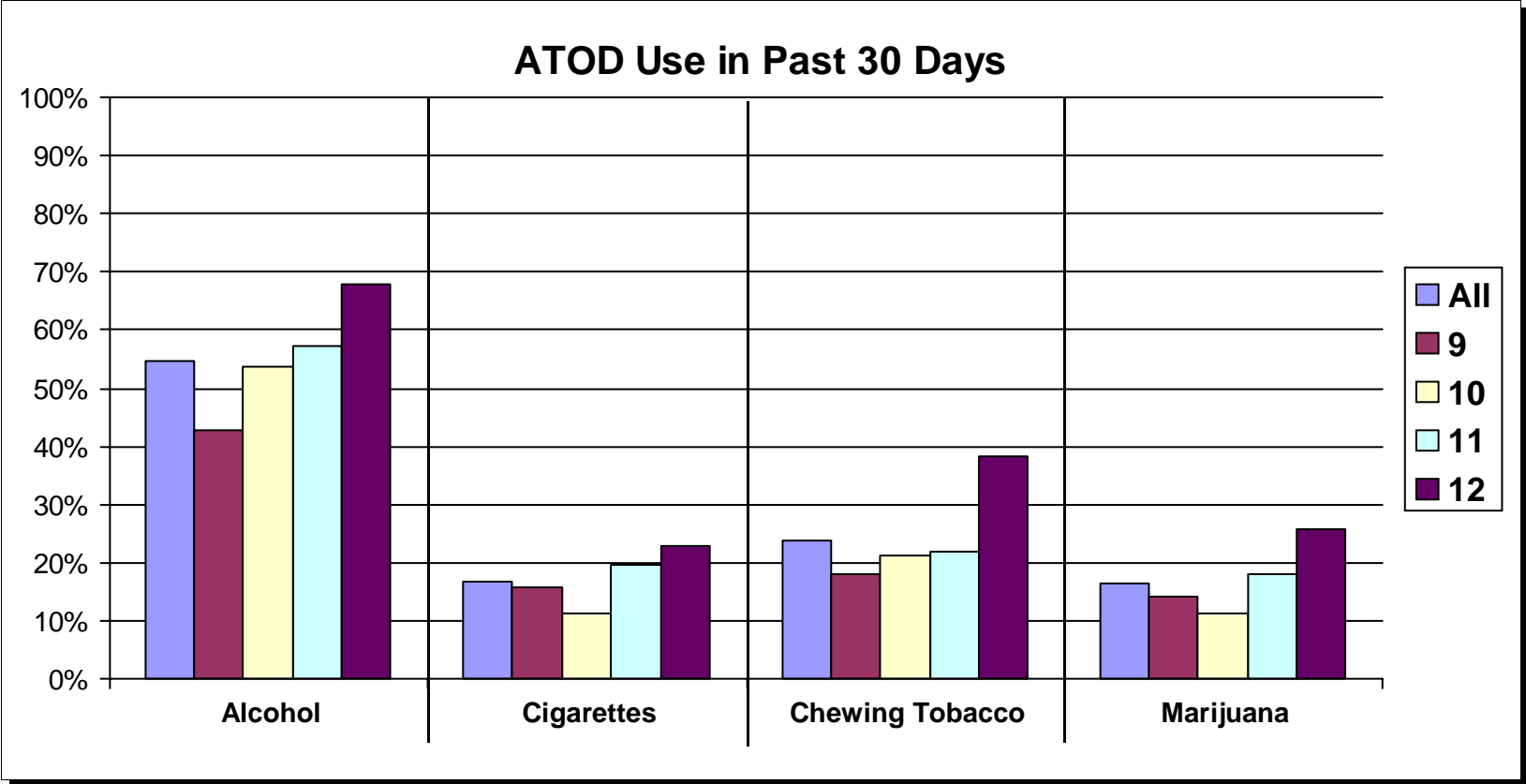
Blank indicates no cases in that response category or no respondents in that grade.

Section IV

Survey Results

Substance Use

Substance Use

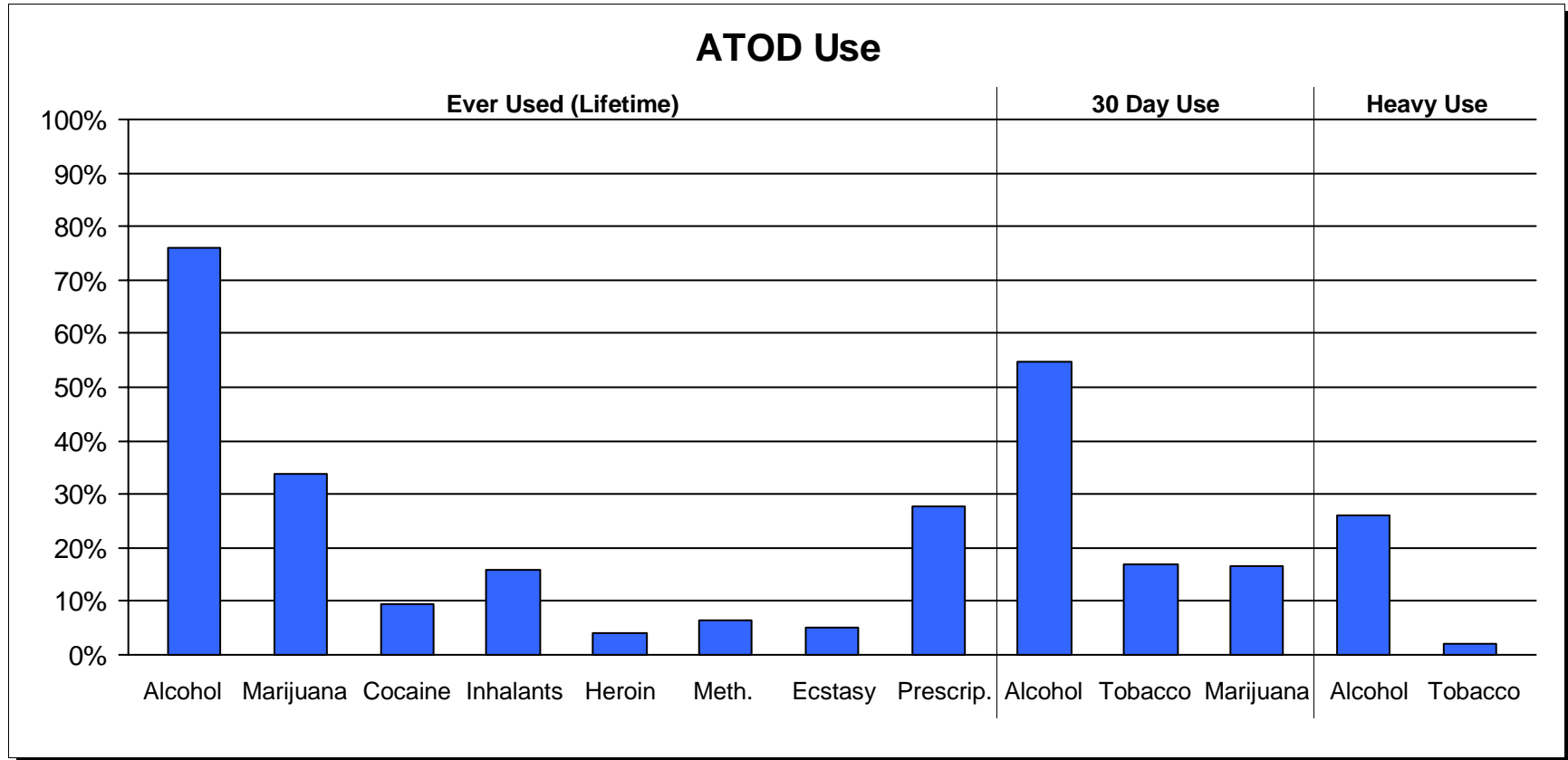


Percentage Reporting Substance Use During Past 30 days, by Grade.

The absence of a bar for a particular grade indicates the data for that grade are confidential, there are no cases in that response category or no respondents in that grade (see data table for details).

Substance Use

Grade: All



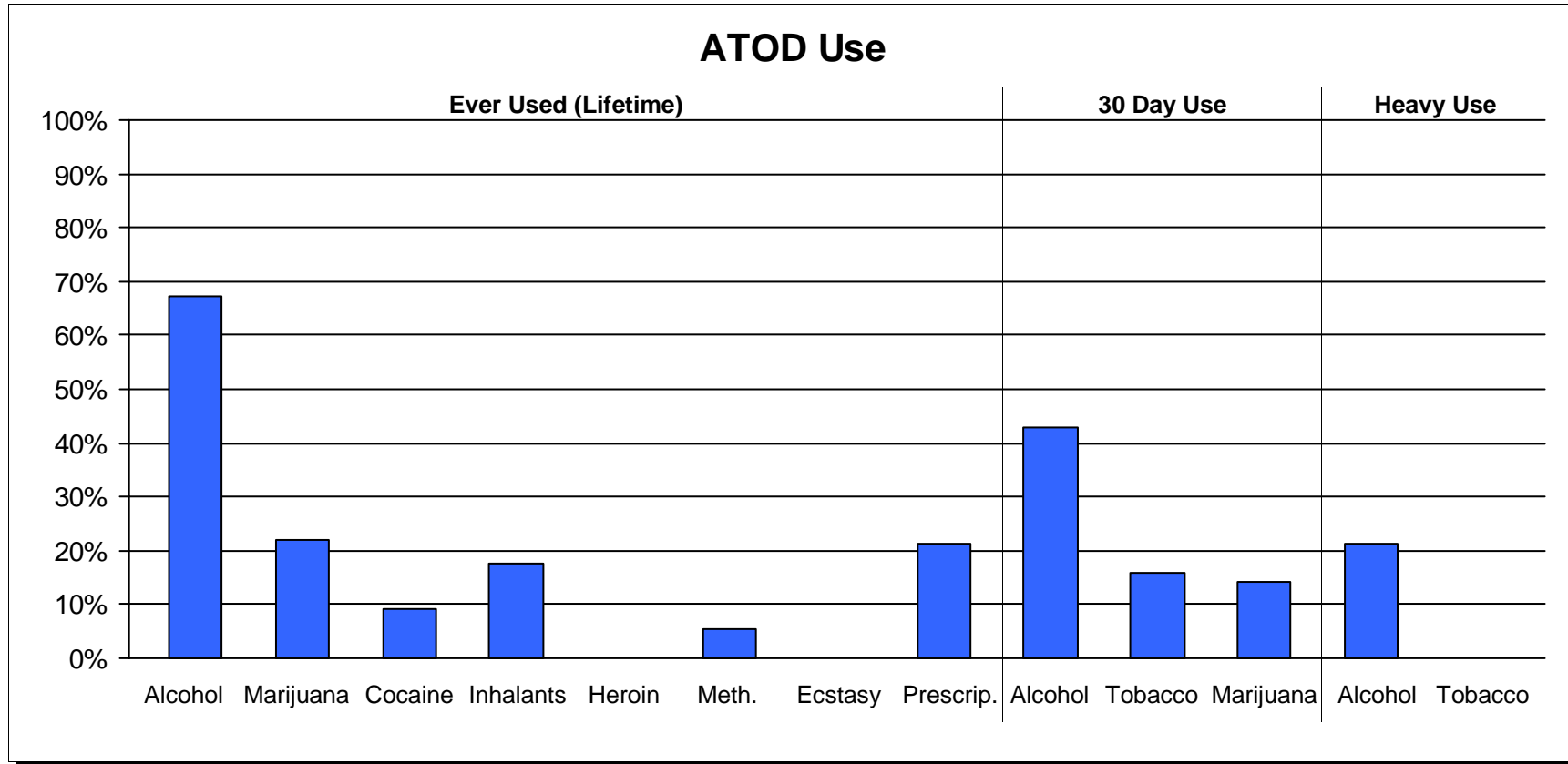
The "Ever Used (Lifetime)" section of the chart shows the percentage of students who reported using the substance at least once in their lives. The "30-day Use" section shows the percentage of students who reported using the substance at least once in the past 30 days. The "Heavy Use" section measures binge drinking, which is defined as five or more alcoholic drinks in a row on one occasion in the previous two weeks, and heavy cigarette use, which is defined as a pack or more of cigarettes per day in the past 30 days.

The absence of a bar for a particular grade indicates the data for that grade are confidential, there are no cases in that response category or no respondents in that grade (see data table for details).

Substance Use

Substance Use

Grade: 9



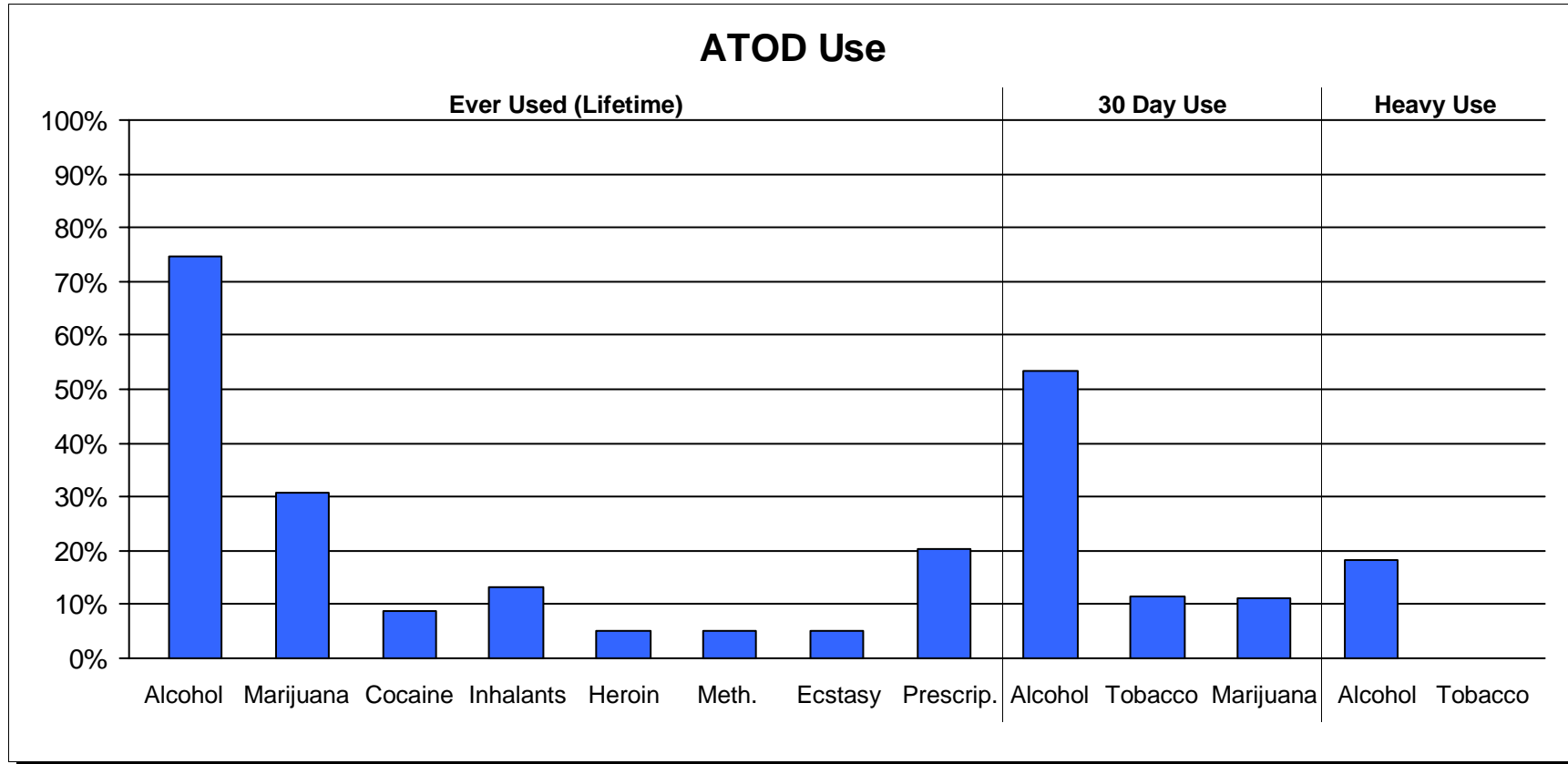
The "Ever Used (Lifetime)" section of the chart shows the percentage of students who reported using the substance at least once in their lives. The "30-day Use" section shows the percentage of students who reported using the substance at least once in the past 30 days. The "Heavy Use" section measures binge drinking, which is defined as five or more alcoholic drinks in a row on one occasion in the previous two weeks, and heavy cigarette use, which is defined as a pack or more of cigarettes per day in the past 30 days.

The absence of a bar for a particular grade indicates the data for that grade are confidential, there are no cases in that response category or no respondents in that grade (see data table for details).

Substance Use

Substance Use

Grade: 10



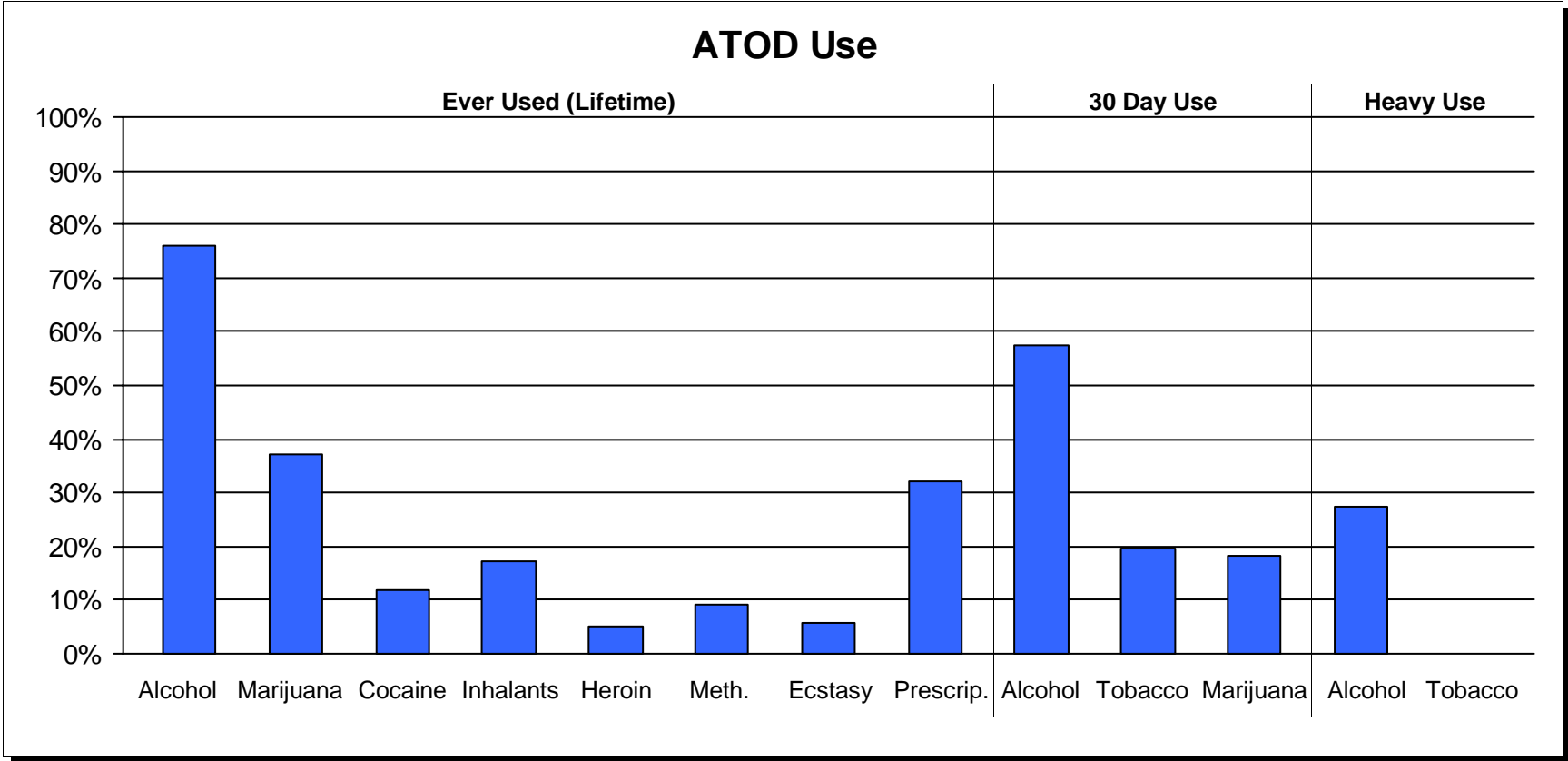
The "Ever Used (Lifetime)" section of the chart shows the percentage of students who reported using the substance at least once in their lives. The "30-day Use" section shows the percentage of students who reported using the substance at least once in the past 30 days. The "Heavy Use" section measures binge drinking, which is defined as five or more alcoholic drinks in a row on one occasion in the previous two weeks, and heavy cigarette use, which is defined as a pack or more of cigarettes per day in the past 30 days.

The absence of a bar for a particular grade indicates the data for that grade are confidential, there are no cases in that response category or no respondents in that grade (see data table for details).

Substance Use

Substance Use

Grade: 11



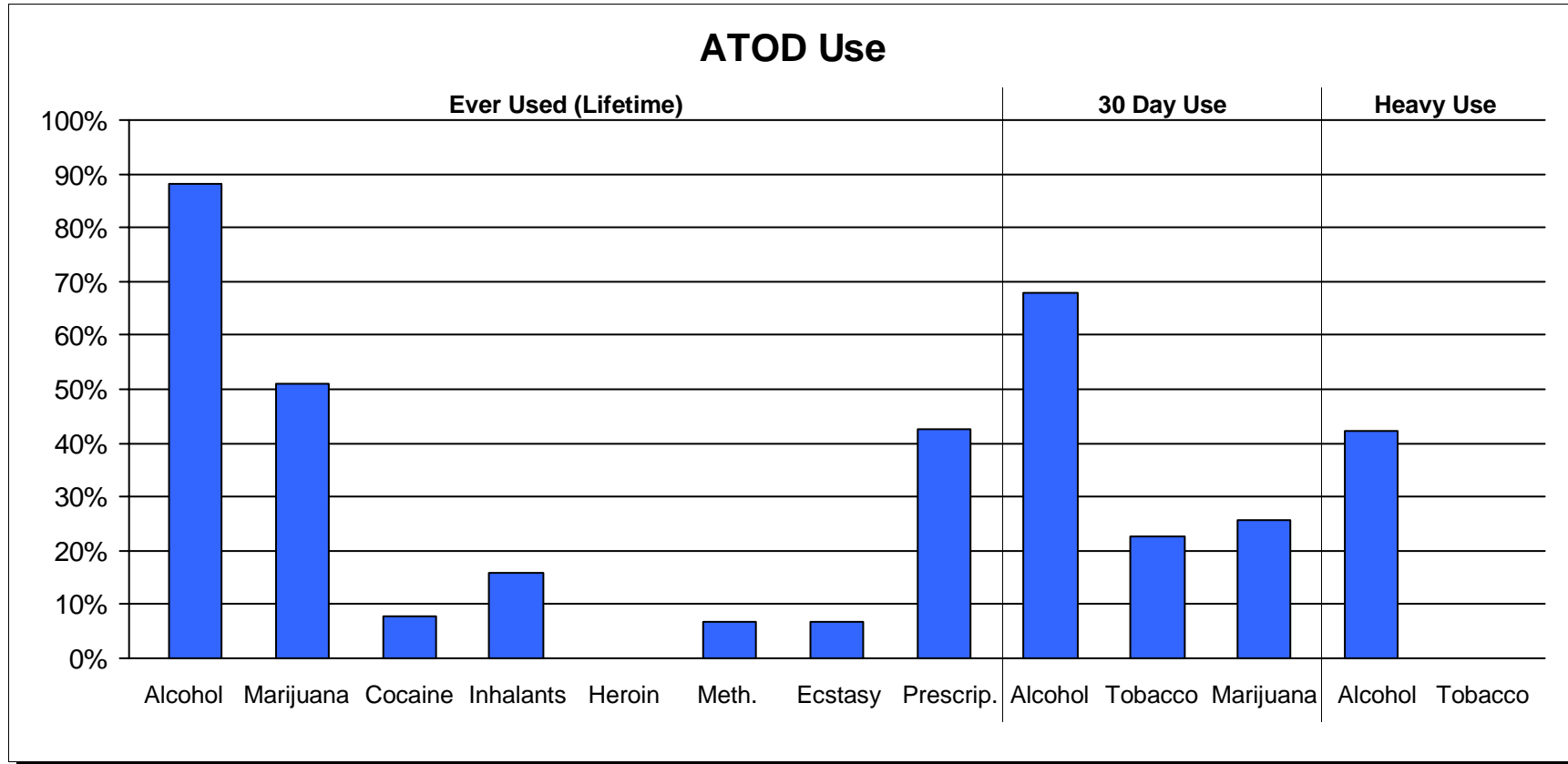
The "Ever Used (Lifetime)" section of the chart shows the percentage of students who reported using the substance at least once in their lives. The "30-day Use" section shows the percentage of students who reported using the substance at least once in the past 30 days. The "Heavy Use" section measures binge drinking, which is defined as five or more alcoholic drinks in a row on one occasion in the previous two weeks, and heavy cigarette use, which is defined as a pack or more of cigarettes per day in the past 30 days.

The absence of a bar for a particular grade indicates the data for that grade are confidential, there are no cases in that response category or no respondents in that grade (see data table for details).

Substance Use

Substance Use

Grade: 12



The "Ever Used (Lifetime)" section of the chart shows the percentage of students who reported using the substance at least once in their lives. The "30-day Use" section shows the percentage of students who reported using the substance at least once in the past 30 days. The "Heavy Use" section measures binge drinking, which is defined as five or more alcoholic drinks in a row on one occasion in the previous two weeks, and heavy cigarette use, which is defined as a pack or more of cigarettes per day in the past 30 days.

The absence of a bar for a particular grade indicates the data for that grade are confidential, there are no cases in that response category or no respondents in that grade (see data table for details).

Substance Use

Substance Use

How old were you when you smoked a whole cigarette for the first time?

Response	All	6th	7th	8th	9th	10th	11th	12th
I have never smoked a whole cigarette	65%				70%	73%	64%	44%
8 years old or younger	5%				4%	7%	Conf.	8%
9 or 10 years old	5%				10%	Conf.	4%	6%
11 or 12 years old	8%				8%	5%	11%	7%
13 or 14 years old	10%				7%	9%	13%	10%
15 or 16 years old	5%					5%	5%	15%
17 years old or older	2%					Conf.		10%

During the past 30 days, on how many days did you smoke cigarettes?

Response	All	6th	7th	8th	9th	10th	11th	12th
0 days	83%				84%	89%	80%	77%
1 or 2 days	5%				4%	Conf.	7%	8%
3 to 5 days	2%				5%	Conf.	Conf.	Conf.
6 to 9 days	1%				Conf.	Conf.	Conf.	
10 to 19 days	Conf.				Conf.		Conf.	Conf.
20 to 29 days	2%				Conf.	Conf.	Conf.	Conf.
All 30 days	5%				4%	5%	6%	9%

"Conf." indicates at least one (1) but fewer than five (5) cases in that response category.

Blank indicates no cases in that response category or no respondents in that grade.

Substance Use

During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?

Response	All	6th	7th	8th	9th	10th	11th	12th
I did not smoke cigarettes during the past 30 days	83%				83%	88%	80%	77%
Less than 1 cigarette per day	4%				5%	Conf.	6%	Conf.
1 cigarette per day	4%				Conf.	Conf.	6%	6%
2 to 5 cigarettes per day	5%				4%	6%	Conf.	7%
6 to 10 cigarettes per day	3%				5%	Conf.	Conf.	Conf.
11 to 20 cigarettes per day	1%				Conf.	Conf.	Conf.	Conf.
More than 20 cigarettes per day	Conf.						Conf.	Conf.

During the past 30 days, on how many days did you use chewing tobacco, snuff, or dip, such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, or Copenhagen?

Response	All	6th	7th	8th	9th	10th	11th	12th
0 days	76%				82%	79%	78%	62%
1 or 2 days	7%				4%	8%	7%	10%
3 to 5 days	3%				Conf.	Conf.	4%	Conf.
6 to 9 days	4%				5%	4%	4%	Conf.
10 to 19 days	1%				Conf.	Conf.	Conf.	Conf.
20 to 29 days	1%				Conf.	Conf.	Conf.	Conf.
All 30 days	8%				4%	6%	6%	19%

"Conf." indicates at least one (1) but fewer than five (5) cases in that response category.

Blank indicates no cases in that response category or no respondents in that grade.

Substance Use

How old were you when you had your first drink of alcohol other than a few sips?

Response	All	6th	7th	8th	9th	10th	11th	12th
I have never had a drink of alcohol other than a few sips	22%				31%	23%	22%	8%
8 years old or younger	12%				13%	10%	13%	12%
9 or 10 years old	8%				8%	8%	7%	8%
11 or 12 years old	14%				14%	14%	11%	16%
13 or 14 years old	30%				32%	34%	29%	23%
15 or 16 years old	13%				Conf.	11%	17%	22%
17 years old or older	2%							10%

During your life, on how many days have you had at least one drink of alcohol?

Response	All	6th	7th	8th	9th	10th	11th	12th
0 days	24%				33%	25%	24%	12%
1 or 2 days	13%				18%	16%	8%	11%
3 or 9 days	13%				10%	15%	15%	12%
10 or 19 days	13%				14%	13%	9%	15%
20 to 39 days	11%				12%	14%	11%	Conf.
40 to 99 days	12%				6%	12%	12%	18%
100 or more days	14%				7%	5%	21%	28%

"Conf." indicates at least one (1) but fewer than five (5) cases in that response category.

Blank indicates no cases in that response category or no respondents in that grade.

Substance Use

During the past 30 days, on how many days did you have at least one drink of alcohol?

Response	All	6th	7th	8th	9th	10th	11th	12th
0 days	45%				57%	46%	43%	32%
1 or 2 days	22%				18%	26%	23%	21%
3 to 5 days	14%				8%	16%	10%	24%
6 to 9 days	11%				10%	6%	14%	17%
10 to 19 days	5%				4%	6%	6%	Conf.
20 to 29 days	2%				Conf.		Conf.	Conf.
All 30 days	Conf.						Conf.	Conf.

During the past 30 days, on how many days did you have 5 or more drinks of alcohol in a row, that is, within a couple of hours?

Response	All	6th	7th	8th	9th	10th	11th	12th
0 days	61%				73%	66%	56%	42%
1 day	13%				5%	16%	17%	15%
2 days	10%				9%	8%	11%	14%
3 to 5 days	9%				7%	8%	7%	14%
6 to 9 days	3%				Conf.	Conf.	Conf.	8%
10 to 19 days	3%				Conf.	Conf.	4%	Conf.
20 or more days	Conf.				Conf.		Conf.	Conf.

"Conf." indicates at least one (1) but fewer than five (5) cases in that response category.

Blank indicates no cases in that response category or no respondents in that grade.

Substance Use

Substance Use

During the past 30 days, on how many days did you have at least one drink of alcohol on school property?

Response	All	6th	7th	8th	9th	10th	11th	12th
0 days	91%				93%	92%	90%	89%
1 or 2 days	5%				Conf.	5%	7%	Conf.
3 to 5 days	2%				Conf.	Conf.	Conf.	Conf.
6 to 9 days	Conf.				Conf.	Conf.		Conf.
10 to 19 days	Conf.					Conf.	Conf.	Conf.
20 to 29 days	Conf.				Conf.			
All 30 days	Conf.						Conf.	Conf.

During your life, how many times have you used marijuana?

Response	All	6th	7th	8th	9th	10th	11th	12th
0 times	66%				78%	69%	63%	49%
1 or 2 times	8%				6%	8%	9%	9%
3 to 9 times	7%				5%	7%	8%	10%
10 to 19 times	4%				Conf.	Conf.	7%	7%
20 to 39 times	4%				Conf.	6%	Conf.	6%
40 to 99 times	3%				Conf.	Conf.	5%	Conf.
100 or more times	6%				4%	5%	5%	14%

"Conf." indicates at least one (1) but fewer than five (5) cases in that response category.

Blank indicates no cases in that response category or no respondents in that grade.

Substance Use

Substance Use

How old were you when you tried marijuana for the first time?

Response	All	6th	7th	8th	9th	10th	11th	12th
I have never tried marijuana	66%				77%	69%	63%	48%
8 years old or younger	2%				Conf.	Conf.	Conf.	Conf.
9 or 10 years old	2%				Conf.	Conf.	Conf.	Conf.
11 or 12 years old	7%				8%	9%	5%	Conf.
13 or 14 years old	14%				13%	10%	19%	15%
15 or 16 years old	7%					8%	11%	11%
17 years old or older	3%							14%

During the past 30 days, how many times did you use marijuana?

Response	All	6th	7th	8th	9th	10th	11th	12th
0 times	84%				86%	89%	82%	74%
1 or 2 times	6%				6%	Conf.	6%	8%
3 to 9 times	5%				4%	Conf.	8%	8%
10 to 19 times	2%				Conf.	Conf.	Conf.	Conf.
20 to 39 times	1%					Conf.		Conf.
40 or more times	3%				Conf.	Conf.	Conf.	Conf.

"Conf." indicates at least one (1) but fewer than five (5) cases in that response category.

Blank indicates no cases in that response category or no respondents in that grade.

Substance Use

During the past 30 days, how many times did you use marijuana on school property?

Response	All	6th	7th	8th	9th	10th	11th	12th
0 times	98%				98%	99%	96%	98%
1 or 2 times	2%				Conf.		4%	Conf.
3 to 9 times	Conf.				Conf.	Conf.		
10 to 19 times	Conf.				Conf.			
40 or more times	Conf.							Conf.

During the past 30 days, how many times did you drive a car or other vehicle when you had been smoking marijuana?

Response	All	6th	7th	8th	9th	10th	11th	12th
0 times	91%				93%	95%	91%	82%
1 time	3%				Conf.	Conf.	4%	Conf.
2 or 3 times	3%				Conf.	Conf.	Conf.	6%
4 or 5 times	Conf.					Conf.	Conf.	Conf.
6 or more times	3%				Conf.	Conf.	Conf.	7%

"Conf." indicates at least one (1) but fewer than five (5) cases in that response category.

Blank indicates no cases in that response category or no respondents in that grade.

Substance Use

During the past 30 days, how many times did you ride in a car or other vehicle driven by someone else who had been smoking marijuana?

Response	All	6th	7th	8th	9th	10th	11th	12th
0 times	75%				75%	84%	74%	63%
1 time	11%				13%	7%	10%	16%
2 or 3 times	4%				Conf.	Conf.	7%	6%
4 or 5 times	2%				Conf.	Conf.	Conf.	Conf.
6 or more times	8%				8%	6%	6%	13%

During your life, how many times have you used any form of cocaine, including powder, crack, or freebase?

Response	All	6th	7th	8th	9th	10th	11th	12th
0 times	91%				91%	91%	88%	92%
1 or 2 times	4%				4%	5%	4%	Conf.
3 to 9 times	2%				Conf.	Conf.	Conf.	
10 to 19 times	1%				Conf.			Conf.
20 to 39 times	1%				Conf.	Conf.	Conf.	Conf.
40 or more times	1%					Conf.	Conf.	Conf.

"Conf." indicates at least one (1) but fewer than five (5) cases in that response category.

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Substance Use

Substance Use

During your life, how many times have you used heroin (also called smack, junk, or China White)?

Response	All	6th	7th	8th	9th	10th	11th	12th
0 times	96%				98%	95%	95%	96%
1 or 2 times	1%				Conf.	Conf.	Conf.	
3 to 9 times	1%					Conf.	Conf.	Conf.
10 to 19 times	Conf.					Conf.		Conf.
20 to 39 times	Conf.				Conf.			
40 or more times	Conf.					Conf.	Conf.	

During your life, how many times have you used methamphetamines (also called speed, crystal, crank, or ice)?

Response	All	6th	7th	8th	9th	10th	11th	12th
0 times	94%				95%	95%	91%	93%
1 or 2 times	3%				Conf.	Conf.	4%	Conf.
3 to 9 times	1%				Conf.	Conf.	Conf.	
10 to 19 times	Conf.					Conf.		Conf.
20 to 39 times	Conf.				Conf.			
40 or more times	1%						4%	Conf.

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Substance Use

During your life, how many times have you used ecstasy (also called MDMA)?

Response	All	6th	7th	8th	9th	10th	11th	12th
0 times	95%				97%	95%	94%	93%
1 or 2 times	3%				Conf.	4%	Conf.	Conf.
3 to 9 times	1%				Conf.		Conf.	Conf.
10 to 19 times	Conf.					Conf.	Conf.	Conf.
20 to 39 times	Conf.					Conf.		Conf.
40 or more times	Conf.						Conf.	Conf.

During your life, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?

Response	All	6th	7th	8th	9th	10th	11th	12th
0 times	84%				83%	87%	83%	84%
1 or 2 times	9%				8%	11%	7%	10%
3 to 9 times	3%				5%	Conf.	4%	Conf.
10 to 19 times	2%					Conf.	4%	Conf.
20 to 39 times	Conf.				Conf.			
40 or more times	Conf.				Conf.		Conf.	

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Substance Use

Substance Use

During your life, how many times have you taken steroid pills or shots without a doctor's prescription?

Response	All	6th	7th	8th	9th	10th	11th	12th
0 times	93%				91%	93%	93%	96%
1 or 2 times	4%				5%	4%	4%	Conf.
3 to 9 times	Conf.				Conf.			Conf.
10 to 19 times	1%				Conf.	Conf.	Conf.	
40 or more times	1%				Conf.		Conf.	Conf.

During your life, how many times have you taken a prescription drug without a doctor's prescription, such as painkillers (like OxyContin, Codeine, or Percocet), stimulants (like Ritalin or Adderall), or depressants (like Valium or Xanax)?

Response	All	6th	7th	8th	9th	10th	11th	12th
0 times	72%				79%	80%	68%	57%
1 or 2 times	13%				13%	9%	15%	17%
3 to 9 times	8%				5%	7%	8%	12%
10 to 19 times	3%				Conf.	4%	Conf.	6%
20 to 39 times	2%				Conf.		Conf.	6%
40 or more times	2%					Conf.	6%	Conf.

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Substance Use

During your life, how many times have you used a needle to inject any illegal drug into your body?

Response	All	6th	7th	8th	9th	10th	11th	12th
0 times	97%				98%	98%	95%	96%
1 time	2%				Conf.	Conf.	Conf.	Conf.
2 or more times	1%					Conf.	Conf.	Conf.

If you wanted to get some cigarettes, how easy would it be for you to get some?

Response	All	6th	7th	8th	9th	10th	11th	12th
Very hard	15%				19%	20%	12%	Conf.
Sort of hard	10%				14%	13%	7%	Conf.
Sort of easy	17%				21%	19%	15%	10%
Very easy	59%				47%	48%	65%	84%

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Substance Use

If you wanted to get some beer, wine, or hard liquor (for example, vodka, whiskey, or gin) how easy would it be for you to get some?

Response	All	6th	7th	8th	9th	10th	11th	12th
Very hard	13%				18%	15%	11%	Conf.
Sort of hard	15%				14%	14%	18%	12%
Sort of easy	25%				27%	24%	19%	30%
Very easy	48%				41%	46%	53%	54%

If you wanted to get some marijuana, how easy would it be for you to get some?

Response	All	6th	7th	8th	9th	10th	11th	12th
Very hard	27%				34%	31%	28%	10%
Sort of hard	15%				16%	15%	15%	13%
Sort of easy	24%				20%	24%	17%	41%
Very easy	34%				30%	29%	40%	36%

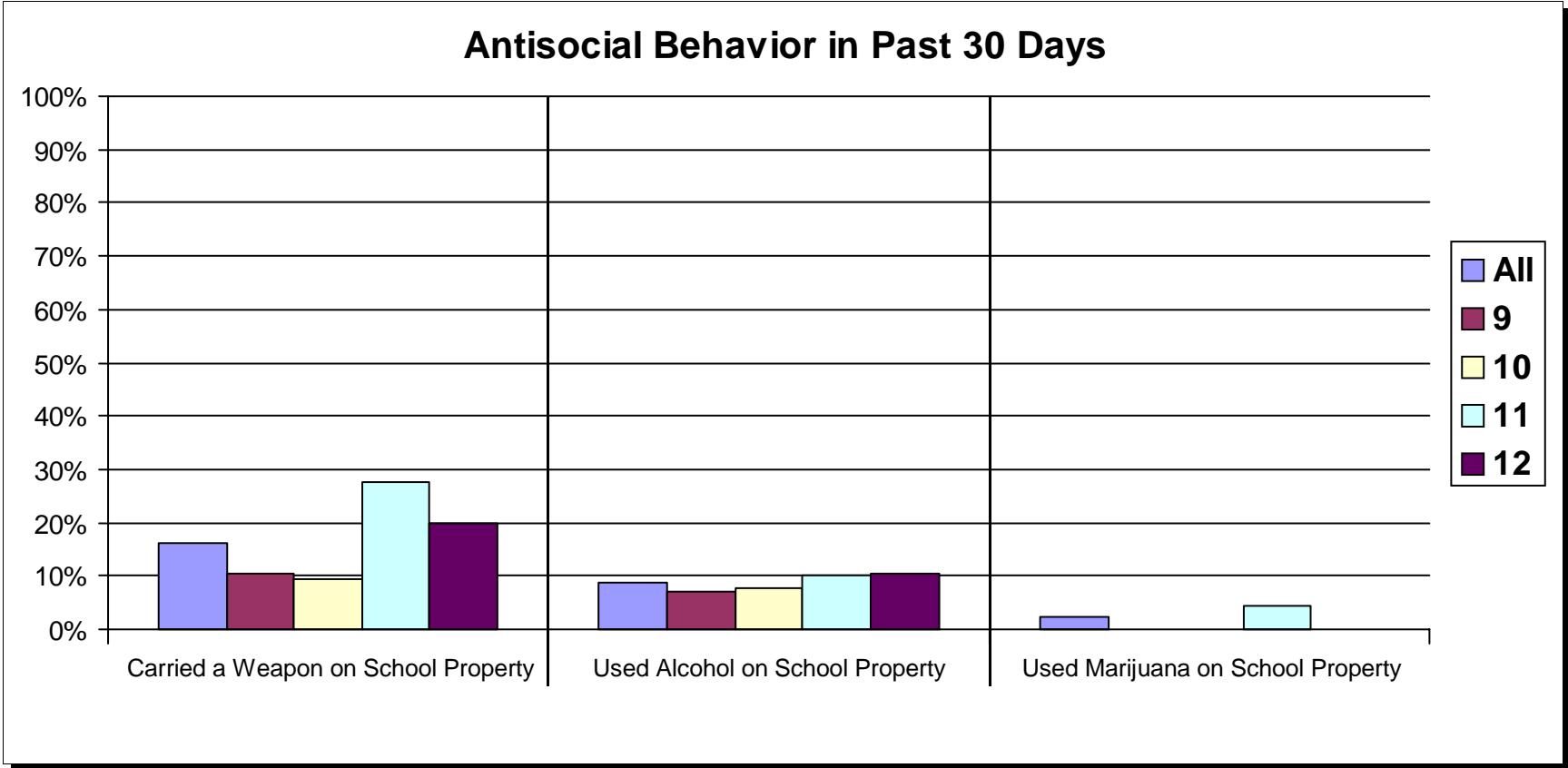
"Conf." indicates at least one (1) but fewer than five (5) cases in that response category.

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Substance Use

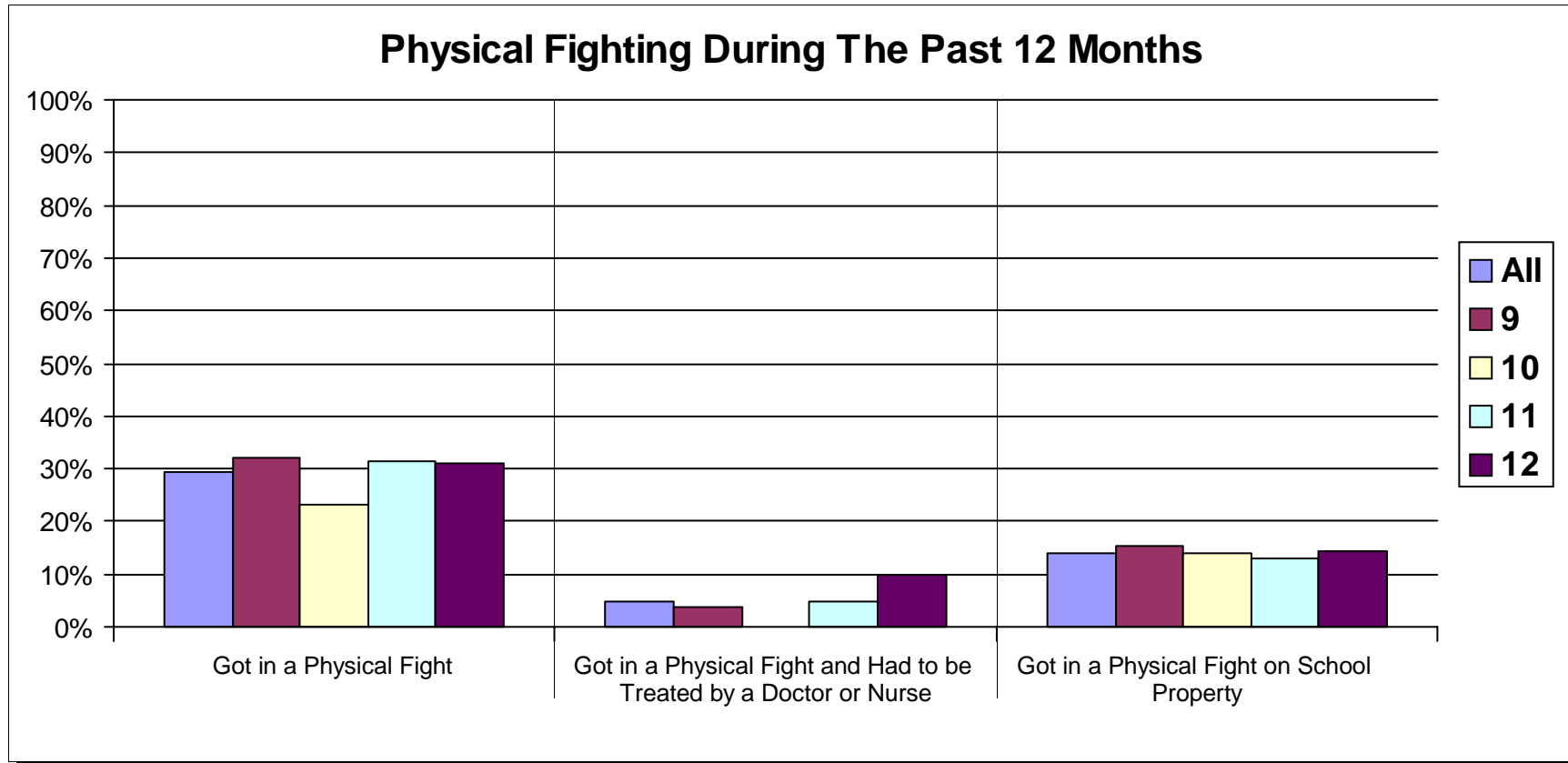
Delinquency

Delinquency



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Delinquency



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Delinquency

Delinquency

During the past 12 months, how many times were you in a physical fight?

Response	All	6th	7th	8th	9th	10th	11th	12th
0 times	71%				68%	77%	69%	69%
1 time	13%				13%	9%	15%	14%
2 or 3 times	9%				10%	7%	8%	10%
4 or 5 times	3%				4%	Conf.	Conf.	Conf.
6 or 7 times	1%				Conf.	Conf.	Conf.	Conf.
8 or 9 times	Conf.				Conf.		Conf.	
10 or 11 times	Conf.				Conf.		Conf.	Conf.
12 or more times	2%				Conf.	Conf.	Conf.	Conf.

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Delinquency

During the past 12 months, how many times were you in a physical fight in which you were injured and had to be treated by a doctor or nurse?

Response	All	6th	7th	8th	9th	10th	11th	12th
0 times	95%				96%	97%	95%	90%
1 time	2%				Conf.	Conf.	Conf.	7%
2 or 3 times	1%				Conf.	Conf.	Conf.	Conf.
4 or 5 times	Conf.						Conf.	
6 or 7 times	Conf.							Conf.
8 or 9 times	Conf.					Conf.	Conf.	
12 or more times	Conf.							Conf.

During the past 12 months, how many times were you in a physical fight on school property?

Response	All	6th	7th	8th	9th	10th	11th	12th
0 times	86%				85%	86%	87%	86%
1 time	8%				11%	7%	7%	6%
2 or 3 times	4%				Conf.	5%	4%	8%
4 or 5 times	1%				Conf.	Conf.	Conf.	Conf.
10 or 11 times	Conf.						Conf.	
12 or more times	Conf.				Conf.			

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Delinquency

During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club on school property?

Response	All	6th	7th	8th	9th	10th	11th	12th
0 days	84%				90%	91%	72%	80%
1 day	3%				Conf.	Conf.	5%	Conf.
2 or 3 days	3%				Conf.	Conf.	5%	Conf.
4 or 5 days	2%				Conf.	Conf.	4%	Conf.
6 or more days	8%				Conf.	4%	14%	14%

During the past 12 months, how many times has someone stolen or deliberately damaged your property such as your car, clothing, or books on school property?

Response	All	6th	7th	8th	9th	10th	11th	12th
0 times	69%				65%	75%	68%	65%
1 time	15%				16%	12%	15%	19%
2 or 3 times	9%				10%	9%	10%	8%
4 or 5 times	4%				4%	4%	Conf.	Conf.
6 or 7 times	1%				Conf.	Conf.	Conf.	Conf.
8 or 9 times	Conf.						Conf.	
10 or 11 times	Conf.						Conf.	
12 or more times	2%				Conf.	Conf.	Conf.	Conf.

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Delinquency

Delinquency

How wrong is it to cheat on tests or homework?

Response	All	6th	7th	8th	9th	10th	11th	12th
Very Wrong	28%				39%	26%	26%	18%
Wrong	42%				38%	47%	41%	45%
A Little Bit Wrong	22%				16%	21%	23%	28%
Not Wrong at All	8%				7%	6%	10%	9%

How wrong is it to shoplift from a store?

Response	All	6th	7th	8th	9th	10th	11th	12th
Very Wrong	50%				50%	50%	46%	54%
Wrong	38%				38%	39%	41%	34%
A Little Bit Wrong	9%				9%	9%	10%	9%
Not Wrong at All	3%				Conf.	Conf.	Conf.	Conf.

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Delinquency

How wrong is it to sell or deal drugs?

Response	All	6th	7th	8th	9th	10th	11th	12th
Very Wrong	73%				75%	77%	71%	68%
Wrong	17%				14%	16%	18%	19%
A Little Bit Wrong	7%				8%	4%	9%	9%
Not Wrong at All	3%				Conf.	Conf.	Conf.	Conf.

How wrong is it to steal something valuable, like someone's palm pilot, backpack, or wallet?

Response	All	6th	7th	8th	9th	10th	11th	12th
Very Wrong	73%				73%	72%	76%	70%
Wrong	20%				21%	22%	16%	22%
A Little Bit Wrong	5%				5%	4%	5%	Conf.
Not Wrong at All	2%				Conf.	Conf.	Conf.	Conf.

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Delinquency

How wrong is it to hit someone because you didn't like what he or she did or said?

Response	All	6th	7th	8th	9th	10th	11th	12th
Very Wrong	24%				25%	24%	22%	26%
Wrong	36%				43%	37%	31%	33%
A Little Bit Wrong	25%				21%	23%	31%	27%
Not Wrong at All	15%				12%	16%	17%	14%

How wrong is it to carry a hidden weapon?

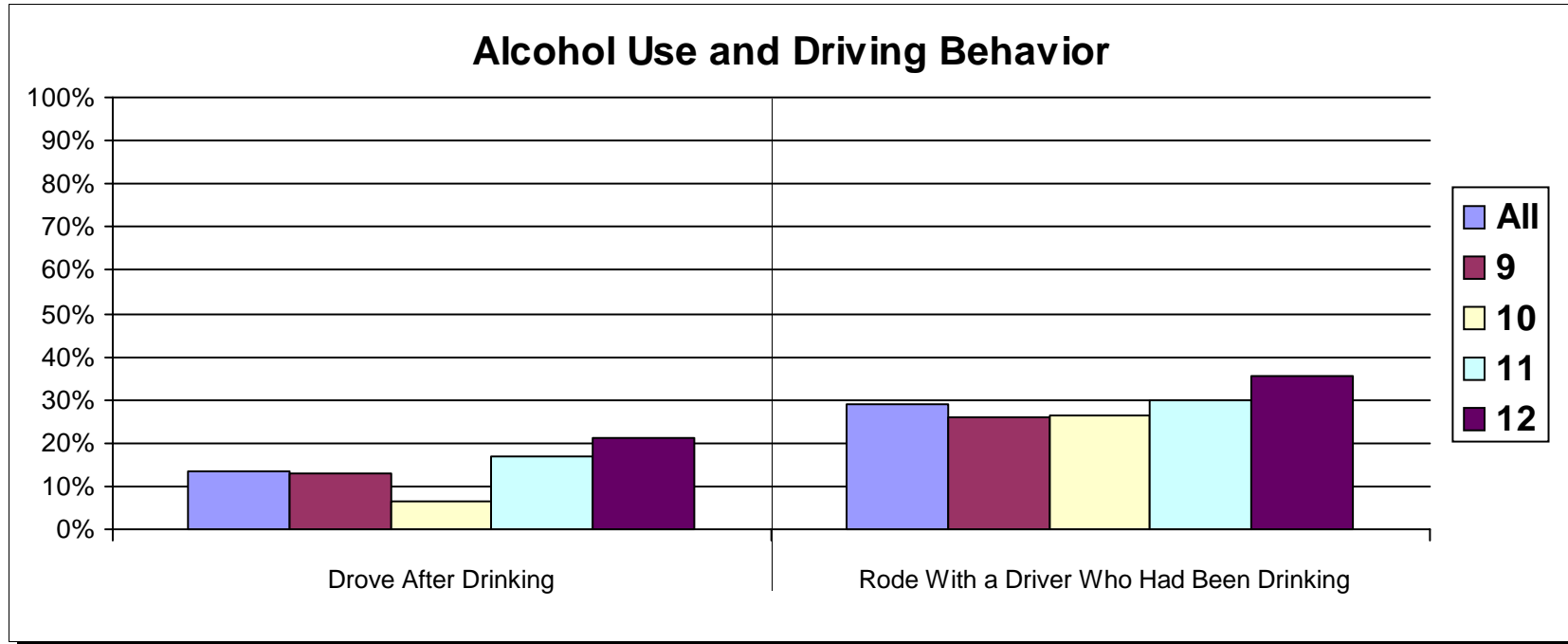
Response	All	6th	7th	8th	9th	10th	11th	12th
Very Wrong	57%				62%	56%	54%	57%
Wrong	21%				21%	24%	19%	18%
A Little Bit Wrong	12%				10%	11%	15%	13%
Not Wrong at All	10%				7%	9%	11%	12%

"Conf." indicates at least one (1) but fewer than five (5) cases in that response category.

Blank indicates no cases in that response category or no respondents in that grade.

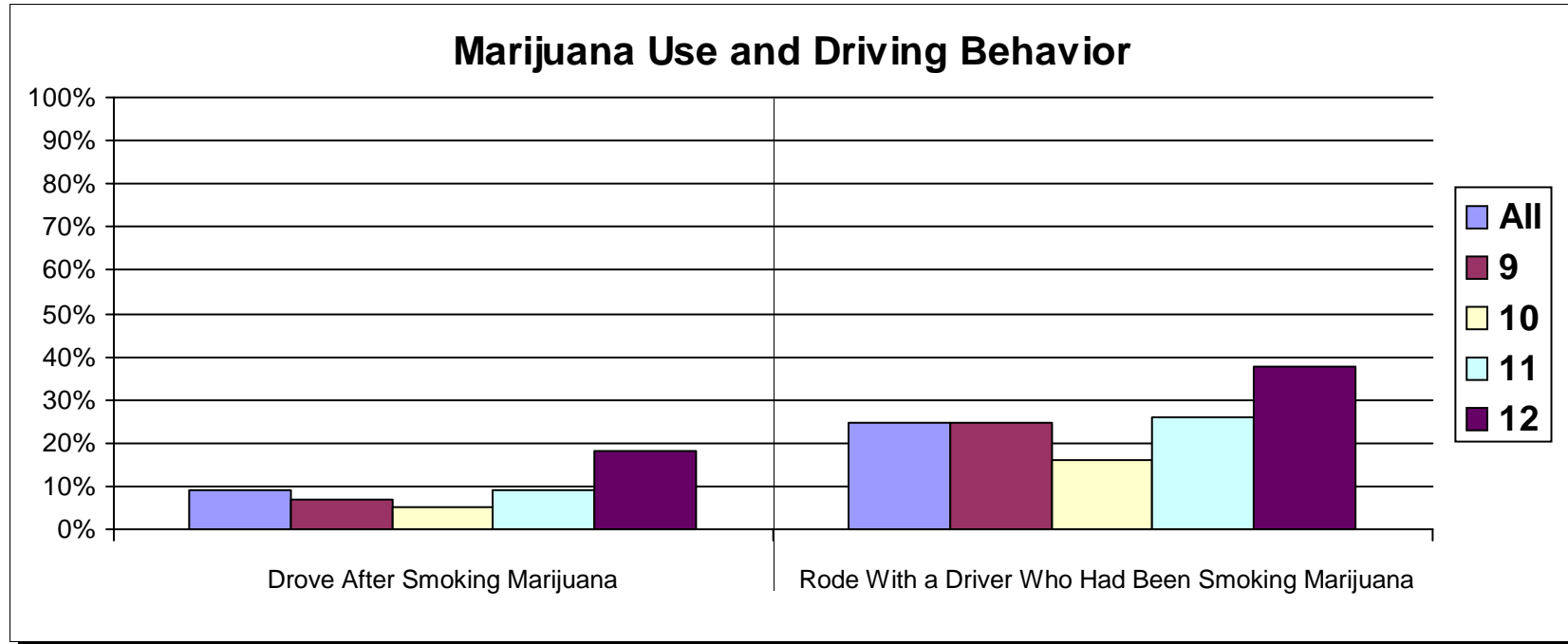
Personal Safety/Violence

Personal Safety/Violence



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Personal Safety/Violence



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Personal Safety/Violence

Personal Safety/Violence

During the past 12 months, did your boyfriend or girlfriend ever hit, slap, or physically hurt you on purpose?

Response	All	6th	7th	8th	9th	10th	11th	12th
Yes	10%				7%	9%	13%	14%
No	90%				93%	91%	87%	86%

During the past 30 days, have you been the victim of a verbal slur because of your gender?

Response	All	6th	7th	8th	9th	10th	11th	12th
Yes	10%				9%	7%	8%	16%
No	85%				85%	87%	84%	81%
Not sure	6%				6%	6%	8%	Conf.

During the past 30 days, have you been the victim of a verbal slur because of your weight, size, or physical appearance?

Response	All	6th	7th	8th	9th	10th	11th	12th
Yes	21%				21%	17%	18%	30%
No	67%				65%	70%	68%	64%
Not sure	12%				13%	13%	14%	7%

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Blank indicates no cases in that response category or no respondents in that grade.

Personal Safety/Violence

During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?

Response	All	6th	7th	8th	9th	10th	11th	12th
0 times	71%				74%	73%	70%	64%
1 time	13%				10%	12%	15%	16%
2 or 3 times	9%				12%	9%	6%	11%
4 or 5 times	3%				Conf.	4%	5%	Conf.
6 or more times	4%				Conf.	Conf.	4%	7%

During the past 30 days, how many times did you drive a car or other vehicle when you had been drinking alcohol?

Response	All	6th	7th	8th	9th	10th	11th	12th
0 times	86%				87%	93%	83%	79%
1 time	5%				5%	Conf.	7%	10%
2 or 3 times	4%				Conf.	Conf.	6%	Conf.
4 or 5 times	1%				Conf.		Conf.	Conf.
6 or more times	4%				5%	4%	Conf.	6%

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Personal Safety/Violence

How often do you wear a seat belt when driving a car?

Response	All	6th	7th	8th	9th	10th	11th	12th
I do not drive a car	26%				63%	16%	10%	10%
Never wear a seatbelt	4%				4%	Conf.	6%	Conf.
Rarely wear a seatbelt	5%				4%	4%	6%	10%
Sometimes wear a seatbelt	8%				Conf.	6%	11%	16%
Most of the time wear a seatbelt	13%				Conf.	11%	19%	21%
Always wear a seatbelt	44%				25%	61%	49%	39%

How often do you wear a seat belt when riding in a car driven by someone else?

Response	All	6th	7th	8th	9th	10th	11th	12th
Never	6%				7%	Conf.	5%	11%
Rarely	8%				4%	9%	11%	9%
Sometimes	15%				13%	19%	17%	13%
Most of the time	29%				29%	33%	21%	33%
Always	42%				48%	39%	47%	33%

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Personal Safety/Violence

When you rode a bicycle during the past 12 months, how often did you wear a helmet?

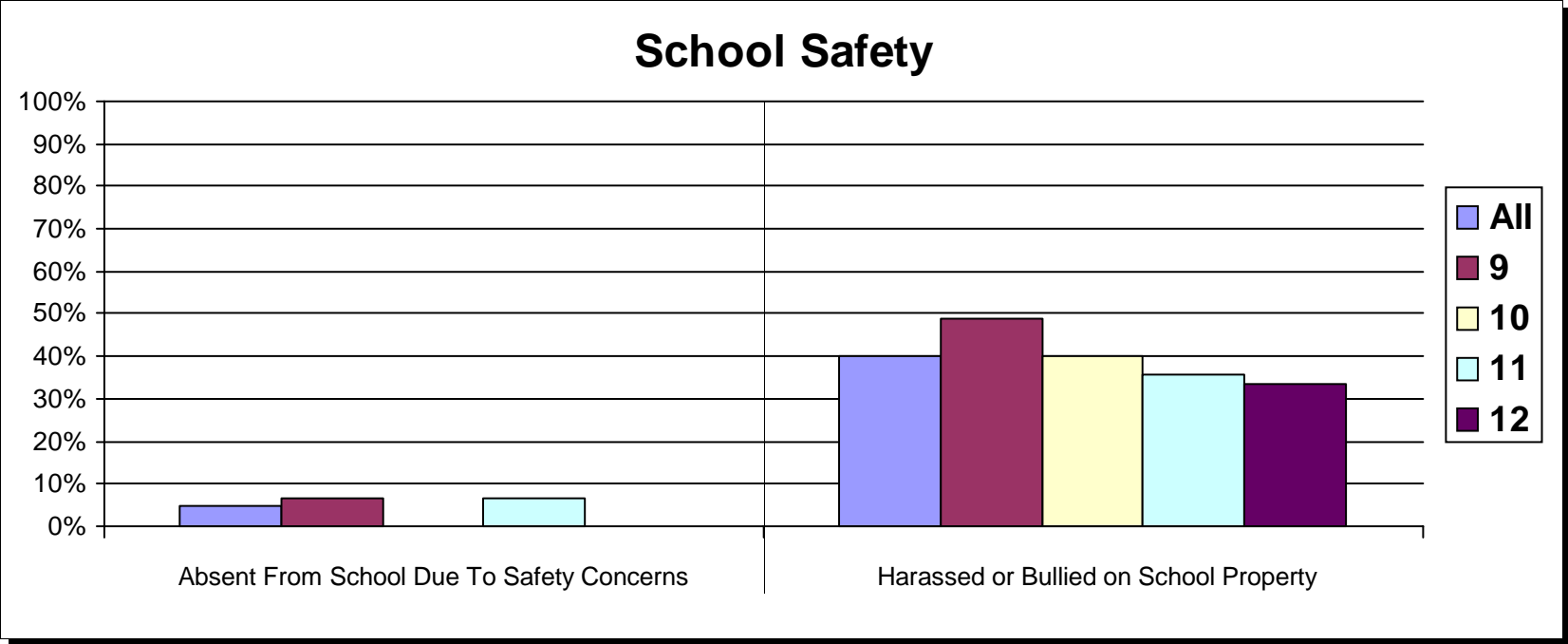
Response	All	6th	7th	8th	9th	10th	11th	12th
I did not ride a bicycle during the past 12 months	38%				29%	26%	40%	66%
Never wore a helmet	42%				43%	51%	44%	27%
Rarely wore a helmet	6%				8%	8%	6%	Conf.
Sometimes wore a helmet	5%				6%	4%	6%	Conf.
Most of the time wore a helmet	4%				8%	Conf.	Conf.	Conf.
Always wore a helmet	5%				6%	7%	Conf.	Conf.

"Conf." indicates at least one (1) but fewer than five (5) cases in that response category.

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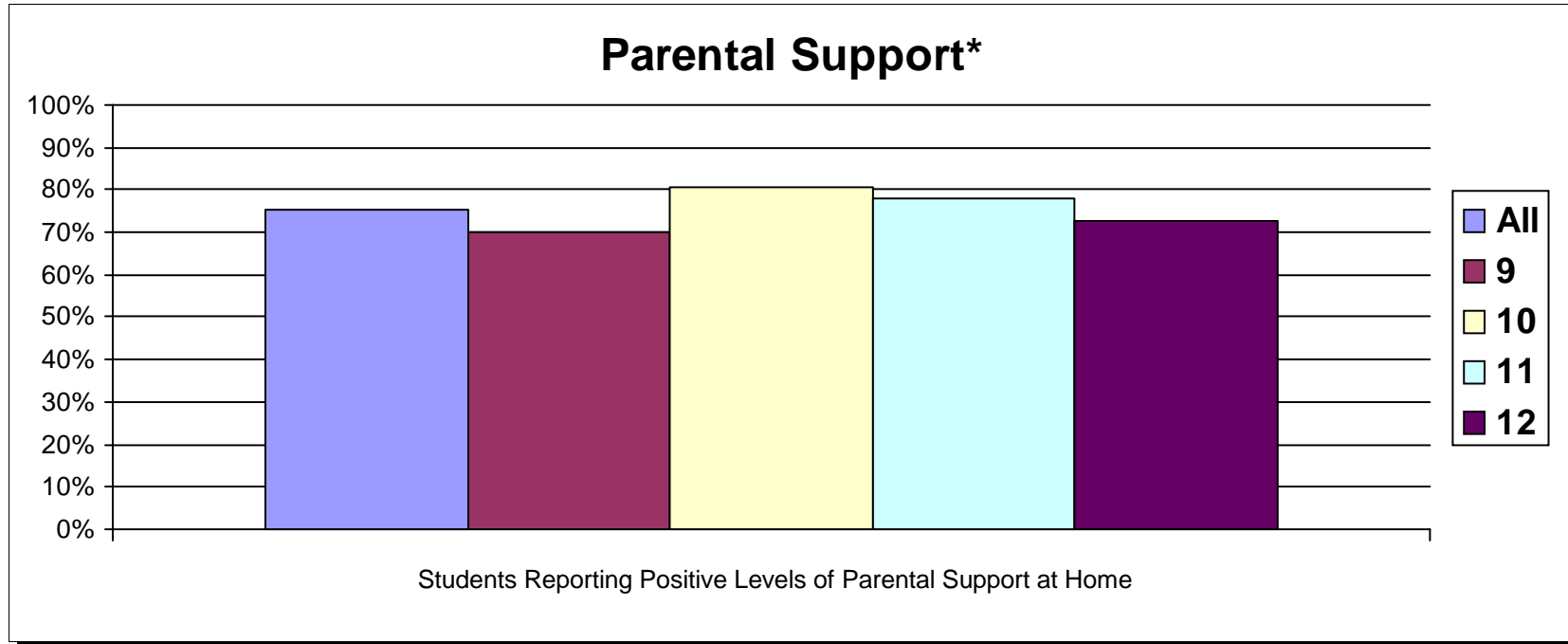
Family/School

School and Family



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School and Family



*Percentage reflects students whose average score was in the positive range (i.e., "pretty much true" to "very much true") for the four items measuring parental support at home.

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School and Family

School and Family

During the past 12 months, how would you describe your grades in school?

Response	All	6th	7th	8th	9th	10th	11th	12th
Mostly A's	41%				45%	35%	39%	47%
Mostly B's	36%				30%	38%	40%	38%
Mostly C's	16%				14%	19%	19%	10%
Mostly D's	3%				5%	Conf.	Conf.	Conf.
Mostly F's	Conf.				Conf.		Conf.	
None of these grades	Conf.					Conf.		
Not Sure	3%				4%	6%	Conf.	Conf.

Are your school grades better than the grades of most students in your class?

Response	All	6th	7th	8th	9th	10th	11th	12th
NO!	8%				8%	7%	13%	Conf.
no	33%				24%	41%	32%	35%
yes	45%				51%	43%	44%	42%
YES!	13%				17%	9%	11%	18%

"Conf." indicates at least one (1) but fewer than five (5) cases in that response category.

Blank indicates no cases in that response category or no respondents in that grade.

School and Family

School and Family

During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?

Response	All	6th	7th	8th	9th	10th	11th	12th
0 days	95%				93%	99%	93%	96%
1 day	1%				Conf.	Conf.	Conf.	
2 or 3 days	2%				Conf.	Conf.	Conf.	Conf.
4 or 5 days	Conf.				Conf.		Conf.	
6 or more days	Conf.				Conf.		Conf.	

During the past 12 months, how many times have you been harassed or bullied on school property?

Response	All	6th	7th	8th	9th	10th	11th	12th
0 times	60%				51%	60%	65%	67%
1 time	12%				12%	12%	13%	12%
2 or 3 times	12%				16%	15%	9%	9%
4 or 5 times	5%				5%	4%	4%	7%
6 or 7 times	2%				4%	Conf.	Conf.	Conf.
8 or 9 times	1%				Conf.	Conf.	Conf.	Conf.
10 or 11 times	Conf.				Conf.			Conf.
12 or more times	7%				9%	9%	6%	Conf.

"Conf." indicates at least one (1) but fewer than five (5) cases in that response category.

Blank indicates no cases in that response category or no respondents in that grade.

School and Family

School and Family

During the past 12 months, how many times has someone tried to hurt you by hitting, punching, or kicking you while on school property?

Response	All	6th	7th	8th	9th	10th	11th	12th
0 times	77%				76%	74%	76%	84%
1 time	7%				10%	6%	7%	7%
2 or 3 times	7%				5%	8%	8%	Conf.
4 or 5 times	3%				4%	Conf.	Conf.	Conf.
6 or 7 times	1%				Conf.	Conf.	Conf.	
8 or 9 times	Conf.						Conf.	
10 or 11 times	Conf.							Conf.
12 or more times	4%				Conf.	7%	Conf.	Conf.

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Blank indicates no cases in that response category or no respondents in that grade.

School and Family

During the past 12 months, how many times has someone threatened or injured you with a weapon such as a gun, knife, or club on school property?

Response	All	6th	7th	8th	9th	10th	11th	12th
0 times	94%				92%	96%	95%	94%
1 time	4%				7%	Conf.	Conf.	Conf.
2 or 3 times	Conf.					Conf.		Conf.
4 or 5 times	Conf.					Conf.		
6 or 7 times	Conf.				Conf.		Conf.	Conf.
8 or 9 times	Conf.						Conf.	
12 or more times	Conf.					Conf.	Conf.	Conf.

During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property?

Response	All	6th	7th	8th	9th	10th	11th	12th
Yes	24%				24%	21%	26%	23%
No	76%				76%	79%	74%	77%

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Blank indicates no cases in that response category or no respondents in that grade.

School and Family

Do teachers at your school treat students with respect?

Response	All	6th	7th	8th	9th	10th	11th	12th
All of them do	14%				12%	18%	15%	10%
Most of them do	45%				49%	45%	40%	44%
Some of them do	34%				28%	32%	36%	44%
Almost none of them do	7%				11%	5%	8%	Conf.

Do teachers at your school show interest in their students as people?

Response	All	6th	7th	8th	9th	10th	11th	12th
All of them do	14%				15%	19%	14%	9%
Most of them do	39%				46%	40%	35%	30%
Some of them do	36%				25%	33%	43%	45%
Almost none of them do	11%				14%	8%	8%	16%

"Conf." indicates at least one (1) but fewer than five (5) cases in that response category.

Blank indicates no cases in that response category or no respondents in that grade.

School and Family

Do teachers at your school try to help students when they are having problems?

Response	All	6th	7th	8th	9th	10th	11th	12th
All of them do	15%				12%	22%	18%	6%
Most of them do	44%				52%	48%	38%	34%
Some of them do	34%				26%	26%	38%	54%
Almost none of them do	7%				9%	4%	6%	7%

Do the principal and the rest of the school staff try to make your school a place students like to be?

Response	All	6th	7th	8th	9th	10th	11th	12th
All of them do	15%				20%	17%	10%	8%
Most of them do	31%				34%	31%	33%	26%
Some of them do	35%				31%	33%	34%	42%
Almost none of them do	19%				15%	18%	23%	24%

"Conf." indicates at least one (1) but fewer than five (5) cases in that response category.

Blank indicates no cases in that response category or no respondents in that grade.

School and Family

In my home there is a parent or some other adult who is interested in my school work.

Response	All	6th	7th	8th	9th	10th	11th	12th
Not at all true	7%				8%	6%	8%	Conf.
A little true	12%				9%	15%	8%	16%
Pretty much true	30%				33%	24%	32%	30%
Very much true	52%				51%	54%	52%	50%

In my home there is a parent or some other adult who talks with me about my problems.

Response	All	6th	7th	8th	9th	10th	11th	12th
Not at all true	13%				15%	14%	10%	11%
A little true	16%				16%	11%	18%	22%
Pretty much true	30%				25%	34%	30%	30%
Very much true	42%				44%	41%	43%	38%

"Conf." indicates at least one (1) but fewer than five (5) cases in that response category.

Blank indicates no cases in that response category or no respondents in that grade.

School and Family

In my home there is a parent or some other adult who listens to me when I have something to say.

Response	All	6th	7th	8th	9th	10th	11th	12th
Not at all true	11%				13%	8%	12%	10%
A little true	15%				17%	14%	12%	18%
Pretty much true	28%				27%	30%	26%	31%
Very much true	46%				44%	48%	51%	41%

In my home there is a parent or some other adult who expects me to follow the rules.

Response	All	6th	7th	8th	9th	10th	11th	12th
Not at all true	4%				Conf.	5%	Conf.	7%
A little true	9%				8%	5%	13%	11%
Pretty much true	21%				23%	19%	18%	23%
Very much true	66%				67%	71%	67%	59%

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Blank indicates no cases in that response category or no respondents in that grade.

School and Family

In my home there is a parent or some other adult who believes that I will be a success.

Response	All	6th	7th	8th	9th	10th	11th	12th
Not at all true	7%				4%	8%	6%	9%
A little true	7%				16%	4%	4%	Conf.
Pretty much true	23%				21%	16%	27%	28%
Very much true	63%				59%	72%	62%	59%

In my home there is a parent or some other adult who always wants me to do my best.

Response	All	6th	7th	8th	9th	10th	11th	12th
Not at all true	5%				8%	4%	Conf.	Conf.
A little true	8%				8%	8%	8%	9%
Pretty much true	14%				18%	7%	16%	13%
Very much true	74%				66%	81%	73%	74%

"Conf." indicates at least one (1) but fewer than five (5) cases in that response category.

Blank indicates no cases in that response category or no respondents in that grade.

School and Family

How often do you attend religious services or activities?

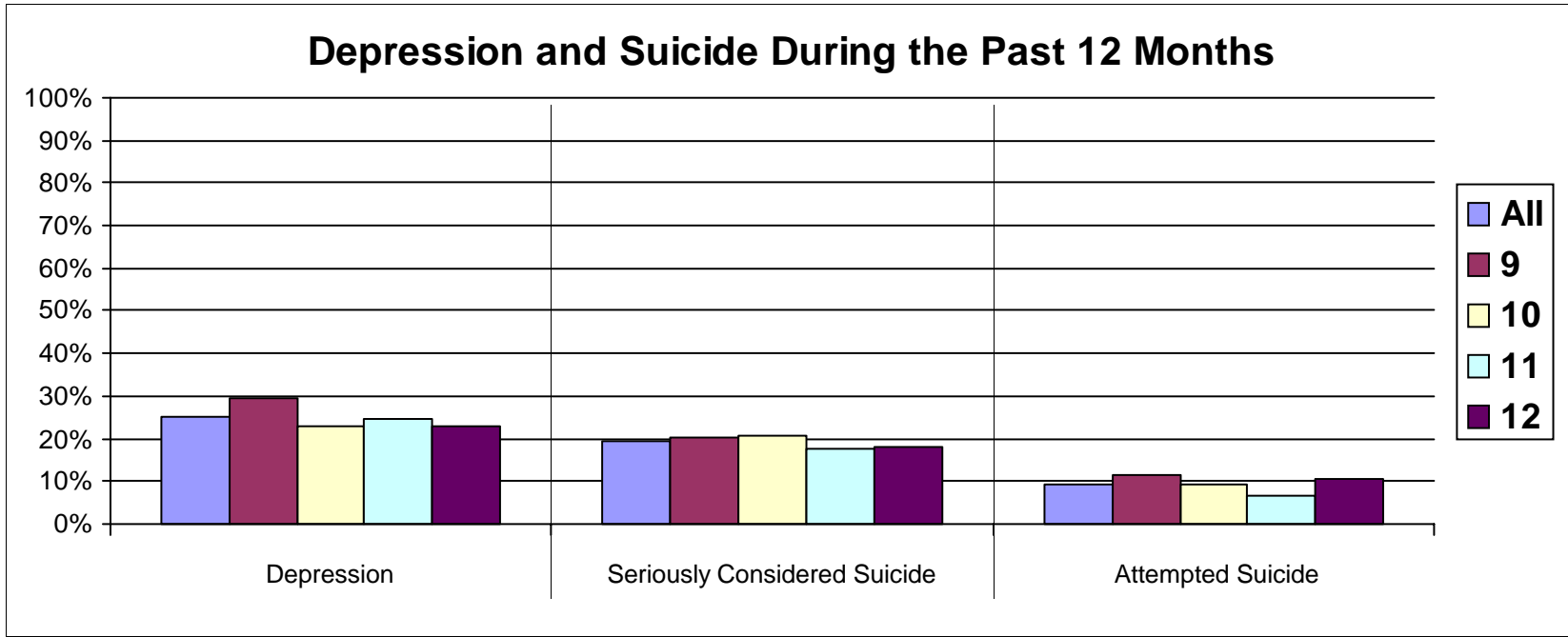
Response	All	6th	7th	8th	9th	10th	11th	12th
Never	28%				27%	29%	23%	32%
Rarely	29%				34%	21%	34%	25%
1-2 times a month	14%				8%	20%	12%	15%
About once a week or more	30%				30%	30%	31%	28%

"Conf." indicates at least one (1) but fewer than five (5) cases in that response category.

Blank indicates no cases in that response category or no respondents in that grade.

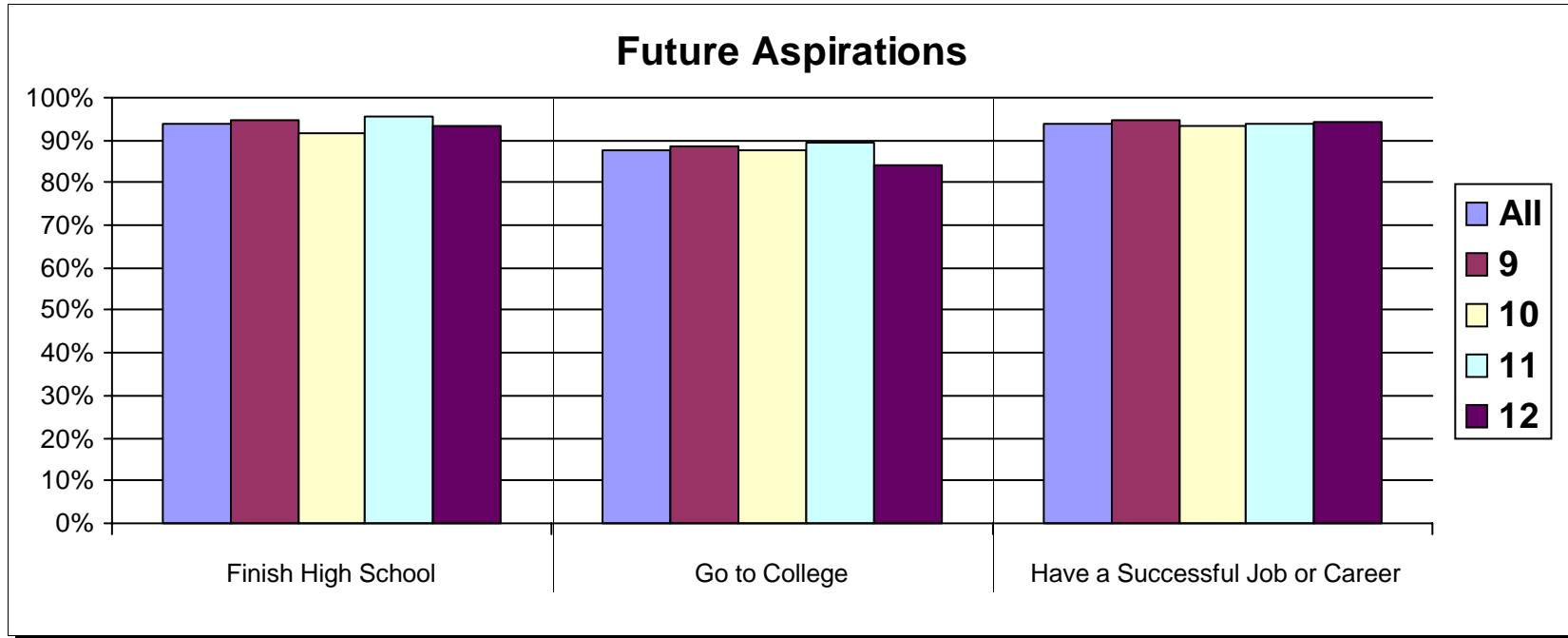
Mental Health

Mental Health



The absence of a bar for a particular grade indicates the data for that grade are confidential, there are no cases in that response category or no respondents in that grade (see data table for details).

Mental Health



Percentage reporting aspiration is either "Important" or "Very Important"

The absence of a bar for a particular grade indicates the data for that grade are confidential, there are no cases in that response category or no respondents in that grade (see data table for details).

Mental Health

Sometimes I think life is not worth it.

Response	All	6th	7th	8th	9th	10th	11th	12th
NO!	45%				45%	42%	47%	48%
no	21%				17%	21%	26%	21%
yes	26%				29%	29%	23%	20%
YES!	8%				10%	7%	5%	11%

At times I think I am no good at all.

Response	All	6th	7th	8th	9th	10th	11th	12th
NO!	38%				37%	41%	41%	34%
no	28%				28%	22%	29%	34%
yes	27%				27%	30%	24%	25%
YES!	7%				7%	7%	6%	8%

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Blank indicates no cases in that response category or no respondents in that grade.

Mental Health

Mental Health

All in all, I am inclined to feel that I am a failure.

Response	All	6th	7th	8th	9th	10th	11th	12th
NO!	45%				43%	49%	47%	40%
no	37%				39%	30%	37%	44%
yes	14%				14%	17%	15%	9%
YES!	4%				4%	4%	Conf.	7%

In the past 12 months have you felt depressed or sad MOST days, even if you felt OK sometimes?

Response	All	6th	7th	8th	9th	10th	11th	12th
NO!	30%				27%	35%	27%	29%
no	30%				25%	29%	30%	38%
yes	28%				34%	24%	31%	20%
YES!	13%				14%	12%	12%	13%

During the past 12 months, did you make a plan about how you would attempt suicide?

Response	All	6th	7th	8th	9th	10th	11th	12th
Yes	15%				18%	16%	13%	12%
No	85%				82%	84%	87%	88%

"Conf." indicates at least one (1) but fewer than five (5) cases in that response category.

Blank indicates no cases in that response category or no respondents in that grade.

Mental Health

Mental Health

During the past 12 months, how many times did you actually attempt suicide?

Response	All	6th	7th	8th	9th	10th	11th	12th
0 times	91%				89%	91%	94%	89%
1 time	6%				6%	5%	6%	6%
2 or 3 times	3%				Conf.	Conf.	Conf.	Conf.
4 or 5 times	Conf.				Conf.			Conf.
6 or more times	Conf.				Conf.	Conf.		Conf.

If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?

Response	All	6th	7th	8th	9th	10th	11th	12th
I did not attempt suicide during the past 12 months	90%				89%	88%	94%	89%
Yes	3%				6%	Conf.	Conf.	Conf.
No	7%				6%	10%	5%	10%

"Conf." indicates at least one (1) but fewer than five (5) cases in that response category.

Blank indicates no cases in that response category or no respondents in that grade.

Mental Health

How important is it to you to finish high school?

Response	All	6th	7th	8th	9th	10th	11th	12th
Not at all important	3%				Conf.	5%	Conf.	Conf.
Not very important	3%				Conf.	Conf.	Conf.	6%
Important	12%				12%	11%	15%	8%
Very important	82%				82%	80%	81%	85%

How important is it to you to go to college?

Response	All	6th	7th	8th	9th	10th	11th	12th
Not at all important	3%				Conf.	5%	Conf.	Conf.
Not very important	9%				8%	8%	8%	12%
Important	26%				18%	26%	35%	27%
Very important	62%				71%	62%	54%	57%

"Conf." indicates at least one (1) but fewer than five (5) cases in that response category.

Blank indicates no cases in that response category or no respondents in that grade.

Mental Health

How important is it to you to be successful in a job or career?

Response	All	6th	7th	8th	9th	10th	11th	12th
Not at all important	3%				Conf.	Conf.	Conf.	Conf.
Not very important	3%				Conf.	4%	4%	Conf.
Important	14%				12%	14%	15%	15%
Very important	80%				83%	80%	79%	80%

During the past 30 days, how many times did you perform any organized community service as a non-paid volunteer, such as serving meals to the elderly, picking up litter, helping out at a hospital, or building homes for the poor?

Response	All	6th	7th	8th	9th	10th	11th	12th
0 times	58%				53%	65%	59%	54%
1 time	15%				17%	15%	18%	10%
2 or 3 times	14%				20%	12%	9%	16%
4 or 5 times	6%				5%	4%	5%	9%
6 or more times	7%				5%	5%	10%	11%

"Conf." indicates at least one (1) but fewer than five (5) cases in that response category.

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Mental Health

During an average week when you are in school, how many hours do you spend in clubs or organizations (other than sports) outside of school, such as 4-H, Boys and Girls Clubs, YWCA, or YMCA?

Response	All	6th	7th	8th	9th	10th	11th	12th
0 hours	62%				59%	62%	66%	64%
1 to 4 hours	22%				24%	19%	22%	24%
5 to 8 hours	7%				9%	8%	Conf.	7%
9 to 12 hours	4%				Conf.	5%	4%	Conf.
13 to 20 hours	3%				Conf.	4%	Conf.	
21 or more hours	2%				Conf.	Conf.	Conf.	Conf.

Do you participate in any extracurricular activities at school such as sports, band, drama, clubs, or student government?

Response	All	6th	7th	8th	9th	10th	11th	12th
Yes	66%				72%	69%	59%	62%
No	34%				28%	31%	41%	38%

"Conf." indicates at least one (1) but fewer than five (5) cases in that response category.

Blank indicates no cases in that response category or no respondents in that grade.

Mental Health

How important is it to you to help other people?

Response	All	6th	7th	8th	9th	10th	11th	12th
Not important	7%				5%	11%	9%	Conf.
Somewhat important	36%				39%	34%	41%	27%
Very important	57%				55%	54%	50%	71%

Have you changed schools in the past year (not including changing from middle school to high school)?

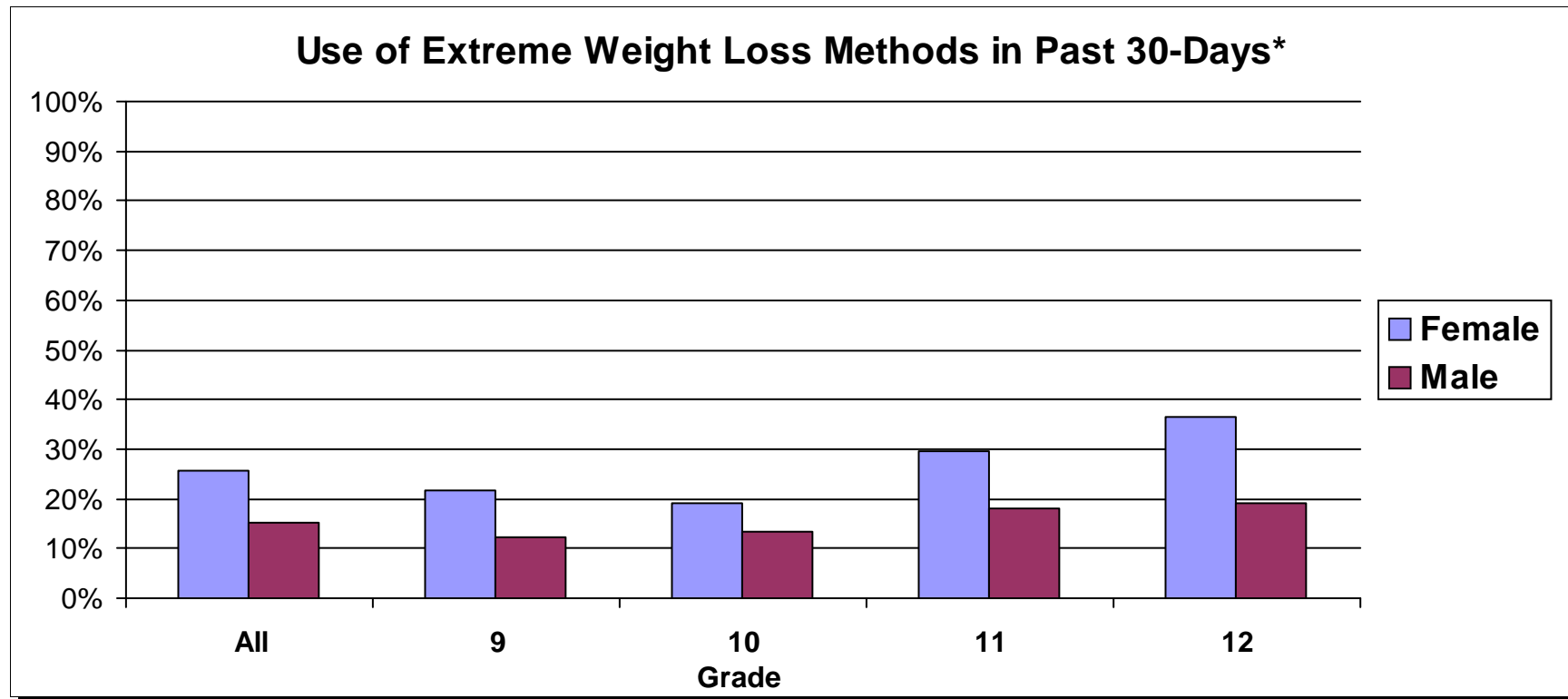
Response	All	6th	7th	8th	9th	10th	11th	12th
Yes	16%				24%	11%	14%	15%
No	84%				76%	89%	86%	85%

"Conf." indicates at least one (1) but fewer than five (5) cases in that response category.

Blank indicates no cases in that response category or no respondents in that grade.

Physical Health

Physical Health



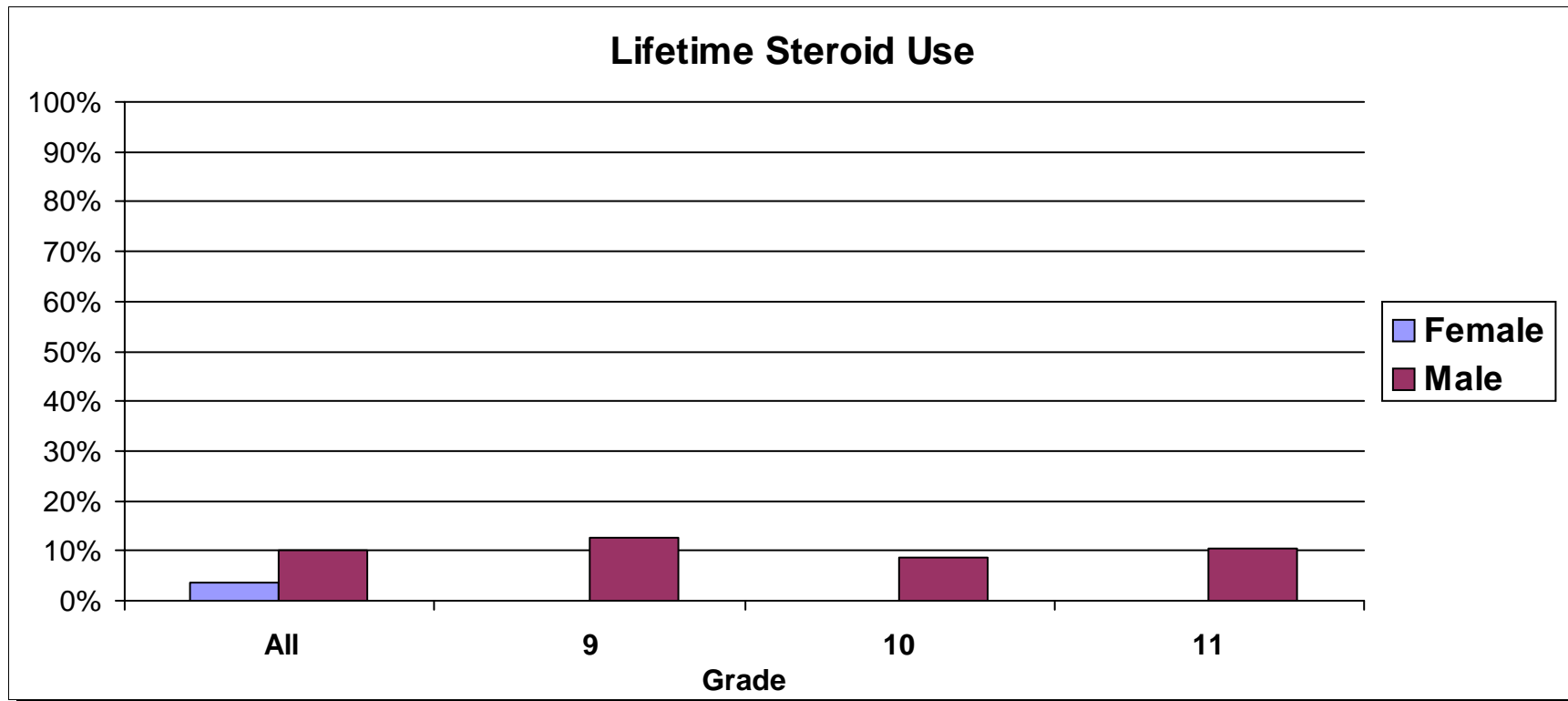
Percentage Reporting Extreme Weight Loss Methods.

*Extreme weight loss methods are defined as the use of one or more of the following weight loss methods: fasting, using pills/powders/liquids (not including meal replacements such as Slim Fast), or purging (vomiting or using laxatives).

The absence of a bar for a particular grade/gender indicates the data for that grade/gender are confidential, there are no cases in that response category or no respondents in that grade/gender (see data table for details).

Physical Health

Physical Health

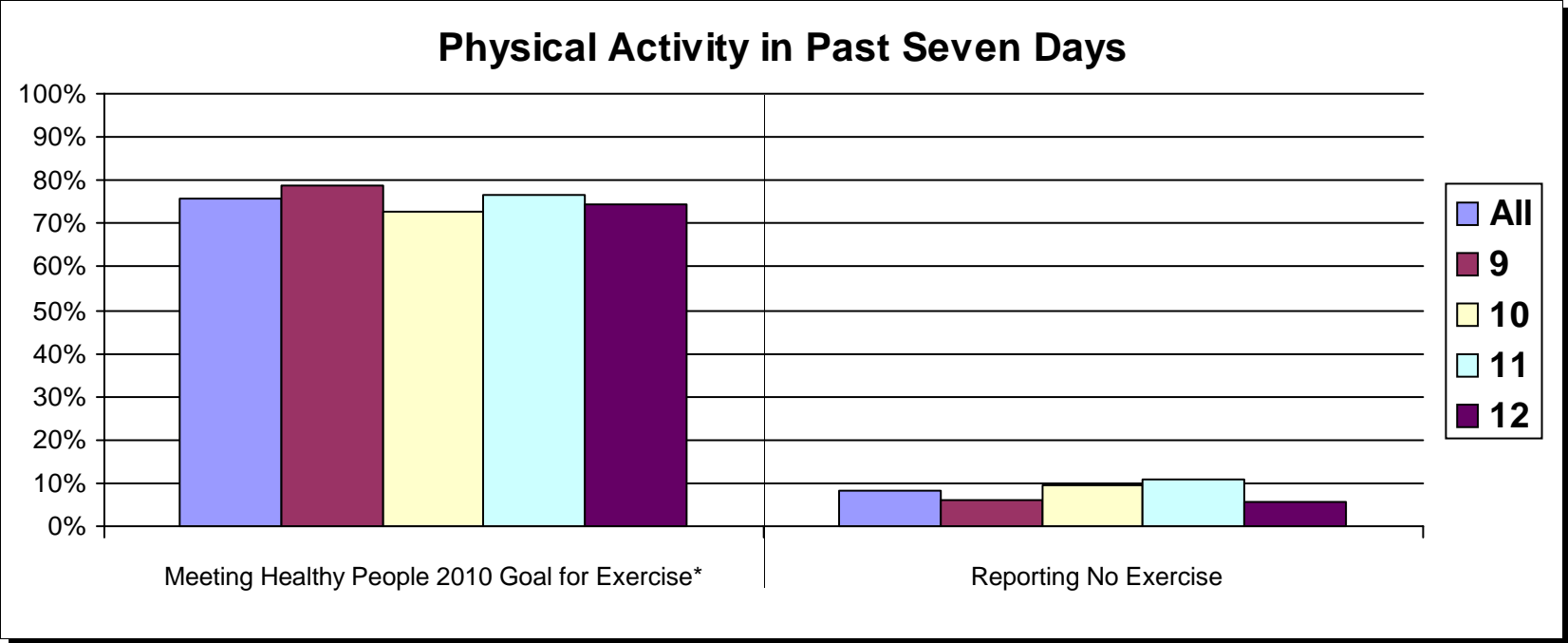


Percentage That Indicated Any Lifetime Use of Steroid Pills or Shots Without a Doctor's Prescription.

The absence of a bar for a particular grade/gender indicates the data for that grade/gender are confidential, there are no cases in that response category or no respondents in that grade/gender (see data table for details).

Physical Health

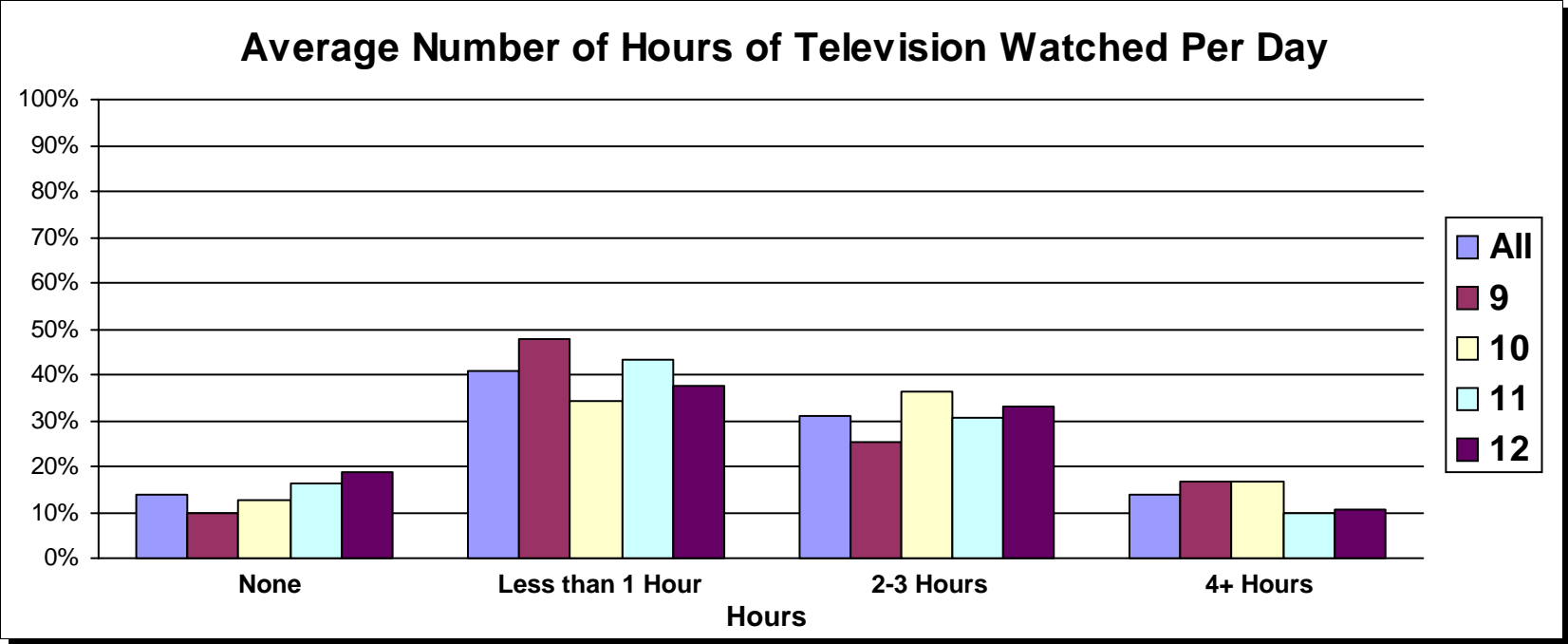
Physical Health



*HP2010 goal for exercise is engaging in vigorous physical activity that promotes cardiorespiratory fitness 3 or more days per week for 20 or more minutes per occasion.

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Physical Health



The absence of a bar for a particular grade indicates the data for that grade are confidential, there are no cases in that response category or no respondents in that grade (see data table for details).

Physical Health

How do you describe your weight?

Response	All	6th	7th	8th	9th	10th	11th	12th
Very underweight	3%				Conf.	Conf.	Conf.	Conf.
Slightly underweight	14%				16%	13%	12%	14%
About the right weight	59%				57%	61%	58%	60%
Slightly overweight	22%				24%	19%	23%	21%
Very overweight	3%				Conf.	4%	4%	Conf.

Which of the following are you trying to do about your weight?

Response	All	6th	7th	8th	9th	10th	11th	12th
Lose weight	42%				47%	34%	47%	38%
Gain weight	18%				11%	18%	17%	31%
Stay the same weight	22%				26%	23%	25%	13%
I am not trying to do anything about my weight	18%				16%	25%	11%	18%

"Conf." indicates at least one (1) but fewer than five (5) cases in that response category.

Blank indicates no cases in that response category or no respondents in that grade.

Physical Health

During the past 30 days, did you go without eating for 24 hours or more (also called fasting) to lose weight or to keep from gaining weight?

Response	All	6th	7th	8th	9th	10th	11th	12th
Yes	15%				13%	12%	15%	21%
No	85%				87%	88%	85%	79%

During the past 30 days, did you take any diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight? (Do not include meal replacement products such as Slim Fast)

Response	All	6th	7th	8th	9th	10th	11th	12th
Yes	8%				7%	8%	10%	7%
No	92%				93%	92%	90%	93%

During the past 30 days, did you vomit or take laxatives to lose weight or to keep from gaining weight?

Response	All	6th	7th	8th	9th	10th	11th	12th
Yes	7%				5%	6%	7%	12%
No	93%				95%	94%	93%	88%

"Conf." indicates at least one (1) but fewer than five (5) cases in that response category.

Blank indicates no cases in that response category or no respondents in that grade.

Physical Health

Physical Health

On how many of the past 7 days did you exercise or participate in physical activity for at least 20 minutes that made you sweat or breathe hard, such as basketball, soccer, running, swimming laps, fast bicycling, or similar aerobic activities?

Response	All	6th	7th	8th	9th	10th	11th	12th
0 days	15%				12%	15%	17%	16%
1 day	9%				9%	12%	6%	9%
2 days	10%				12%	10%	7%	9%
3 days	9%				8%	10%	9%	9%
4 days	7%				5%	7%	5%	10%
5 days	19%				16%	14%	26%	21%
6 days	8%				8%	8%	8%	10%
7 days	23%				30%	23%	21%	14%

"Conf." indicates at least one (1) but fewer than five (5) cases in that response category.

Blank indicates no cases in that response category or no respondents in that grade.

Physical Health

Physical Health

On how many of the past 7 days did you participate in physical activity for at least 30 minutes that did not make you sweat or breathe hard, such as fast walking, slow bicycling, skating, pushing a lawn mower or mopping floors?

Response	All	6th	7th	8th	9th	10th	11th	12th
0 days	20%				18%	22%	24%	17%
1 day	9%				12%	10%	8%	Conf.
2 days	13%				16%	11%	11%	15%
3 days	8%				5%	5%	10%	14%
4 days	8%				5%	11%	Conf.	13%
5 days	12%				11%	11%	13%	15%
6 days	7%				4%	8%	8%	8%
7 days	24%				29%	23%	24%	16%

"Conf." indicates at least one (1) but fewer than five (5) cases in that response category.

Blank indicates no cases in that response category or no respondents in that grade.

Physical Health

Physical Health

During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spend in any kind of physical activity that increases your heart rate and makes you breathe hard some of the time.)

Response	All	6th	7th	8th	9th	10th	11th	12th
0 days	25%				21%	33%	24%	20%
1 day	11%				12%	12%	9%	9%
2 days	8%				7%	9%	Conf.	13%
3 days	9%				8%	Conf.	17%	9%
4 days	6%				7%	6%	5%	8%
5 days	16%				14%	15%	17%	21%
6 days	8%				8%	9%	5%	10%
7 days	18%				24%	14%	21%	9%

"Conf." indicates at least one (1) but fewer than five (5) cases in that response category.

Blank indicates no cases in that response category or no respondents in that grade.

Physical Health

Physical Health

On an average school day, how many hours do you watch TV?

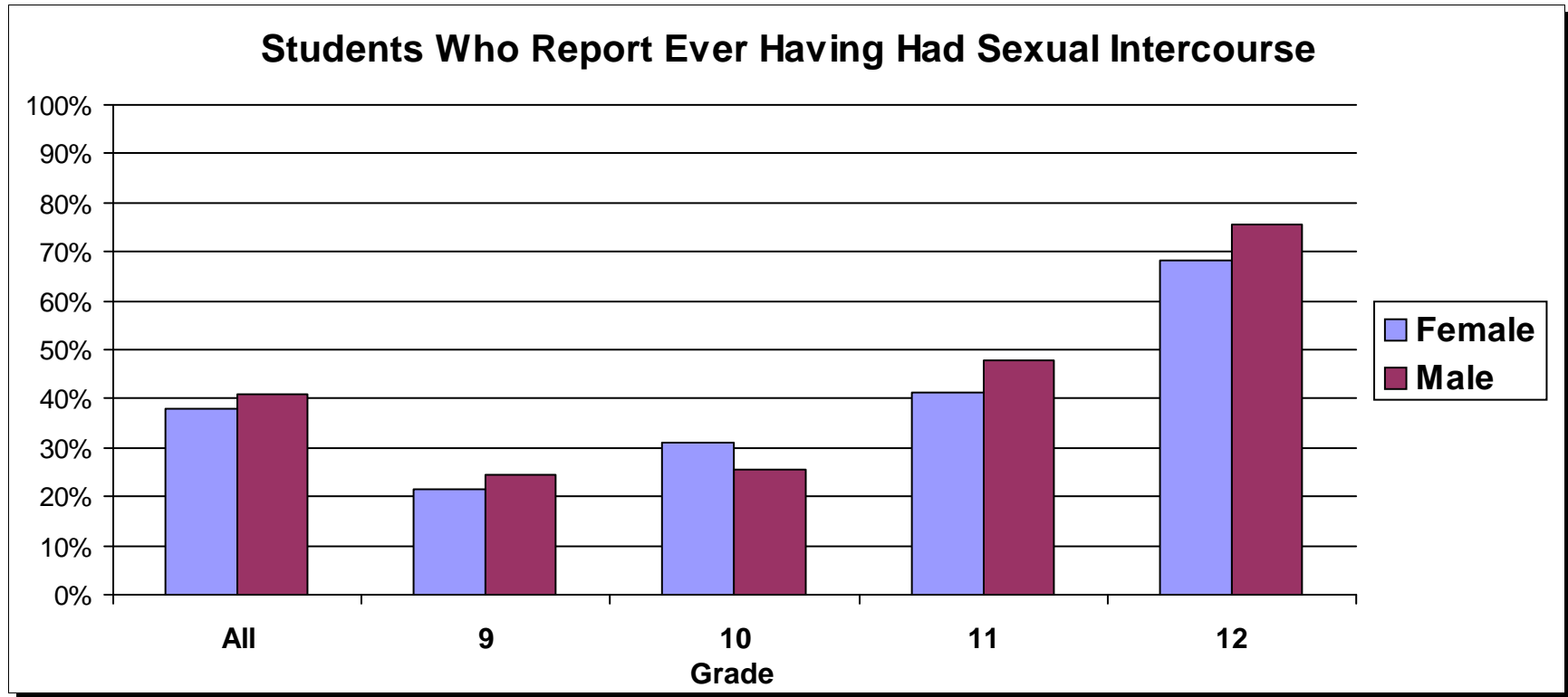
Response	All	6th	7th	8th	9th	10th	11th	12th
I do not watch TV on an average school day	14%				10%	13%	16%	19%
Less than 1 hour per day	25%				28%	17%	32%	22%
1 hour per day	16%				19%	17%	11%	15%
2 hours per day	19%				16%	23%	17%	20%
3 hours per day	12%				9%	13%	14%	13%
4 hours per day	6%				5%	6%	5%	Conf.
5 or more hours per day	8%				12%	10%	5%	6%

"Conf." indicates at least one (1) but fewer than five (5) cases in that response category.

Blank indicates no cases in that response category or no respondents in that grade.

Sexual Health

Sexual Health



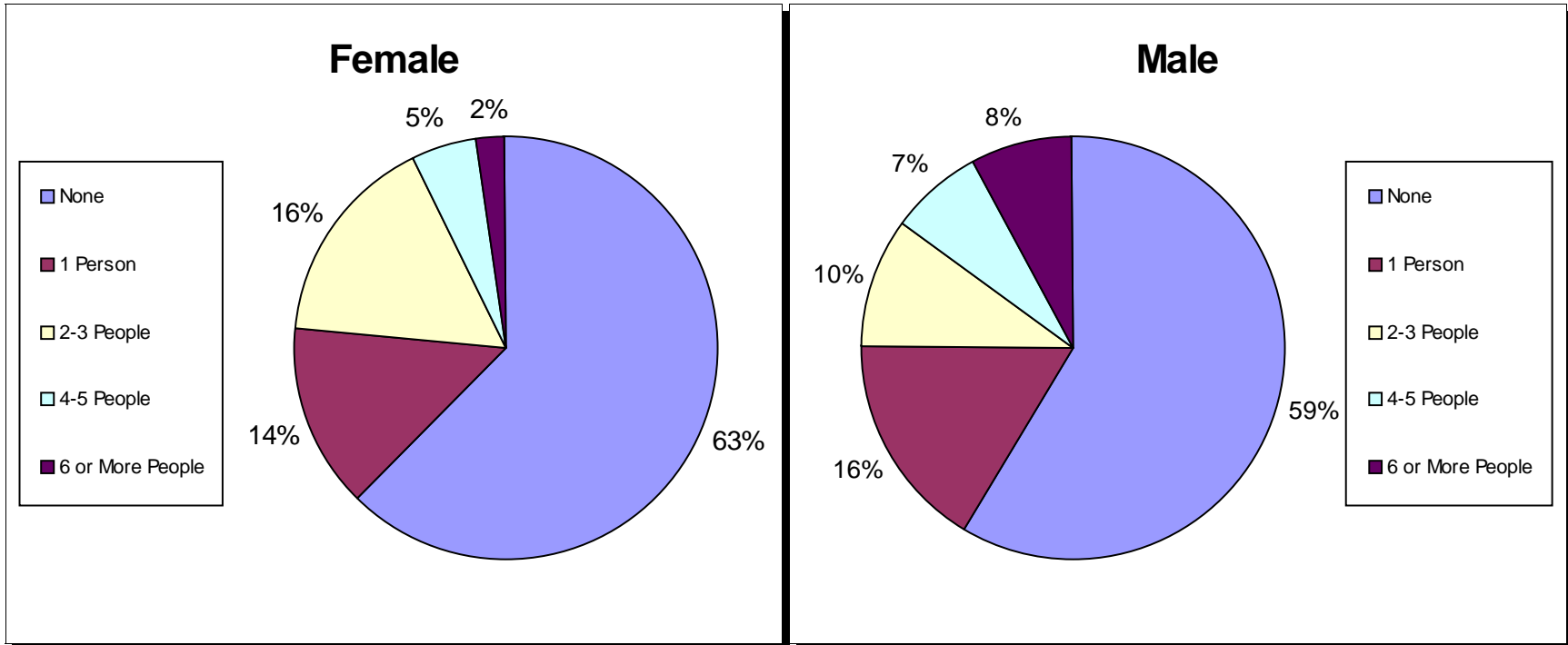
The absence of a bar for a particular grade/gender indicates the data for that grade/gender are confidential, there are no cases in that response category or no respondents in that grade/gender (see data table for details).

Sexual Health

Sexual Health

Number of Lifetime Sexual Partners

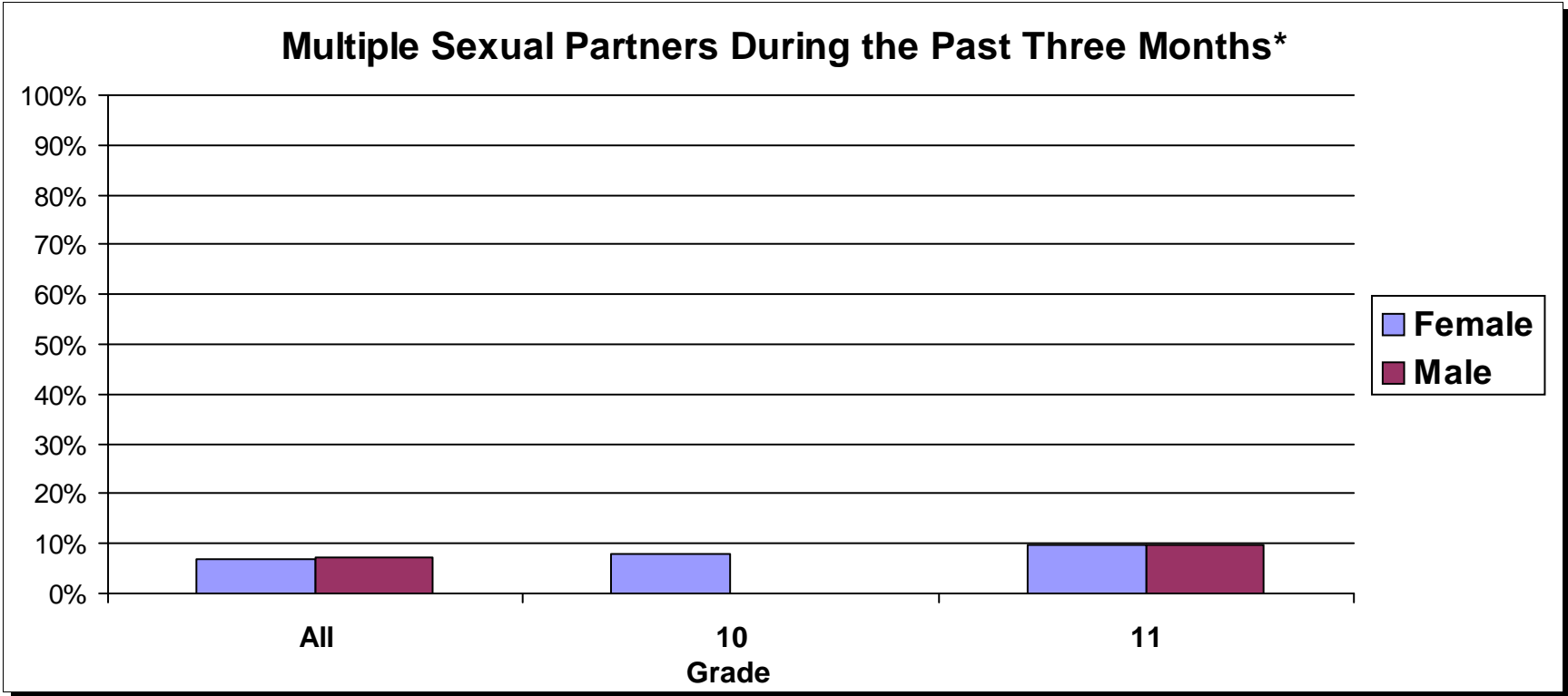
Grade: All



The absence of a section for a particular response category indicates the data for that response category are confidential or there are no cases in that response category (see data table for details).

Sexual Health

Sexual Health

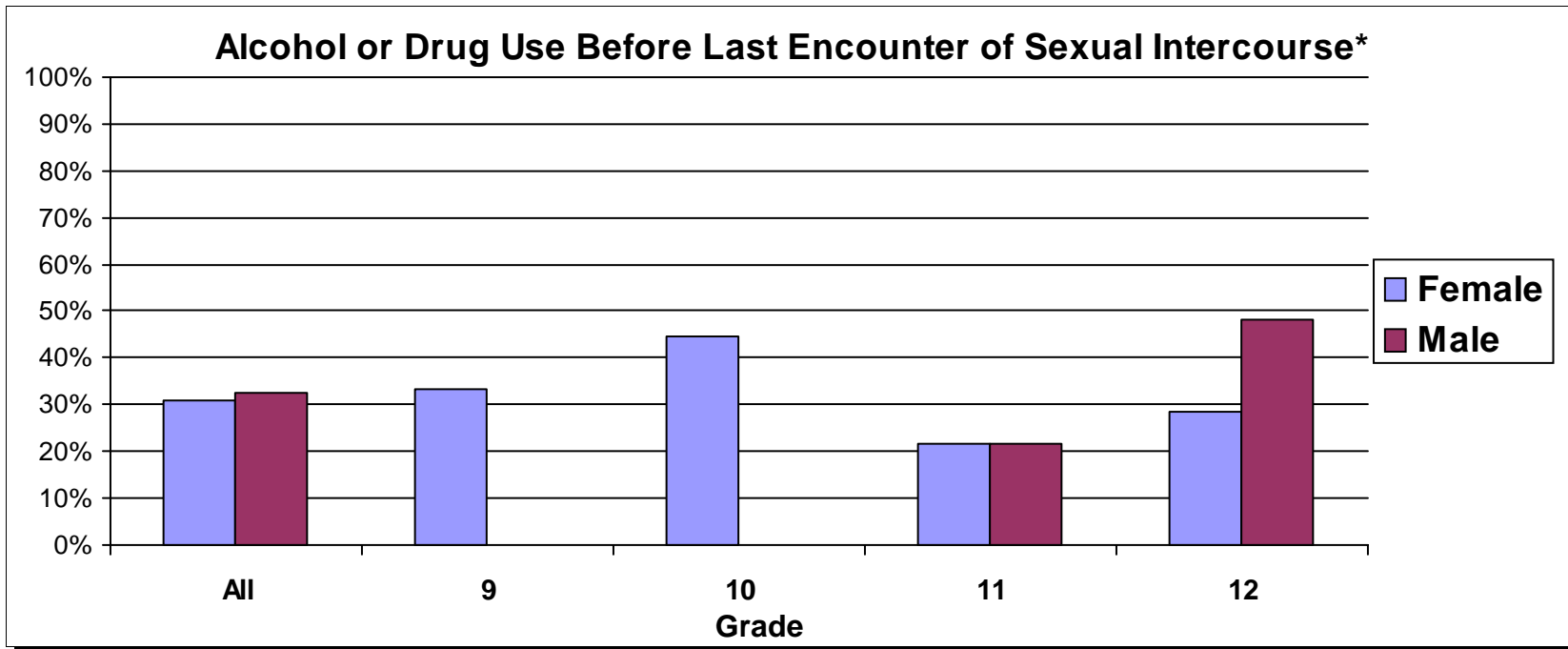


*Multiple sexual partners is defined as two or more partners, by grade and gender.

The absence of a bar for a particular grade/gender indicates the data for that grade/gender are confidential, there are no cases in that response category or no respondents in that grade/gender (see data table for details).

Sexual Health

Sexual Health

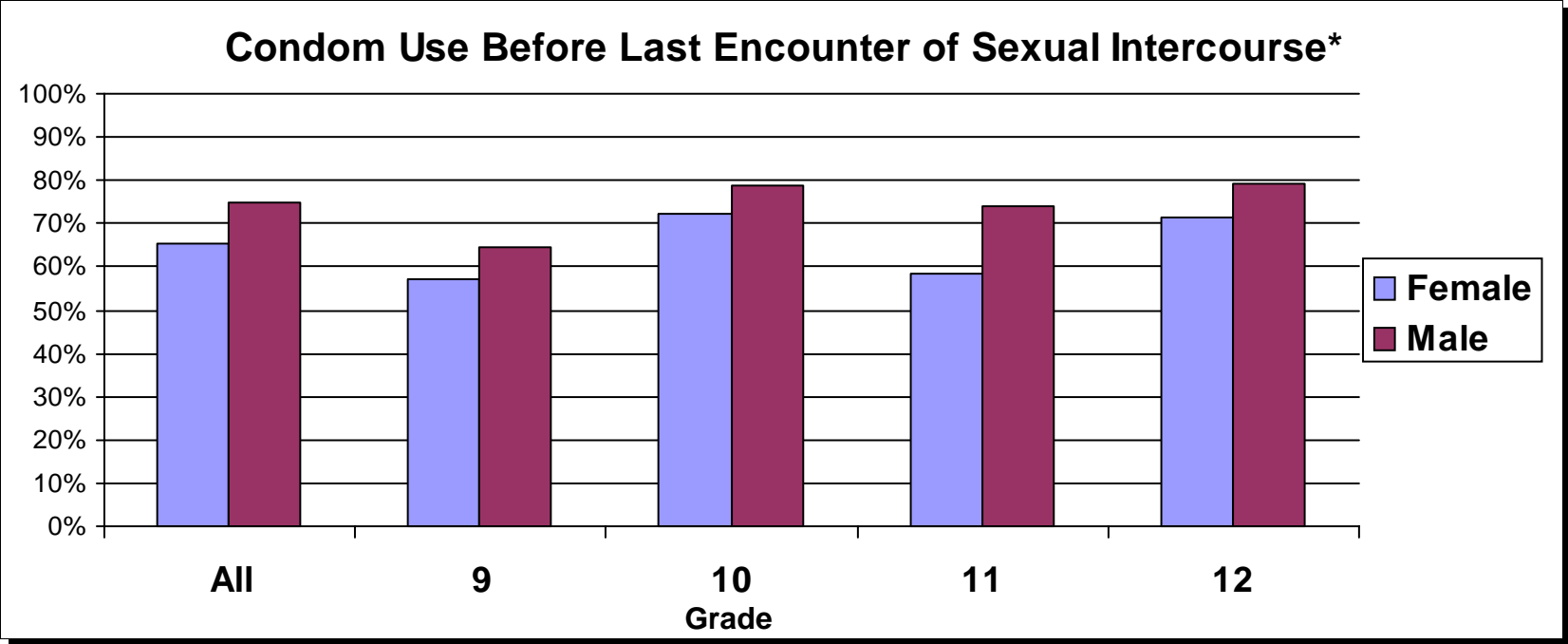


Percentage Using Drugs or Alcohol Before Last Sexual Intercourse, by Grade and Gender.
 *Percentages are calculated based only on the sub-sample who reported ever having sexual intercourse.

The absence of a bar for a particular grade/gender indicates the data for that grade/gender are confidential, there are no cases in that response category or no respondents in that grade/gender (see data table for details).

Sexual Health

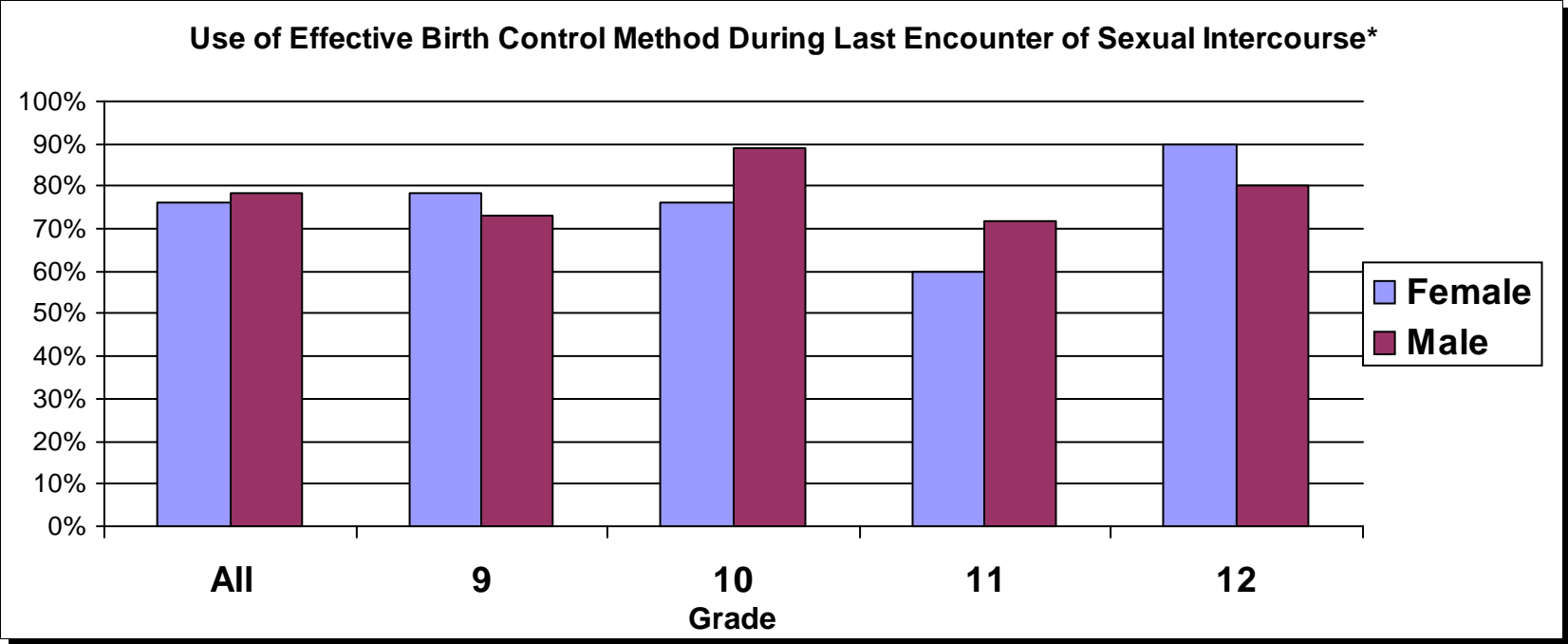
Sexual Health



Percentage Using a Condom, by Grade and Gender.
*Percentages are calculated based only on the sub-sample who reported ever having sexual intercourse.

The absence of a bar for a particular grade/gender indicates the data for that grade/gender are confidential, there are no cases in that response category or no respondents in that grade/gender (see data table for details).

Sexual Health



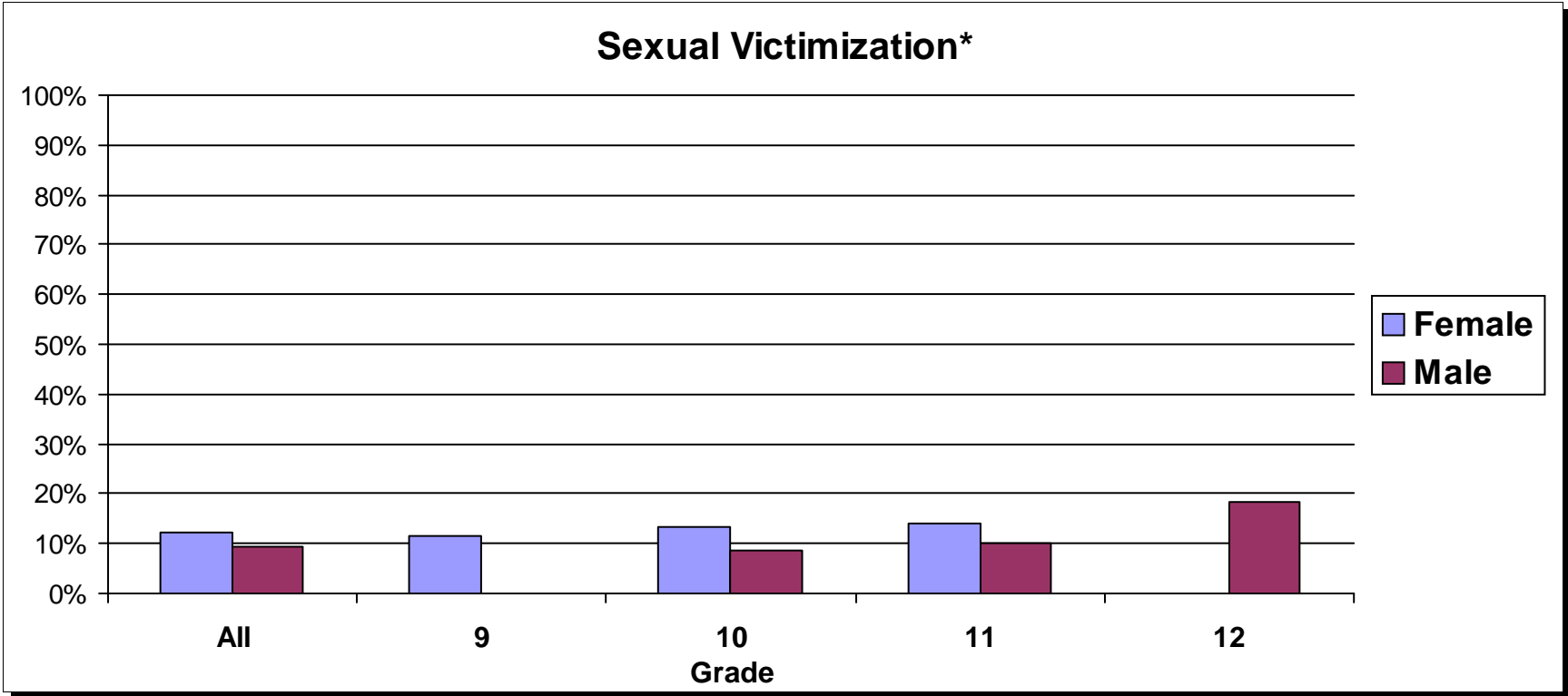
Percentage Using an Effective Birth Control Method During Last Encounter of Sexual Intercourse, by Grade and Gender

*Effective birth control methods include birth control pills, condoms, and Depo-Provera (injectable birth control).

*Percentages are calculated based only on the sub-sample who reported ever having sexual intercourse.

The absence of a bar for a particular grade/gender indicates the data for that grade/gender are confidential, there are no cases in that response category or no respondents in that grade/gender (see data table for details).

Sexual Health



Percentage Reporting Sexual Victimization, by Grade and Gender
*Sexual victimization is being forced to have sexual intercourse against one's will.

The absence of a bar for a particular grade/gender indicates the data for the grade/gender is confidential (see data table), there no cases in that response category or no respondents in that grade/gender.

Sexual Health

Have you ever had sexual intercourse?

Response	All	6th	7th	8th	9th	10th	11th	12th
Yes	39%				23%	28%	44%	72%
No	61%				77%	72%	56%	28%

During your life, with how many people have you had sexual intercourse?

Response	All	6th	7th	8th	9th	10th	11th	12th
I have never had sexual intercourse	60%				76%	72%	56%	28%
1 person	15%				9%	14%	19%	22%
2 people	8%				4%	5%	9%	16%
3 people	6%				Conf.	6%	Conf.	12%
4 people	3%				4%	Conf.	Conf.	Conf.
5 people	3%				Conf.		Conf.	11%
6 or more people	5%				Conf.	Conf.	8%	7%

"Conf." indicates at least one (1) but fewer than five (5) cases in that response category.

Blank indicates no cases in that response category or no respondents in that grade.

Sexual Health

Have you ever been physically forced to have sexual intercourse when you did not want to?

Response	All	6th	7th	8th	9th	10th	11th	12th
Yes	11%				8%	11%	12%	14%
No	89%				92%	89%	88%	86%

How old were you when you had sexual intercourse for the first time?

Response	All	6th	7th	8th	9th	10th	11th	12th
I have never had sexual intercourse	59%				76%	66%	54%	30%
11 years old or younger	4%				Conf.	Conf.	6%	Conf.
12 years old	4%				Conf.	4%	Conf.	Conf.
13 years old	3%				Conf.	Conf.	4%	Conf.
14 years old	9%				11%	11%	4%	12%
15 years old	11%				Conf.	11%	15%	16%
16 years old	7%					Conf.	9%	20%
17 years old or older	3%						Conf.	12%

"Conf." indicates at least one (1) but fewer than five (5) cases in that response category.

Blank indicates no cases in that response category or no respondents in that grade.

Sexual Health

During the past 3 months, with how many people did you have sexual intercourse?

Response	All	6th	7th	8th	9th	10th	11th	12th
I have never had sexual intercourse	60%				74%	69%	55%	32%
I have had sexual intercourse, but not during the past 3 months	11%				7%	7%	13%	20%
1 person	22%				13%	18%	21%	41%
2 people	5%				Conf.	4%	5%	6%
3 people	1%				Conf.	Conf.	Conf.	
4 people	Conf.				Conf.		Conf.	
5 people	Conf.						Conf.	Conf.
6 or more people	Conf.						Conf.	

Did you drink alcohol or use drugs before you had sexual intercourse the last time?

Response	All	6th	7th	8th	9th	10th	11th	12th
I have never had sexual intercourse	60%				76%	71%	56%	28%
Yes	13%				8%	10%	10%	28%
No	27%				16%	20%	34%	44%

"Conf." indicates at least one (1) but fewer than five (5) cases in that response category.

Blank indicates no cases in that response category or no respondents in that grade.

Sexual Health

The last time you had sexual intercourse, did you or your partner use a condom?

Response	All	6th	7th	8th	9th	10th	11th	12th
I have never had sexual intercourse	61%				76%	72%	56%	28%
Yes	28%				14%	21%	29%	54%
No	12%				9%	7%	15%	18%

The last time you had sexual intercourse, what one method did you or your partner use to prevent pregnancy?

Response	All	6th	7th	8th	9th	10th	11th	12th
I have never had sexual intercourse	60%				76%	68%	55%	30%
No method was used to prevent pregnancy	5%				4%	Conf.	7%	Conf.
Birth control pills	7%				5%	4%	Conf.	20%
Condoms	22%				13%	22%	23%	35%
Depo-Provera (injectable birth control)	2%						Conf.	Conf.
Withdrawal	2%				Conf.	Conf.	Conf.	Conf.
Some other method	2%				Conf.		Conf.	Conf.
Not sure	1%						5%	Conf.

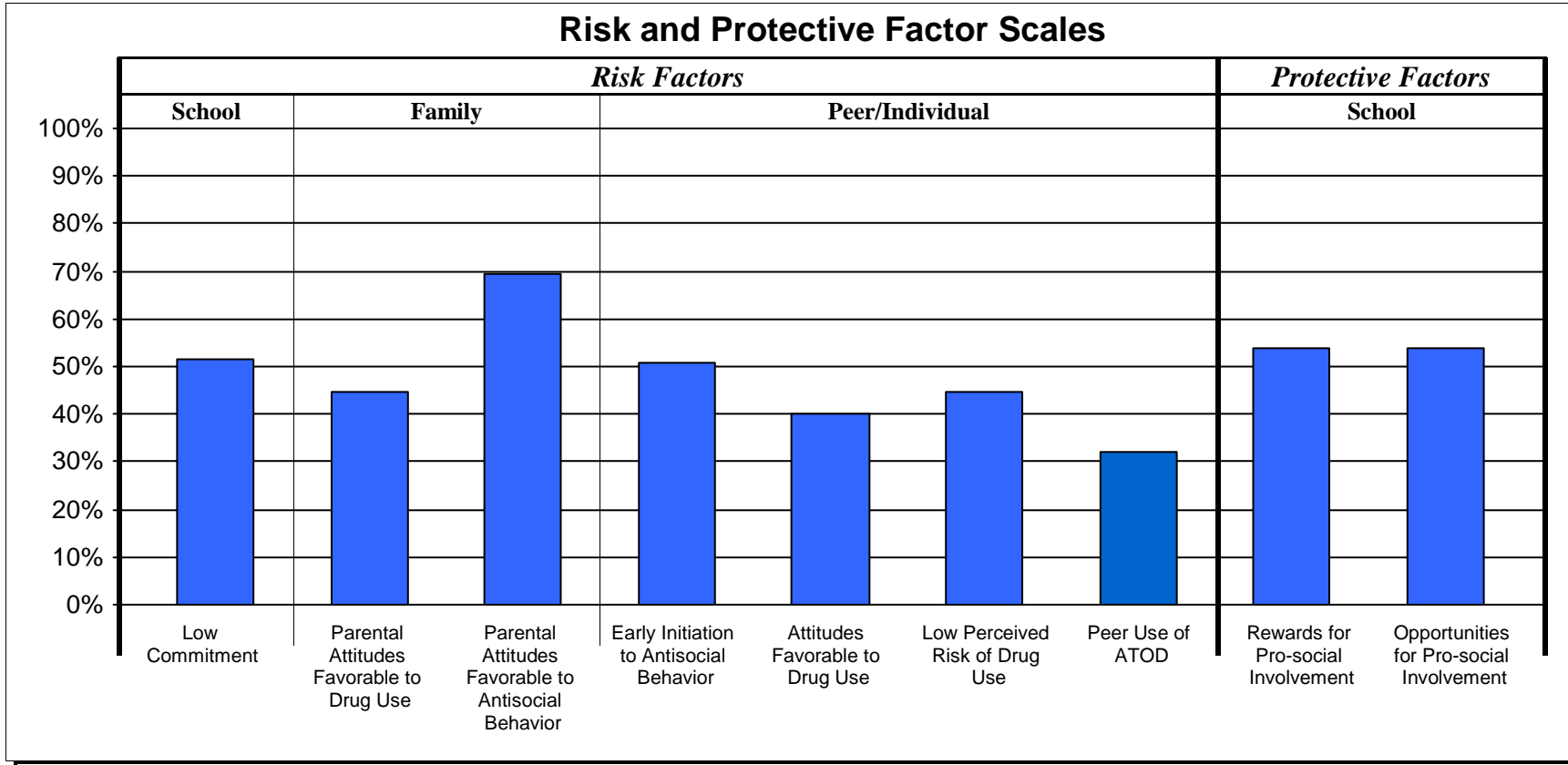
"Conf." indicates at least one (1) but fewer than five (5) cases in that response category.

Blank indicates no cases in that response category or no respondents in that grade.

Risk And Protective Factors

Risk and Protective Factors

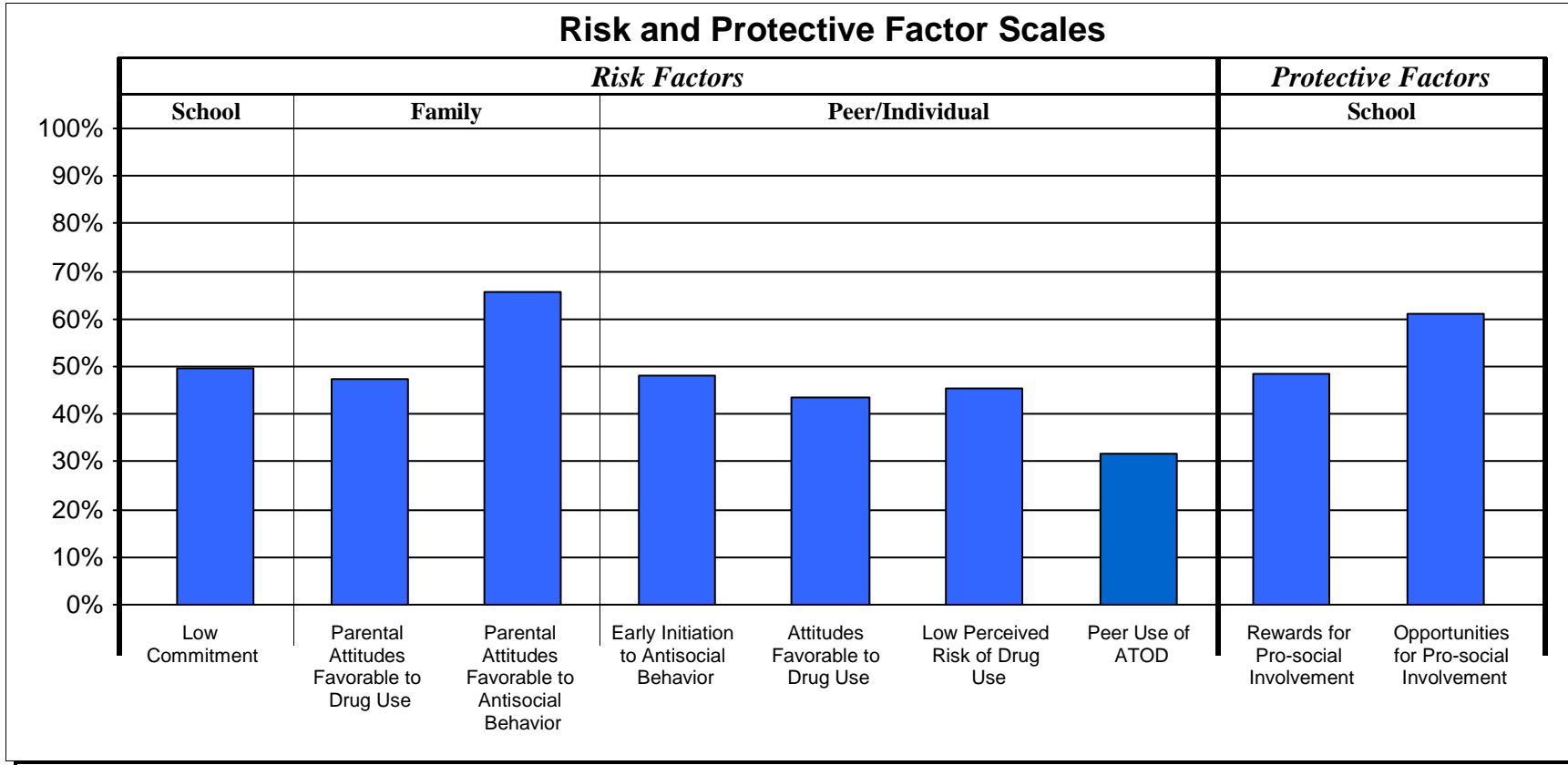
Grade: All



See Introduction for explanation of Risk and Protective Factors. See Appendix D for a detailed description of each of the Risk and Protective Factors.

Risk and Protective Factors

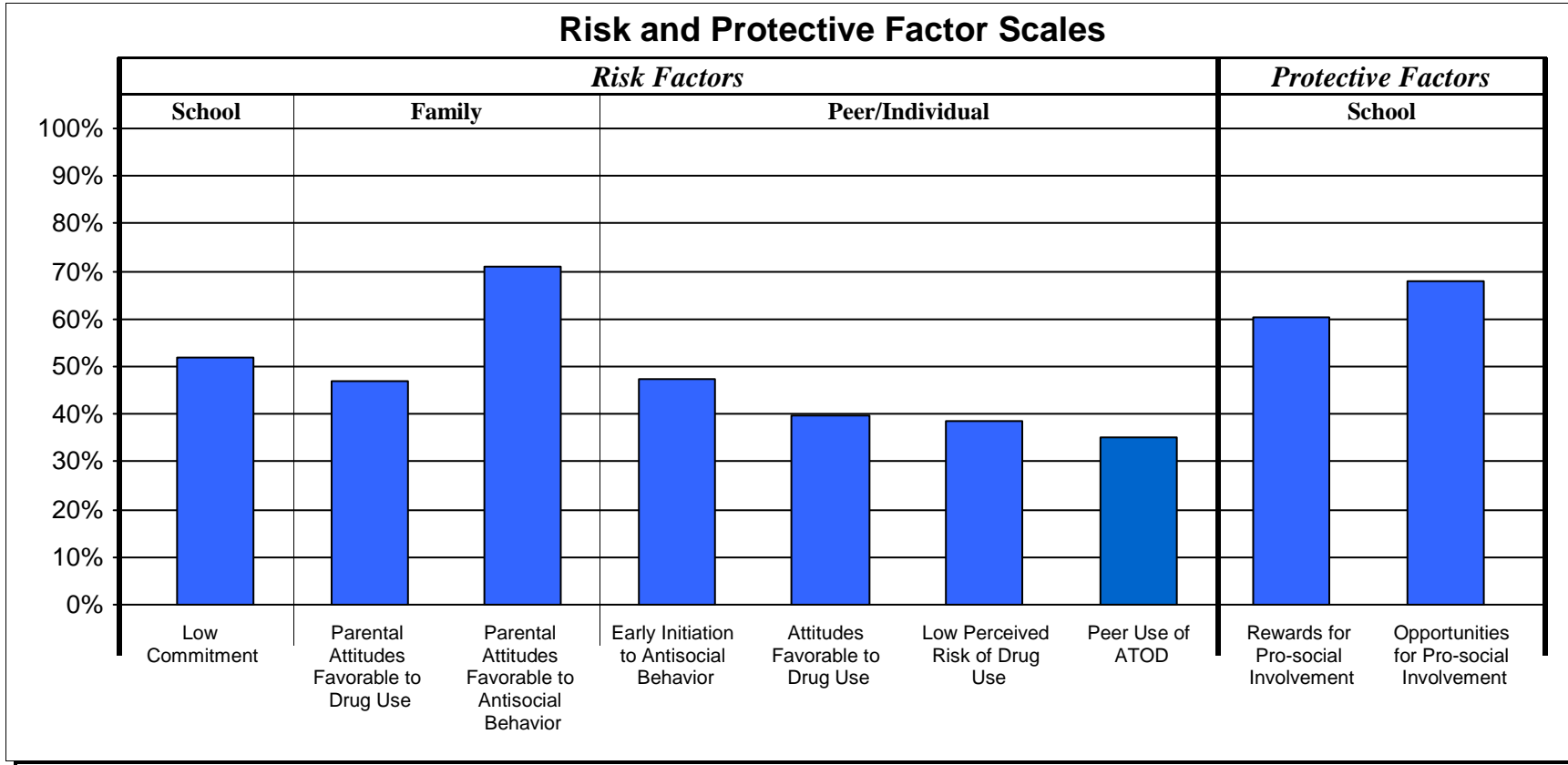
Grade: 9



See Introduction for explanation of Risk and Protective Factors. See Appendix D for a detailed description of each of the Risk and Protective Factors.

Risk and Protective Factors

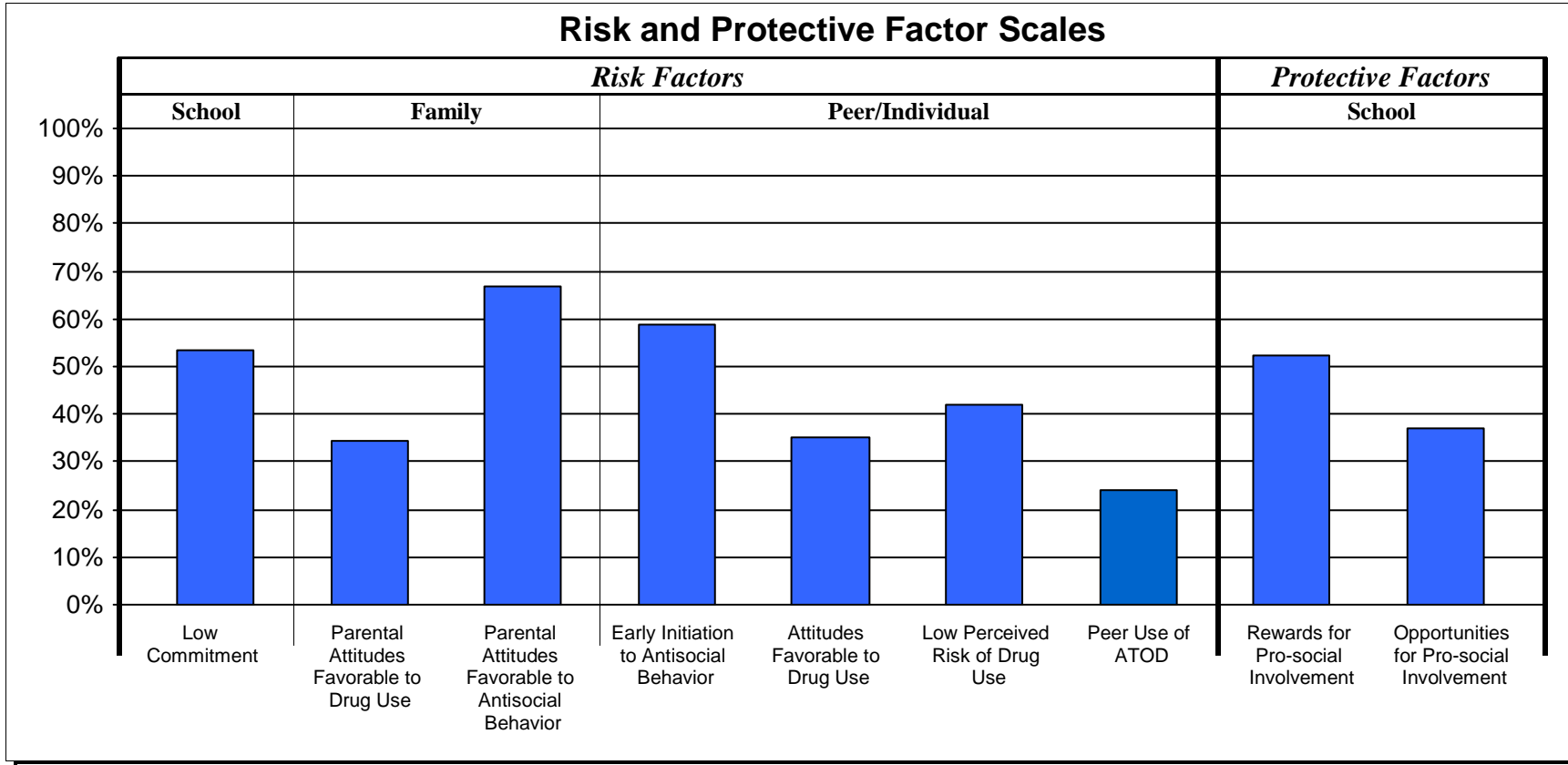
Grade: 10



See Introduction for explanation of Risk and Protective Factors. See Appendix D for a detailed description of each of the Risk and Protective Factors.

Risk and Protective Factors

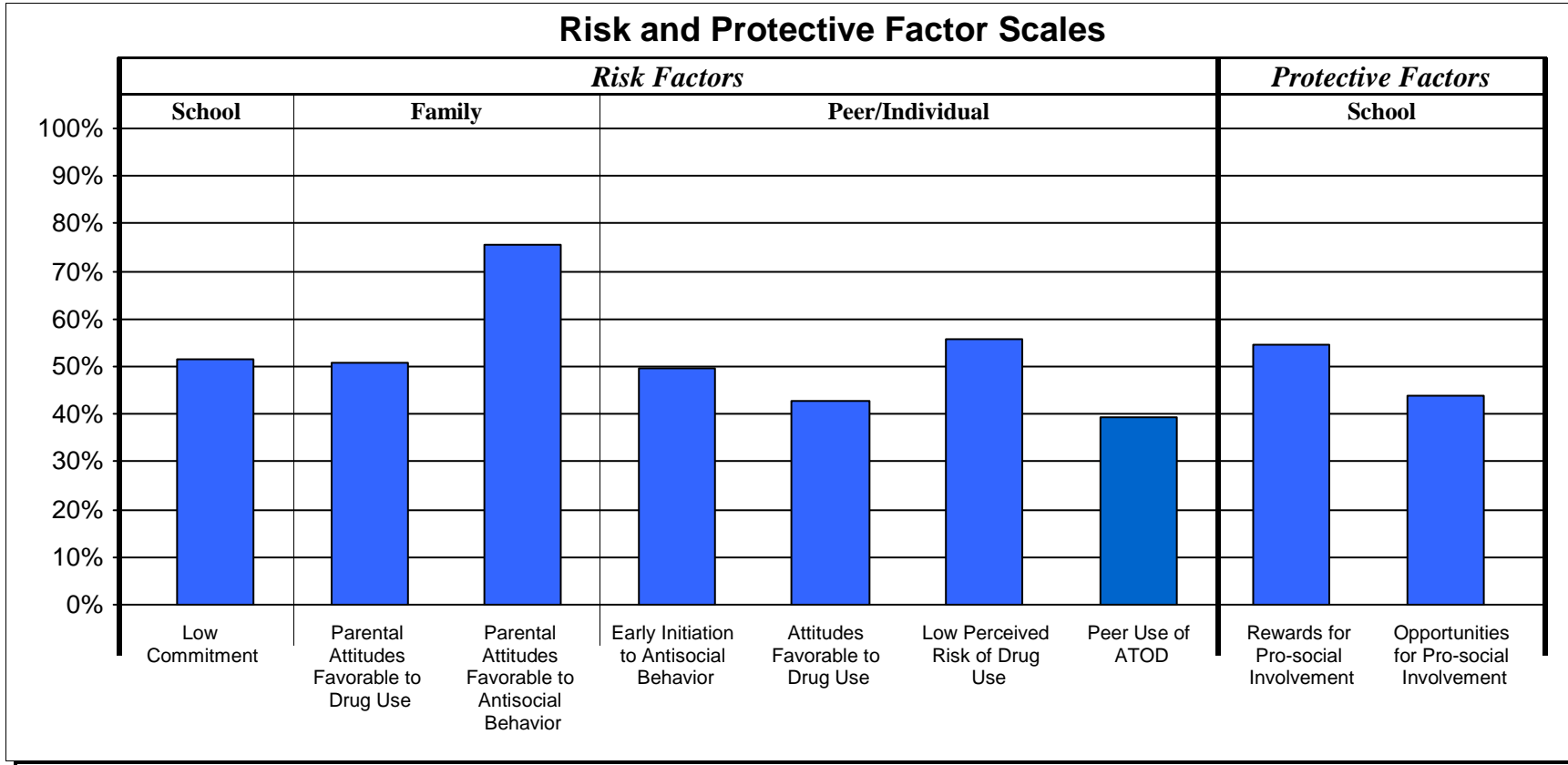
Grade: 11



See Introduction for explanation of Risk and Protective Factors. See Appendix D for a detailed description of each of the Risk and Protective Factors.

Risk and Protective Factors

Grade: 12



See Introduction for explanation of Risk and Protective Factors. See Appendix D for a detailed description of each of the Risk and Protective Factors.

Risk and Protective Factor Scales

School: Low Commitment (Risk)

Response	All	6th	7th	8th	9th	10th	11th	12th
Below Cutpoint	48%				50%	48%	47%	48%
Above Cutpoint	52%				50%	52%	53%	52%

Family: Parental Attitudes Favorable to Drug Use (Risk)

Response	All	6th	7th	8th	9th	10th	11th	12th
Below Cutpoint	55%				53%	53%	66%	49%
Above Cutpoint	45%				47%	47%	34%	51%

Family: Parental Attitudes Favorable to Anti-Social Behavior (Risk)

Response	All	6th	7th	8th	9th	10th	11th	12th
Below Cutpoint	31%				34%	29%	33%	24%
Above Cutpoint	69%				66%	71%	67%	76%

See Introduction for explanation of Risk and Protective Factors. See Appendix D for a detailed description of each of the Risk and Protective Factors.

"Conf." indicates at least one (1) but fewer than five (5) cases in that response category.

Blank indicates no cases in that response category or no respondents in that grade.

Risk and Protective Factor Scales

Peer-Individual: Early Initiation of Anti-Social Behavior (Risk)

Response	All	6th	7th	8th	9th	10th	11th	12th
Below Cutpoint	49%				52%	53%	41%	51%
Above Cutpoint	51%				48%	47%	59%	49%

Peer-Individual: Attitudes Favorable to Drug Use (Risk)

Response	All	6th	7th	8th	9th	10th	11th	12th
Below Cutpoint	60%				56%	60%	65%	57%
Above Cutpoint	40%				44%	40%	35%	43%

Peer-Individual: Low Perceived Risk of Drug Use (Risk)

Response	All	6th	7th	8th	9th	10th	11th	12th
Below Cutpoint	56%				55%	62%	58%	44%
Above Cutpoint	44%				45%	38%	42%	56%

See Introduction for explanation of Risk and Protective Factors. See Appendix D for a detailed description of each of the Risk and Protective Factors.

"Conf." indicates at least one (1) but fewer than five (5) cases in that response category.

Blank indicates no cases in that response category or no respondents in that grade.

Risk and Protective Factor Scales

Peer-Individual: Peer Use of ATOD (Risk)

Response	All	6th	7th	8th	9th	10th	11th	12th
Below Cutpoint	68%				68%	65%	76%	61%
Above Cutpoint	32%				32%	35%	24%	39%

School: Rewards for Pro-Social Involvement (Protective)

Response	All	6th	7th	8th	9th	10th	11th	12th
Below Cutpoint	46%				52%	40%	48%	45%
Above Cutpoint	54%				48%	60%	52%	55%

School: Opportunities for Pro-Social Involvement (Protective)

Response	All	6th	7th	8th	9th	10th	11th	12th
Below Cutpoint	46%				39%	32%	63%	56%
Above Cutpoint	54%				61%	68%	37%	44%

See Introduction for explanation of Risk and Protective Factors. See Appendix D for a detailed description of each of the Risk and Protective Factors.

"Conf." indicates at least one (1) but fewer than five (5) cases in that response category.

Blank indicates no cases in that response category or no respondents in that grade.

Appendices

APPENDIX A

FREQUENTLY ASKED QUESTIONS

Who took the HKC Survey?

The HKC Survey was administered to middle and high school students throughout Colorado who chose to participate. The survey was offered to students in English and in Spanish.

How was the survey administered?

In most cases, the survey was administered by classroom teachers during regular class periods on a specified day during the 2005-2006 school year. A contact person from each school worked with the survey coordinators at OMNI to ensure that the survey reached as many eligible students as possible.

Did the students have to participate?

No. Participation in the HKC Survey is always voluntary. Parents were notified of the survey ahead of time, and they were given the opportunity to refuse their student's participation by sending back a refusal form. Students were also informed of their right to refuse. Teachers were provided with training and materials to ensure that students' participation in the survey was voluntary and that all responses were anonymous and confidential. In addition, students were reminded several times that they could skip any question(s) they did not wish to answer, and that they could stop at any time.

Are these data representative of our student population?

The more students who participate from a certain grade, school, or district, the more representative the data will be of the population in that grade, school, or district. When the response rate is 70% or greater, one can be very confident that the data reflect the experiences of the population being assessed. As response rates decline, one can be less confident that they accurately represent the experiences of the student population.

How do we know the students were honest?

Research on student self-report of substance use and antisocial behavior indicates that students tend to be honest about their behavior and experience on anonymous, confidential surveys such as the HKC Survey. Furthermore, strategies were built into the analysis of this survey to screen for dishonest or inconsistent responses. If a student's data did not meet the criteria for honesty or consistency, it was not included in the analyses.

How were the survey questions selected?

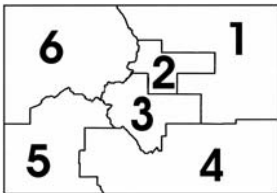
The survey questions have been derived from extensive research over the past 20 years in the field of prevention science and related fields. They have been tested on large diverse samples of youth to ensure that they accurately and consistently measure each behavior or factor.

**APPENDIX B
CONTACTS FOR PREVENTION**

OMNI Institute

899 Logan Street, Suite 600
Denver, CO 80203-3156
303-839-9422 or 800/279-2070
Fax: 303-839-9420
<http://www2.omni.org/>

Regional Prevention Specialists



Region 1:

Jodi Radke
504 W Eisenhower Blvd.
Suite 201, Box 1
Loveland, CO 80537
970-593-0578
970-214-4808 (cell)
jradke@omni.org

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Ailala Kay Trujillo
OMNI Institute
899 Logan St., Suite 600
Denver, CO 80203
303-839-9422 or 800-279-2070 x23
303-839-9420 (fax)
303-956-3019 (cell)
atrujillo@omni.org

Region 2:

Amy Swiatek
OMNI Institute
899 Logan St., Suite 600
Denver, CO 80203
303-839-9422 or 800-279-2070 x15
303-229-9193 (cell)
303-839-9420 (fax)
aswiatek@omni.org

Region 3:

Lucia Waterman Hand
1137 D Street
Salida, Colorado 81201
719-539-4196 (cell)
lhand@omni.org

Region 4

Valarie Ruybal
641 East Northern Avenue
Pueblo, CO 81006
719-546-1630
719-251-4820 (cell)
719-546-1837 (fax)
vruybal@omni.org

Region 5

John Lopez
Office physical address:
300 North Elm Street
Cortez, CO 81321
Office mailing address:
P.O. Box 1723
Cortez, CO 81321
970-565-0200
719-251-2306 (cell)
970-565-0287 (fax)
jlopez@omni.org

Region 6

Jill Havens
WCAHEC
592 32 Road
Clifton, CO 81520
970-434-5474 x107
970-261-6951 (Cell)
970-434-9212 (Fax)
jhavens@omni.org

**Southwest Center for the Application
of Prevention Technology**

Michelle Frye
OMNI Institute
899 Logan Street, Suite 600
Denver, CO 80203
303-839-9422 or 800-279-2070 x32
303-839-9420 (fax)
mfrye@ou.edu

Alcohol and Drug Abuse Division - Colorado

Department of Human Services
4055 South Lowell Blvd.
Denver, CO 80236
303-866-7480
303-866-7481 fax

<http://www.cdhs.state.co.us/ohr/adad/index.html>

Center for Substance Abuse Prevention

5600 Fishers Lane, Rockwall II
Rockville, MD 20857
301-443-0365

www.samhsa.gov/csap/

Center for Substance Abuse Prevention Decision Support System

Features web-based access to a toolkit of prevention planning, implementation, and evaluation resources

1-866-462-7411

<http://www.preventiondss.org/>

Division of Prevention Services for Children and Youth

Department of Public Health and Environment

4300 Cherry Creek Drive S.

Denver, CO 80246

303-692-2501

<http://www.cdphe.state.co.us/ps/ips/>

National Center for the Application of Prevention Technologies (National CAPT)

202-260-3954

www.captus.org

Rocky Mountain Center Prevention Information Center

7525 West 10th Avenue

Lakewood, CO 80215

Tel: 303-239-8633 or 800-251-4772

Fax: 303/239-8428

www.rmc.org/pages/pic.html

Safe and Drug-Free Schools

US Department of Education

Office of Elementary and Secondary Education

Tel: 202-260-2812

email: safeschl@ed.gov

<http://www.ed.gov/offices/OESE/SDFS>

Colorado Department of Education

www.cde.state.co.us

Social Development Research Group

University of Washington

9725 3rd Avenue NE, Suite 401

Seattle, WA 98115-2024

Tel: (206) 685-1997

Fax: (206) 543-4507

<http://staff.washington.edu/sdrg>

Southwest Center for the Application of Prevention Technology

Central Offices

555 Constitution Avenue, Room 132

Norman, OK 73072

Tel: 405-325-1454 or 800-853-2572

Fax: 405-325-7092

www.swcapt.org

Substance Abuse and Mental Health Services Administration (SAMHSA)

www.samhsa.gov

APPENDIX C

MODEL PROGRAM RESOURCES

Blueprints for Violence Prevention

The Center for the Study and Prevention of Violence at the University of Colorado at Boulder, with support from the Centers for Disease Control and Prevention and OJJDP, designed and launched a national violence prevention initiative to identify violence prevention programs that are effective. The project has identified 11 model programs that meet a strict scientific standard of program effectiveness. Another 18 programs have been identified as promising. These interventions have been summarized in a series of "blueprints" that describe their theoretical rationales, core components, evaluation designs and results, and practical implementation experiences across multiple sites.

<http://www.colorado.edu/cspv/blueprints/>

Center for the Application of Prevention Technologies (CSAP)'s Northeast CAPT's Database of Effective Prevention Programs

CSAP's Northeast CAPT has created an online, searchable database of effective prevention programs approved by a variety of federal and research agencies. The database allows visitors to compare selection criteria across agencies, review information about the sources those agencies used for their evaluations, and find contact information and descriptions of each intervention.

<http://www.hhd.org/capt/default.asp>

Center for the Application of Prevention Technologies (CSAP)'s Western CAPT's Best and Promising Practices

This searchable database includes practices that have been shown to be effective in preventing substance abuse and/or the risk factors for substance abuse. Information is provided regarding training, technical assistance and/or materials that facilitate replication of each practice.

<http://casat.unr.edu/bestpractices/alpha-list.php>

Exemplary and Promising Safe, Disciplined and Drug-Free Schools Programs 2001

Safe, Disciplined and Drug-Free Schools Expert Panel

U.S. Department of Education

The U.S. Department of Education's Safe and Drug-Free Schools Program has used an expert panel process to identify programs that should be promoted nationally as promising or exemplary. A 15-member Expert Panel oversaw a valid and reliable process for identifying effective school-based programs that promote healthy students and safe, disciplined, and drug-free schools. Using this process, the panel identified 9 exemplary and 33 promising programs.

<http://www.ed.gov/admins/lead/safety/exemplary01/exemplary01.pdf>

Juvenile Justice Evaluation Center

Justice Research Statistics Association

<http://www.jrsa.org/jjec>

National Youth Gang Center

Office of Juvenile Justice and Delinquency Prevention

Strategic Planning Tool

<http://www.iir.com/nygc/tool/default.htm>

Office of Juvenile Justice and Delinquency Prevention (OJJDP) Model Programs Guide

The OJJDP Model Programs Guide is a user-friendly, online portal to scientifically tested and proven programs that address a range of issues across the juvenile justice spectrum. Developed as a tool to support the Title V Community Prevention Grants Program, the Guide has been recently expanded. The Guide now profiles more than 175 prevention and intervention programs and helps communities identify those that best suit their needs. Users can search the Guide's database by program category, target population, risk and protective factors, effectiveness rating, and other parameters. Juvenile justice practitioners are encouraged to take advantage of this helpful resource.

http://www.dsgonline.com/mpg2.5/mpg_index.htm

Search for model programs by Risk and Protective Factors

http://www.dsgonline.com/mpg2.5/TitleV_MPG_INTRO_Splash.asp

Preventing Crime: What Works, What Doesn't, What's Promising

A Report to the United States Congress

University of Maryland

<http://www.ncjrs.org/works/>

Strengthening America's Families

Effective Family Programs for Prevention of Delinquency

Department of Health Promotion and Education

University of Utah

<http://www.strengtheningfamilies.org/>

Substance Abuse and Mental Health Services Administration (SAMHSA) Model Programs

U.S. Department of Health and Human Services

The SAMHSA Model Programs featured on this site have been rigorously evaluated and have provided solid proof that they have prevented or reduced substance abuse and other related high-risk behaviors. All programs have been reviewed by SAMHSA's National Registry of Evidence-based Programs and Practices (NREPP). This Web site serves as a comprehensive resource for anyone interested in learning about and/or implementing these programs.

<http://modelprograms.samhsa.gov/template.cfm?page=default>

Truancy Prevention—Empowering Students, Schools, and Communities

Office of Juvenile Justice and Delinquency Prevention

<http://ojjdp.ncjrs.org/truancy/>

**APPENDIX D
RISK AND PROTECTIVE FACTOR SCALE DESCRIPTIONS**

School Domain	
<i>Protective Factors</i>	
Opportunities for Pro-Social Involvement	When young people are given more opportunities to participate meaningfully in important activities at school, they are less likely to engage in drug use and other negative outcomes.
Rewards for Pro-Social Involvement	When young people are recognized and rewarded for their contributions at school, they are less likely to be involved in substance use and other negative outcomes.
<i>Risk Factors</i>	
Low Commitment	Surveys of high school seniors have shown that the use of hallucinogens, cocaine, heroin, stimulants, and sedatives or non-medically prescribed tranquilizers is significantly lower among students who expect to attend college than among those who do not. Factors such as liking school, spending time on homework, and perceiving the coursework as relevant are also negatively related to drug use.
Family Domain	
<i>Risk Factors</i>	
Parental Attitudes Favorable to Drug Use and Antisocial Behavior	In families where parents use illegal drugs, are heavy users of alcohol, or are tolerant of children's use, children are more likely to become drug abusers during adolescence. The risk is further increased if parents involve children in their own drug (or alcohol) using behavior, for example, asking the child to light the parent's cigarette or get a beer from the refrigerator.

Peer-Individual	
<i>Risk Factors</i>	
Peer Use of ATOD	Young people who associate with peers who engage in alcohol, tobacco or other drugs are much more likely to engage in the same behavior. Peer drug use has consistently been found to be among the strongest predictors of substance use among youth. Even when young people come from well-managed families and do not experience other risk factors, spending time with friends who use drugs greatly increased the risk of that problem developing.
Low Perceived Risk of Drug Use	Young people who do not perceive drug use to be risky are far more likely to engage in drug use.
Attitudes Favorable to Drug Use	Initiation of use of any substance is preceded by values favorable to its use. During elementary school years, most children express anti-drug, anti-crime, and pro-social attitudes and have difficulty imagining why people use drugs; their attitudes often shift toward greater acceptance of these behaviors. Youth who express positive attitudes toward drug use are at higher risk for subsequent drug use.
Early Initiation of Antisocial Behavior	Research shows that the early incidence of anti-social behavior also predicts greater involvement in substance use and abuse.

FACTOR SCALES and ITEMS

This provides brief descriptions of each scale and is accompanied by the survey questions comprising the scale. Information is organized by domain, beginning with protective factors and then risk factors, followed by items.

DOMAIN: SCHOOL

Protective Factor Scales

Opportunities for Pro-Social Involvement

The degree to which respondents feel that they can interact with teachers and can participate in school related activities.

Survey Questions:

- 100. In my school, students have lots of chances to help decide things like class activities and rules.
- 101. Teachers ask me to work on special classroom projects.
- 102. There are a lot of chances for students in my school to get involved in sports, clubs, and other school activities outside of class.
- 103. There are lots of chances for students in my school to talk with a teacher one-on-one.
- 104. I have lots of chances to be part of class discussions or activities.

Rewards for Pro-Social Involvement

The degree to which respondents feel acknowledged by teachers and their parents relative to their (the students') school involvement and performance.

Survey Questions:

- 7. I feel safe at my school.
- 105. My teacher(s) notices when I am doing a good job and lets me know about it.
- 106. The school lets my parents know when I have done something well.
- 107. My teachers praise me when I work hard in school.

Risk Factor Scales

Low Commitment to School

The degree to which students find school and homework interesting and important.

Survey Questions:

93. During the LAST FOUR WEEKS how many whole days of school have you missed because you skipped or “cut”?
94. How often do you feel that the school work you are assigned is meaningful and important?
95. How interesting are most of your courses to you?
96. How important do you think the things you are learning in school are going to be for your later life?
97. Now thinking back over the past year in school, how often did you enjoy being in school?
98. Now thinking back over the past year in school, how often did you hate being in school?
99. Now thinking back over the past year in school, how often did you try to do your best work in school?

DOMAIN: FAMILY

Risk Factor Scales

Parental Attitudes Favorable to Drug Use

The degree to which respondents report their parents would feel it is wrong if they (the respondents) drink liquor, smoke marijuana, or smoke cigarettes.

Survey Questions:

54. How wrong do your parents/guardians feel it would be for you to smoke cigarettes?
65. How wrong do your parents/guardians feel it would be for you to drink beer, wine or hard liquor (for example, vodka, whiskey, or gin) regularly?
75. How wrong do your parents/guardians feel it would be for you to smoke marijuana?

Parental Attitudes Favorable to Anti-Social Behavior

The degree to which respondents report their parents would feel it is wrong if they (the respondents) steal, draw graffiti, or fight.

Survey Questions:

23. How wrong do your parents/guardians feel it would be for you to steal something worth more than \$5.00 dollars?
24. How wrong do your parents/guardians feel it would be for you to draw graffiti, write things, or draw pictures on buildings or other property (without the owner's permission)?
25. How wrong do your parents/guardians feel it would be for you to pick a fight with someone?

DOMAIN: PEER INDIVIDUAL

Risk Factor Scales

Early Initiation of Antisocial Behavior:

The age at which respondents report first trying a variety of negative behavior.

Survey Questions:

31. How old were you when you first got suspended from school?
32. How old were you when you first got arrested?
33. How old were you when you first carried a handgun?
34. How old were you when you first attacked someone with the idea of seriously hurting them?

Attitudes Favorable Toward Drug Use

The extent to which respondents themselves feel that drinking, smoking, or taking illicit drugs for youths their age is inappropriate.

Survey Questions:

52. How wrong do you think it is for someone your age to smoke cigarettes?
63. How wrong do you think it is for someone your age to drink beer, wine, or hard liquor, (for example, vodka, whiskey, or gin) regularly?
73. How wrong do you think it is for someone your age to smoke marijuana?
87. How wrong do you think it is for someone your age to use LSD, cocaine, amphetamines, or another illegal drug?

Peer use of ATOD

The number of a respondent's friends who take illegal drugs, drink alcohol, and smoke cigarettes.

Survey Questions:

53. Think of your **four best friends** (the friends you feel closest to). In the past year (12 months), how many of your best friends have smoked cigarettes?

64. Think of your **four best friends** (the friends you feel closest to). In the past year (12 months), how many of your best friends have tried beer, wine, or hard liquor (for example, vodka, whiskey, or gin) when their parents didn't know about it?

74. Think of your **four best friends** (the friends you feel closest to). In the past year (12 months), how many of your best friends have used marijuana?

86. Think of your **four best friends** (the friends you feel closest to). In the past year (12 months), how many of your best friends have used LSD, cocaine, amphetamines, or other illegal drugs.

Low Perceived Risk of Drug Use

The extent to which respondents feel that people risk harming themselves if they smoke cigarettes, drink or smoke marijuana.

Survey Questions:

53. How much do you think people risk harming themselves (physically or in other ways) if they:

51. How much do you think people risk harming themselves (physically or in other ways) if they smoke one or more packs of cigarettes per day?

71. How much do you think people risk harming themselves (physically or in other ways) if they try marijuana once or twice?

72. How much do you think people risk harming themselves (physically or in other ways) if they smoke marijuana regularly?

61. How much do you think people risk harming themselves (physically or in other ways) if they take one or two drinks of an alcoholic beverage (beer, wine, liquor) nearly every day?



SURVEY CODE: B

Healthy Kids Colorado Survey High School

This survey is about health behavior. It has been developed so you can tell us what you do that may affect your health. The information you give will be used to develop better health education for young people like yourself.

DO NOT write your name on this survey or answer sheet. The answers you give will be kept private. No one will know what you write. Answer the questions based on what you really do.

Completing the survey is voluntary. Whether or not you answer the questions will not affect your grade in this class. If you are not comfortable answering a question, just leave it blank.

The questions that ask about your background will be used only to describe the types of students completing this survey. The information will not be used to find out your name. No names will ever be reported.

Make sure to read every question. Fill in the circles completely. When you are finished, follow the instructions of the person giving you the survey.

Thank you very much for your help.

Directions

- Use a #2 pencil only.
- Answer only on answer sheet.
- Make dark marks.
- Fill in a response like this: ● B C D.
- To change your answer, erase **completely**.

1. How old are you?
A. 12 years old or younger
B. 13 years old
C. 14 years old
D. 15 years old
E. 16 years old
F. 17 years old
G. 18 years old or older
2. What is your sex?
A. Female
B. Male
3. In what grade are you?
A. 6th grade
B. 7th grade
C. 8th grade
D. 9th grade
E. 10th grade
F. 11th grade
G. 12th grade
H. Ungraded or other grade
4. How do you describe yourself? (Select one or more responses)
A. American Indian or Alaska Native
B. Asian
C. Black or African American
D. Hispanic or Latino
E. Native Hawaiian or Other Pacific Islander
F. White
5. Were you born in the United States?
A. Yes
B. No
C. I Don't Know
6. What is the language you use most often at home?
A. English
B. Spanish
C. Another language

The next 12 questions ask about personal safety.

7. I feel safe at my school.
A. NO!
B. no
C. yes
D. YES!
8. During the past 12 months, how many times have you been harassed or bullied on school property?
A. 0 times
B. 1 time
C. 2 or 3 times
D. 4 or 5 times
E. 6 or 7 times
F. 8 or 9 times
G. 10 or 11 times
H. 12 or more times
9. During the past 12 months, how many times has someone tried to hurt you by hitting, punching, or kicking you while on school property?
A. 0 times
B. 1 time
C. 2 or 3 times
D. 4 or 5 times
E. 6 or 7 times
F. 8 or 9 times
G. 10 or 11 times
H. 12 or more times
10. During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?
A. 0 days
B. 1 day
C. 2 or 3 days
D. 4 or 5 days
E. 6 or more days
11. During the past 12 months, how many times has someone threatened or injured you with a weapon such as a gun, knife, or club on school property?
A. 0 times
B. 1 time
C. 2 or 3 times
D. 4 or 5 times
E. 6 or 7 times
F. 8 or 9 times
G. 10 or 11 times
H. 12 or more times

12. During the past 30 days, have you been the victim of a verbal slur because of your weight, size, or physical appearance?
 - A. Yes
 - B. No
 - C. Not sure
13. During the past 30 days, have you been the victim of a verbal slur because of your gender?
 - A. Yes
 - B. No
 - C. Not sure
14. When you rode a bicycle during the past 12 months, how often did you wear a helmet?
 - A. I did not ride a bicycle during the past 12 months
 - B. Never wore a helmet
 - C. Rarely wore a helmet
 - D. Sometimes wore a helmet
 - E. Most of the time wore a helmet
 - F. Always wore a helmet
15. How often do you wear a seat belt when riding in a car driven by someone else?
 - A. Never
 - B. Rarely
 - C. Sometimes
 - D. Most of the time
 - E. Always
16. How often do you wear a seatbelt when driving a car?
 - A. I do not drive a car
 - B. Never wear a seatbelt
 - C. Rarely wear a seatbelt
 - D. Sometimes wear a seatbelt
 - E. Most of the time wear a seatbelt
 - F. Always wear a seatbelt
17. During the past 30 days, how many times did you ride in a car or other vehicle driven by someone who had been drinking alcohol?
 - A. 0 times
 - B. 1 time
 - C. 2 or 3 times
 - D. 4 or 5 times
 - E. 6 or more times

18. During the past 30 days, how many times did you drive a car or other vehicle when you had been drinking alcohol?
 - A. 0 times
 - B. 1 time
 - C. 2 or 3 times
 - D. 4 or 5 times
 - E. 6 or more times

The next 18 questions ask about behavior.

19. How wrong is it to damage or mark up public or private property on purpose?
 - A. Very wrong
 - B. Wrong
 - C. A little bit wrong
 - D. Not wrong at all
20. How wrong is it to steal something valuable, like someone's palm pilot, backpack, or wallet?
 - A. Very wrong
 - B. Wrong
 - C. A little bit wrong
 - D. Not wrong at all
21. How wrong is it to hit someone because you didn't like what he or she did or said?
 - A. Very wrong
 - B. Wrong
 - C. A little bit wrong
 - D. Not wrong at all
22. How wrong is it to carry a hidden weapon?
 - A. Very wrong
 - B. Wrong
 - C. A little bit wrong
 - D. Not wrong at all
23. How wrong do **your parents/guardians feel** it would be for **you** to steal something worth more than \$5.00 dollars?
 - A. Very wrong
 - B. Wrong
 - C. A little bit wrong
 - D. Not wrong at all
24. How wrong do **your parents/guardians feel** it would be for **you** to draw graffiti, write things, or draw pictures on buildings or other property (without the owner's permission)?
 - A. Very wrong
 - B. Wrong
 - C. A little bit wrong
 - D. Not wrong at all

25. How wrong do **your parents/guardians** feel it would be for **you** to pick a fight with someone?
- A. Very wrong
 - B. Wrong
 - C. A little bit wrong
 - D. Not wrong at all
26. During the past 30 days, on how many days did you carry a weapon such as a gun, knife, or club on school property?
- A. 0 days
 - B. 1 day
 - C. 2 or 3 days
 - D. 4 or 5 days
 - E. 6 or more days
27. During the past 12 months, how many times has someone stolen or deliberately damaged your property such as your car, clothing, or books on school property?
- A. 0 times
 - B. 1 time
 - C. 2 or 3 times
 - D. 4 or 5 times
 - E. 6 or 7 times
 - F. 8 or 9 times
 - G. 10 or 11 times
 - H. 12 or more times
28. During the past 12 months, how many times were you in a physical fight?
- A. 0 times
 - B. 1 time
 - C. 2 or 3 times
 - D. 4 or 5 times
 - E. 6 or 7 times
 - F. 8 or 9 times
 - G. 10 or 11 times
 - H. 12 or more times
29. During the past 12 months, how many times were you in a physical fight in which you were injured and had to be treated by a doctor or nurse?
- A. 0 times
 - B. 1 time
 - C. 2 or 3 times
 - D. 4 or 5 times
 - E. 6 or 7 times
 - F. 8 or 9 times
 - G. 10 or 11 times
 - H. 12 or more times
30. During the past 12 months, how many times were you in a physical fight on school property?
- A. 0 times
 - B. 1 time
 - C. 2 or 3 times
 - D. 4 or 5 times
 - E. 6 or 7 times
 - F. 8 or 9 times
 - G. 10 or 11 times
 - H. 12 or more times
31. How old were you when you first got **suspended** from school?
- A. I have never been suspended
 - B. 8 years old or younger
 - C. 9 or 10 years old
 - D. 11 or 12 years old
 - E. 13 or 14 years old
 - F. 15 or 16 years old
 - G. 17 years old or older
32. How old were you when you first got **arrested**?
- A. I have never been arrested
 - B. 8 years old or younger
 - C. 9 or 10 years old
 - D. 11 or 12 years old
 - E. 13 or 14 years old
 - F. 15 or 16 years old
 - G. 17 years old or older
33. How old were you when you first carried a **handgun**?
- A. I never have carried a handgun
 - B. 8 years old or younger
 - C. 9 or 10 years old
 - D. 11 or 12 years old
 - E. 13 or 14 years old
 - F. 15 or 16 years old
 - G. 17 years old or older
34. How old were you when you first **attacked someone** with the idea of seriously hurting them?
- A. I never have attacked someone
 - B. 8 years old or younger
 - C. 9 or 10 years old
 - D. 11 or 12 years old
 - E. 13 or 14 years old
 - F. 15 or 16 years old
 - G. 17 years old or older

35. During the past 12 months, did your boyfriend or girlfriend ever hit, slap, or physically hurt you on purpose?
A. Yes
B. No
36. Have you ever been physically forced to have sexual intercourse when you did not want to?
A. Yes
B. No

The next 9 questions ask about sad feelings and attempted suicide. Sometimes people feel so depressed about the future that they may consider attempting suicide, that is, taking some action to end their own life.

37. Sometimes I think life is not worth it.
A. NO!
B. no
C. yes
D. YES!
38. All in all, I am inclined to feel that I am a failure.
A. NO!
B. no
C. yes
D. YES!
39. At times I think I am no good at all.
A. NO!
B. no
C. yes
D. YES!
40. In the past 12 months have you felt depressed or sad MOST days, even if you felt OK sometimes?
A. NO!
B. no
C. yes
D. YES!
41. During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?
A. Yes
B. No

42. During the past 12 months, did you ever seriously consider attempting suicide?
A. Yes
B. No
43. During the past 12 months, did you make a plan about how you would attempt suicide?
A. Yes
B. No
44. During the past 12 months, how many times did you actually attempt suicide?
A. 0 times
B. 1 time
C. 2 or 3 times
D. 4 or 5 times
E. 6 or more times
45. If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?
A. I did not attempt suicide during the past 12 months
B. Yes
C. No

The next 9 questions ask about tobacco use.

46. How old were you when you smoked a whole cigarette for the first time?
A. I have never smoked a whole cigarette
B. 8 years old or younger
C. 9 or 10 years old
D. 11 or 12 years old
E. 13 or 14 years old
F. 15 or 16 years old
G. 17 years old or older
47. During the past 30 days, on how many days did you smoke cigarettes?
A. 0 days
B. 1 or 2 days
C. 3 to 5 days
D. 6 to 9 days
E. 10 to 19 days
F. 20 to 29 days
G. All 30 days

48. During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?
- A. I did not smoke cigarettes during the past 30 days
 - B. Less than 1 cigarette per day
 - C. 1 cigarette per day
 - D. 2 to 5 cigarettes per day
 - E. 6 to 10 cigarettes per day
 - F. 11 to 20 cigarettes per day
 - G. More than 20 cigarettes per day
49. During the past 30 days, on how many days did you use chewing tobacco, snuff, or dip, such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, or Copenhagen?
- A. 0 days
 - B. 1 or 2 days
 - C. 3 to 5 days
 - D. 6 to 9 days
 - E. 10 to 19 days
 - F. 20 to 29 days
 - G. All 30 days
50. If you wanted to get some cigarettes, how easy would it be for you to get some?
- A. Very hard
 - B. Sort of hard
 - C. Sort of easy
 - D. Very easy
51. How much do you think people **risk harming themselves** (physically or in other ways) if they smoke one or more packs of cigarettes **per day**?
- A. No risk
 - B. Slight risk
 - C. Moderate risk
 - D. Great risk
52. How wrong do **you** think it is for **someone your age** to smoke cigarettes?
- A. Very wrong
 - B. Wrong
 - C. A little bit wrong
 - D. Not wrong at all

53. Think of your **four best friends** (the friends you feel closest to). In the past year (12 months), how many of your best friends have smoked cigarettes?
- A. None of my friends
 - B. 1 of my friends
 - C. 2 of my friends
 - D. 3 of my friends
 - E. 4 of my friends
54. How wrong do **your parents/guardians** feel it would be for **you** to smoke cigarettes?
- A. Very wrong
 - B. Wrong
 - C. A little bit wrong
 - D. Not wrong at all

The next 11 questions ask about drinking alcohol. This includes drinking beer, wine, wine coolers, and liquor such as rum, gin, vodka, or whiskey. For these questions, drinking alcohol does not include drinking a few sips of wine for religious purposes.

55. How old were you when you had your first drink of alcohol other than a few sips?
- A. I have never had a drink of alcohol other than a few sips
 - B. 8 years old or younger
 - C. 9 or 10 years old
 - D. 11 or 12 years old
 - E. 13 or 14 years old
 - F. 15 or 16 years old
 - G. 17 years old or older
56. During your life, on how many days have you had at least one drink of alcohol?
- A. 0 days
 - B. 1 or 2 days
 - C. 3 to 9 days
 - D. 10 to 19 days
 - E. 20 to 39 days
 - F. 40 to 99 days
 - G. 100 or more days

57. During the past 30 days, on how many days did you have at least one drink of alcohol?
- 0 days
 - 1 or 2 days
 - 3 to 5 days
 - 6 to 9 days
 - 10 to 19 days
 - 20 to 29 days
 - All 30 days
58. During the past 30 days, on how many days did you have 5 or more drinks of alcohol in a row, that is, within a couple of hours?
- 0 days
 - 1 day
 - 2 days
 - 3 to 5 days
 - 6 to 9 days
 - 10 to 19 days
 - 20 or more days
59. During the past 30 days, on how many days did you have at least one drink of alcohol on school property?
- 0 days
 - 1 or 2 days
 - 3 to 5 days
 - 6 to 9 days
 - 10 to 19 days
 - 20 to 29 days
 - All 30 days
60. If you wanted to get some beer, wine, or hard liquor (for example, vodka, whiskey, or gin) how easy would it be for you to get some?
- Very hard
 - Sort of hard
 - Sort of easy
 - Very easy
61. How much do you think people **risk harming themselves** (physically or in other ways) if they take one or two drinks of an alcoholic beverage (beer, wine, liquor) nearly **every day**?
- No risk
 - Slight risk
 - Moderate risk
 - Great risk

62. How much do you think people **risk harming themselves** (physically or in other ways) if they take five or more drinks once or twice each weekend?
- No risk
 - Slight risk
 - Moderate risk
 - Great risk
63. How wrong do **you** think it is for **someone your age** to drink beer, wine, or hard liquor, (for example, vodka, whiskey, or gin) regularly?
- Very wrong
 - Wrong
 - A little bit wrong
 - Not wrong at all
64. Think of your **four best friends** (the friends you feel closest to). In the past year (12 months), how many of your best friends have tried beer, wine, or hard liquor (for example, vodka, whiskey, or gin) when their parents didn't know about it?
- None of my friends
 - 1 of my friends
 - 2 of my friends
 - 3 of my friends
 - 4 of my friends
65. How wrong do **your parents/guardians** feel it would be for **you** to drink beer, wine or hard liquor (for example, vodka, whiskey, or gin) regularly?
- Very wrong
 - Wrong
 - A little bit wrong
 - Not wrong at all

The next 12 questions ask about marijuana use. Marijuana also is called grass or pot.

66. During your life, how many times have you used marijuana?
- 0 times
 - 1 or 2 times
 - 3 to 9 times
 - 10 to 19 times
 - 20 to 39 times
 - 40 to 99 times
 - 100 or more times

67. How old were you when you tried marijuana for the first time?
- I have never tried marijuana
 - 8 years old or younger
 - 9 or 10 years old
 - 11 or 12 years old
 - 13 or 14 years old
 - 15 or 16 years old
 - 17 years old or older
68. During the past 30 days, how many times did you use marijuana?
- 0 times
 - 1 or 2 times
 - 3 to 9 times
 - 10 to 19 times
 - 20 to 39 times
 - 40 or more times
69. During the past 30 days, how many times did you use marijuana on school property?
- 0 times
 - 1 or 2 times
 - 3 to 9 times
 - 10 to 19 times
 - 20 to 39 times
 - 40 or more times
70. If you wanted to get some marijuana, how easy would it be for you to get some?
- Very hard
 - Sort of hard
 - Sort of easy
 - Very easy
71. How much do you think people **risk harming themselves** (physically or in other ways) if they try marijuana **once or twice**?
- No risk
 - Slight risk
 - Moderate risk
 - Great risk
72. How much do you think people **risk harming themselves** (physically or in other ways) if they smoke marijuana **regularly**?
- No risk
 - Slight risk
 - Moderate risk
 - Great risk

73. How wrong do **you** think it is for **someone your age** to smoke marijuana?
- Very wrong
 - Wrong
 - A little bit wrong
 - Not wrong at all
74. Think of your **four best friends** (the friends you feel closest to). In the past year (12 months), how many of your best friends have used marijuana?
- None of my friends
 - 1 of my friends
 - 2 of my friends
 - 3 of my friends
 - 4 of my friends
75. How wrong do **your parents/guardians** feel it would be for **you** to smoke marijuana?
- Very wrong
 - Wrong
 - A little bit wrong
 - Not wrong at all
76. During the past 30 days, how many times did you ride in a car or other vehicle driven by someone else who had been smoking marijuana?
- 0 times
 - 1 time
 - 2 or 3 times
 - 4 or 5 times
 - 6 or more times
77. During the past 30 days, how many times did you drive a car or other vehicle when you had been smoking marijuana?
- 0 times
 - 1 time
 - 2 or 3 times
 - 4 or 5 times
 - 6 or more times

The next 12 questions ask about other drugs

78. During your life, how many times have you used any form of cocaine, including powder, crack, or freebase?
- 0 times
 - 1 or 2 times
 - 3 to 9 times
 - 10 to 19 times
 - 20 to 39 times
 - 40 or more times

79. During your life, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?
A. 0 times
B. 1 or 2 times
C. 3 to 9 times
D. 10 to 19 times
E. 20 to 39 times
F. 40 or more times
80. During your life, how many times have you used heroin (also called smack, junk, or China White)?
A. 0 times
B. 1 or 2 times
C. 3 to 9 times
D. 10 to 19 times
E. 20 to 39 times
F. 40 or more times
81. During your life, how many times have you used methamphetamines (also called speed, crystal, crank, or ice)?
A. 0 times
B. 1 or 2 times
C. 3 to 9 times
D. 10 to 19 times
E. 20 to 39 times
F. 40 or more times
82. During your life, how many times have you used ecstasy (also called MDMA)?
A. 0 times
B. 1 or 2 times
C. 3 to 9 times
D. 10 to 19 times
E. 20 to 39 times
F. 40 or more times
83. During your life, how many times have you taken steroid pills or shots without a doctor's prescription?
A. 0 times
B. 1 or 2 times
C. 3 to 9 times
D. 10 to 19 times
E. 20 to 39 times
F. 40 or more times
84. During your life, how many times have you used a needle to inject any illegal drug into your body?
A. 0 times
B. 1 time
C. 2 or more times
85. During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property?
A. Yes
B. No
86. Think of your **four best friends** (the friends you feel closest to). In the past year (12 months), how many of your best friends have used LSD, cocaine, amphetamines, or other illegal drugs.
A. None of my friends
B. 1 of my friends
C. 2 of my friends
D. 3 of my friends
E. 4 of my friends
87. How wrong do **you** think it is for **someone your age** to use LSD, cocaine, amphetamines (meth), or another illegal drug?
A. Very wrong
B. Wrong
C. A little bit wrong
D. Not wrong at all
88. During your life, how many times have you taken a **prescription drug without a doctor's prescription**, such as **painkillers** (like OxyContin, Codeine, or Percocet), **stimulants** (like Ritalin or Adderall), or **depressants** (like Valium or Xanax)?
A. 0 times
B. 1 or 2 times
C. 3 to 9 times
D. 10 to 19 times
E. 20 to 39 times
F. 40 or more times
89. How wrong is it to sell or deal drugs?
A. Very wrong
B. Wrong
C. A little bit wrong
D. Not wrong at all

The next 23 questions will ask you about school.

90. Have you changed schools in the past year (not including changing from middle school to high school)?
A. Yes
B. No
91. During the past 12 months, how would you describe your grades in school?
A. Mostly A's
B. Mostly B's
C. Mostly C's
D. Mostly D's
E. Mostly F's
F. None of these grades
G. Not sure
92. Are your school grades better than the grades of most students in your class?
A. NO!
B. no
C. yes
D. YES!
93. During the LAST FOUR WEEKS how many whole days of school have you missed because you skipped or "cut"?
A. None
B. 1
C. 2
D. 3
E. 4-5
F. 6-10
G. 11 or more
94. How often do you feel that the school work you are assigned is meaningful and important?
A. Never
B. Seldom
C. Sometimes
D. Often
E. Almost Always
95. How interesting are most of your courses to you?
A. Very interesting and stimulating
B. Quite interesting
C. Fairly interesting
D. Slightly dull
E. Very dull
96. How important do you think the things you are learning in school are going to be for you later in life?
A. Very important
B. Quite important
C. Fairly important
D. Slightly important
E. Not at all important
97. Now thinking back over the past year in school, how often did you enjoy being in school?
A. Never
B. Seldom
C. Sometimes
D. Often
E. Almost always
98. Now thinking back over the past year in school, how often did you hate being in school?
A. Never
B. Seldom
C. Sometimes
D. Often
E. Almost always
99. Now thinking back over the past year in school, how often did you try to do your best work in school?
A. Never
B. Seldom
C. Sometimes
D. Often
E. Almost Always
100. In my school, students have lots of chances to help decide things like class activities and rules.
A. NO!
B. no
C. yes
D. YES!
101. Teachers ask me to work on special classroom projects.
A. NO!
B. no
C. yes
D. YES!

102. There are a lot of chances for students in my school to get involved in sports, clubs, and other school activities outside of class.
A. NO!
B. no
C. yes
D. YES!
103. There are lots of chances for students in my school to talk with a teacher one-on-one.
A. NO!
B. no
C. yes
D. YES!
104. I have lots of chances to be part of class discussions or activities.
A. NO!
B. no
C. yes
D. YES!
105. My teacher(s) notices when I am doing a good job and lets me know about it.
A. NO!
B. no
C. yes
D. YES!
106. The school lets my parents/guardians know when I have done something well.
A. NO!
B. no
C. yes
D. YES!
107. My teachers praise me when I work hard in school.
A. NO!
B. no
C. yes
D. YES!
108. Do teachers at your school treat students with respect?
A. All of them do
B. Most of them do
C. Some of them do
D. Almost none of them do

109. Do teachers at your school show interest in their students as people?
A. All of them do
B. Most of them do
C. Some of them do
D. Almost none of them do
110. Do teachers at your school try to help students when they are having problems?
A. All of them do
B. Most of them do
C. Some of them do
D. Almost none of them do
111. Do the principal and the rest of the school staff try to make your school a place students like to be?
A. All of them do
B. Most of them do
C. Some of them do
D. Almost none of them do
112. How wrong is it to cheat on tests or homework?
A. Very Wrong
B. Wrong
C. A Little Bit Wrong
D. Not Wrong at All

The next 5 questions are about community service and extracurricular activities.

113. During the past 30 days, how many times did you perform any organized community services as a non-paid volunteer, such as serving meals to the elderly, picking up litter, helping out at a hospital, or building homes for the poor?
A. 0 times
B. 1 time
C. 2 or 3 times
D. 4 or 5 times
E. 6 or more times

114. During an average week when you are in school, how many hours do you spend in clubs or organizations (other than sports) outside of school, such as 4-H, Boys and Girls Clubs, YWCA, or YMCA?
- A. 0 hours
 - B. 1 to 4 hours
 - C. 5 to 8 hours
 - D. 9 to 12 hours
 - E. 13 to 20 hours
 - F. 21 or more hours
115. Do you participate in any extracurricular activities at school such as sports, band, drama, clubs, or student government?
- A. Yes
 - B. No
116. How important is it to you to help other people?
- A. Not important
 - B. Somewhat important
 - C. Very important
117. How often do you attend religious services or activities?
- A. Never
 - B. Rarely
 - C. 1-2 Times a Month
 - D. About Once a Week or More

These 3 questions ask about your future.

118. How important is it to you to finish high school?
- A. Not at all important
 - B. Not very important
 - C. Important
 - D. Very Important
119. How important is it to you to go to college?
- A. Not at all important
 - B. Not very important
 - C. Important
 - D. Very Important
120. How important is it to you to be successful in a job or career?
- A. Not at all important
 - B. Not very important
 - C. Important
 - D. Very Important

The next 6 questions ask about your home.

121. In my home there is a parent or some other adult who is interested in my school work.
- A. Not at all true
 - B. A little true
 - C. Pretty much true
 - D. Very much true
122. In my home there is a parent or some other adult who talks with me about my problems.
- A. Not at all true
 - B. A little true
 - C. Pretty much true
 - D. Very much true
123. In my home there is a parent or some other adult who listens to me when I have something to say.
- A. Not at all true
 - B. A little true
 - C. Pretty much true
 - D. Very much true
124. In my home there is a parent or some other adult who expects me to follow the rules.
- A. Not at all true
 - B. A little true
 - C. Pretty much true
 - D. Very much true
125. In my home there is a parent or some other adult who believes that I will be a success.
- A. Not at all true
 - B. A little true
 - C. Pretty much true
 - D. Very much true
126. In my home there is a parent or some other adult who always wants me to do my best.
- A. Not at all true
 - B. A little true
 - C. Pretty much true
 - D. Very much true

The next 5 questions ask about body weight.

127. How do you describe your weight?
- A. Very underweight
 - B. Slightly underweight
 - C. About the right weight
 - D. Slightly overweight
 - E. Very overweight

128. Which of the following are you trying to do about your weight?
- A. Lose weight
 - B. Gain weight
 - C. Stay the same weight
 - D. I am not trying to do anything about my weight
129. During the past 30 days, did you go without eating for 24 hours or more (also called fasting) to lose weight or to keep from gaining weight?
- A. Yes
 - B. No
130. During the past 30 days, did you take any diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight? (Do not include meal replacement products such as Slim Fast.)
- A. Yes
 - B. No
131. During the past 30 days, did you vomit or take laxatives to lose weight or to keep from gaining weight?
- A. Yes
 - B. No

The next 4 questions ask about physical activity.

132. On how many of the past 7 days did you exercise or participate in physical activity for **at least 20 minutes** that made you sweat and breathe hard, such as basketball, soccer, running, swimming laps, fast bicycling, fast dancing, or similar aerobic activities?
- A. 0 days
 - B. 1 day
 - C. 2 days
 - D. 3 days
 - E. 4 days
 - F. 5 days
 - G. 6 days
 - H. 7 days

133. On how many of the past 7 days did you participate in physical activity for **at least 30 minutes** that did not make you sweat or breathe hard, such as fast walking, slow bicycling, skating, pushing a lawn mower, or mopping floors?
- A. 0 days
 - B. 1 day
 - C. 2 days
 - D. 3 days
 - E. 4 days
 - F. 5 days
 - G. 6 days
 - H. 7 days
134. During the past 7 days, on how many days were you physically active for a total of **at least 60 minutes** per day? (Add up all the time you spend in any kind of physical activity that increases your heart rate and makes you breathe hard some of the time.)
- A. 0 days
 - B. 1 day
 - C. 2 days
 - D. 3 days
 - E. 4 days
 - F. 5 days
 - G. 6 days
 - H. 7 days
135. On an average school day, how many hours do you watch TV?
- A. I do not watch TV on an average school day
 - B. Less than 1 hour per day
 - C. 1 hour per day
 - D. 2 hours per day
 - E. 3 hours per day
 - F. 4 hours per day
 - G. 5 or more hours per day

The last 7 questions ask about sexual behavior.

136. Have you ever had sexual intercourse?
- A. Yes
 - B. No

137. How old were you when you had sexual intercourse for the first time?
- A. I have never had sexual intercourse
 - B. 11 years old or younger
 - C. 12 years old
 - D. 13 years old
 - E. 14 years old
 - F. 15 years old
 - G. 16 years old
 - H. 17 years old or older
138. During your life, with how many people have you had sexual intercourse?
- A. I have never had sexual intercourse
 - B. 1 person
 - C. 2 people
 - D. 3 people
 - E. 4 people
 - F. 5 people
 - G. 6 or more people
139. During the past 3 months, with how many people did you have sexual intercourse?
- A. I have never had sexual intercourse
 - B. I have had sexual intercourse, but not during the past 3 months
 - C. 1 person
 - D. 2 people
 - E. 3 people
 - F. 4 people
 - G. 5 people
 - H. 6 or more people

140. Did you drink alcohol or use drugs before you had sexual intercourse the last time?
- A. I have never had sexual intercourse
 - B. Yes
 - C. No
141. The last time you had sexual intercourse, did you or your partner use a condom?
- A. I have never had sexual intercourse
 - B. Yes
 - C. No
142. The last time you had sexual intercourse, what one method did you or your partner use to prevent pregnancy? (Select only one response.)
- A. I have never had sexual intercourse
 - B. No method was used to prevent pregnancy
 - C. Birth control pills
 - D. Condoms
 - E. Depo-Provera (injectable birth control)
 - F. Withdrawal
 - G. Some other method
 - H. Not sure

END OF SURVEY